



Valhalla Voice

November 18, 2019

The Valhalla Voice is the newsletter of the many Mt. Hebron parent advocacy groups including: the PTSA, which includes the Chinese and Korean committees; Indian & African American groups; the Viking Backers Booster Club; and Marching Unit Boosters Club.

Date	Time	Event/Location
November 20	7-8:30pm	Suicide Prevention Training by Grassroots in the Cafeteria
November 20	7pm	Pops Concert
November 22	6-10pm	Viking Backers Basket Bingo @ The Lodge in Catonsville
November 26	10am-1pm	Staff Luncheon Provided by PTSA
December 3, 4		MTHMU Restaurant Day @ Carrabba's
December 3, 5	5:30-9:30pm	ACT Prep in Room 103
December 6		Tentative MTHMU Citrus Sale Delivery, TBD
December 9	7pm	MTHMU Booster Meeting in the Guitar Room
January 14, 2020	7pm	PTSA Meeting in the Media Center
January 14, 16	5:30-9:30pm	SAT Prep in Room 103
February 15, 22	9am-1pm	SAT Prep in Room 103
February 28	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
April 14	6:30-7pm	Guest Speaker on Restorative Justice in Education implementation at Mt. Hebron PTSA Meeting in Media Center
April 21, 23	5:30-9:30pm	SAT Prep in Room 103

Parent Teacher Student Association (PTSA)

Caroline Bodziak, President: mthebronptsa@gmail.com, www.mthebronptsa.com/

Twitter: @Mthebronptsa, Facebook: @MHHSPTSA

Meetings 2nd Tuesday evening of the month in the Media Center

- **Next Meeting 1/14/2020**
- **Congratulations Mr. Sankey!**
- **Staff Dinner 11/26**
- **Toastmasters Youth Leadership Program for Students**
- **Volunteer Opportunities**
- **ACT Test Prep Class 12/3 & 12/5**
- **Suicide Prevention Training 11/20**

- **Legislative Tracker – Redistricting email deadline 11/19**

Congratulations to Mr. Sankey!

The PTSA nominated our beloved Mr. Sankey for the Howard County Arts Council's Outstanding Arts Educator Award, one of several "Howie Awards" presented annually. The Council decided that was not adequate and awarded Mr. Sankey the Legacy in the Arts Award, which recognizes an individual or group for lifetime achievements in the arts in Howard County and is presented at the discretion of the Howie Committee. Mr. Sankey has not only taught our students math for the last 40 years, he has directed more stage performances as theater director at Mt. Hebron than we can count, as well as headed up Howard County's summer theater program. The number of testimonials written by former students, parents, and colleagues in support of his award was truly overwhelming. Mr. Sankey was notified of his award at the conclusion of the Nov. 14 performance of "Damn Yankees." Congrats, Mr. Sankey, the school and PTSA are so very proud of you!

Staff Dinner Nov. 26

The PTSA is hosting a dinner to keep our staff members nourished for fall conferences on the afternoon of Tuesday, Nov. 26. Want to contribute? Check out the SignUp Genius:

<https://www.signupgenius.com/go/30e0f4caca92d6-mthebron2> .

Toastmasters Youth Leadership Program for Students

The PTSA is sponsoring a Toastmasters club for students again this year and would like to invite all students to participate. Meetings will be the 2nd & 4th Fridays of the month @ 2:30-3:30pm in Room 105. The Toastmasters club provides students guidance in developing communication skills necessary for today's competitive job market, for achieving academic goals in high school, and for maintaining healthy interpersonal relationships. Club members will learn to:

- * Overcome nervousness when speaking before an audience.
- * Organize and present ideas logically and convincingly.
- * Listen carefully to others' ideas.
- * Participate in and lead group discussion or meetings.
- * Offer advice to help others improve their speaking and leadership skills.

For more information on TYLP please email srinivasu_g@hotmail.com.

Volunteers Needed

1. **Sign up to get Emails about Volunteer Opportunities** - <https://forms.gle/fpSc5d99wAYCUk4E6>
2. **Mental Health Committee** – Would you like to join a group of like-minded parents interested in learning more, planning events, and sharing information about mental health to the Mt. Hebron community? Please email mthebronptsa@gmail.com.
3. **Toastmasters Youth Leadership Program** - Parent volunteers needed to model public speaking skills and assist with the club. Please email Srin Gorantla at srinivasuanwasha@gmail.com.
4. **Staff Dinner 11/26** – Sign up here: <https://www.signupgenius.com/go/30e0f4caca92d6-mthebron2> . If you have time to help set up or cleanup (any amount of time between 2pm-5pm) please email Hospitality Chair Erin Lanthier at errinlanthier@yahoo.com.

ACT Prep Class Dec. 3 & 5

The SAT and ACT are an important part of many college applications. Give your student their best chance at test-taking success by registering them for The Answer Class's test prep. All classes at Mt. Hebron in Room 103.

Register here: <http://www.theanswerclass.com/>.

SAT Prep

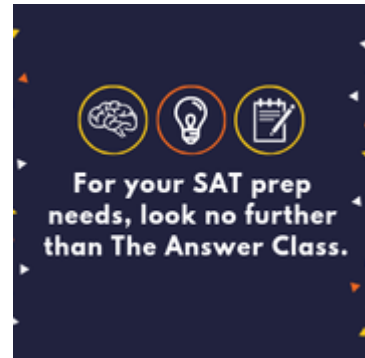
Tu/Thurs Jan. 14 & 16 from 5:30pm-9:30pm

Sat., Feb. 15 & Sat., Feb. 22 from 9:00am-1:00pm

Tu/Thurs April 21 & 23 from 5:30pm-9:30pm

ACT Prep

Tu/Thurs Dec. 3 & 5 from 5:30pm-9:30pm



THIS WEEK: Save a Life - QPR Suicide Prevention Training

Wed., Nov. 20 – 7:00-8:30pm in the cafeteria. QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying “Yes” to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour.

Training provided by Grassroots Crisis Intervention Center certified instructor. Register here:

<https://www.eventbrite.com/e/qpr-suicide-prevention-training-tickets-74014359943>.

Mt Hebron PTSA Legislative Tracker: What you need to know

HCPSS Boundary Review aka “Redistricting”- Written Testimony Due 11/19

All of the HCPSS information on redistricting can be found here: [HCPSS Redistricting](#). Scroll down the timeline to August 22 where you will find [the Superintendent's Recommended Plan](#). This explains Dr. Martirano's goals and method for moving over 7,400 Howard County students, **167 of whom are from Mt. Hebron**. **Do you have an opinion? Provide Written Testimony:** Until 4:30 p.m. on November 19, the Board of Education will [receive written testimony](#) via USPS mail or emailing it to redistricting@hcpss.org. It is highly recommended that testimony be sent as an attachment. Testimony sent to individual Board members or to the BOE email address will not be accepted. **What is PTSA Doing?** PTSA members approved a position statement at the 9/10/19 meeting saying that redistricting at the high school level, for Mt. Hebron and the county, should be postponed until after the attendance area for the new High School #13 is confirmed. Read the entire statement on the PTSA website homepage blog dated 9/11/2019 <http://www.mthebronptsa.com/>. PTSA provided oral testimony at the Sept. 17 BOE hearing. Email mthebronptsa@gmail.com with any questions. **Decision Time:** The Board of Education (BOE) will vote on a plan on November 21, 2019 to implement in the 2020-2021 school year.

Public Hearing on Proposed Legislation - Tues., Nov. 19 @ 7pm at the George Howard Bldg, 3430 Court House Drive, EC 21043. The Howard County Delegation will hold a public hearing on proposed local legislation. This is your chance to weigh in before the Delegation heads to Annapolis. There will be several education related pieces of legislation, information and important links can be found at link

below. You can also sign up to receive email updates. Deadline 10/25 for bills to be filed.
<https://www.howardcountymd.gov/About-HoCo/State-Delegation>

CB42 Passed – Developers Pay More Fees for Schools

On Nov. 4 the County Council passed CB42, legislation to increase the school facilities surcharge in Howard County. The surcharge will raise nearly \$200 million toward school construction over the next 10 years. The surcharge is a fee that developers must pay per square foot of new housing they build, with the understanding that families with children come live in the houses and those children will need a seat in a school. It is currently \$1.32/sqft and will be fully phased in at \$7.50/sqft in 2022. You can learn more about how the bill was passed with amendments in this interesting blog post here: [The People's Voice](#).

Join PTSA Online at www.mthebronptsa.com/. Click on "Membership" to access the online payment portal or a downloadable form that you can send in with a check. Membership forms also available in Korean and Spanish. 100% of your donations stay at Mt. Hebron.

Subscribe to the PTSA Website www.mthebronptsa.com/

Create a login then update your settings to get notifications of new postings to the PTSA website blog. For detailed instructions [click here](#). Visit the website often for current news, information on programs like scholarships and After-Prom, forms, contact info, and much more.

Viking Backers

Jim Bahel, President: president@vikingbackers.org, <http://www.vikingbackers.org/>

***** Become a Viking Backers member! Visit www.vikingbackers.org to join! *****

Your membership directly supports clubs, student activities, & athletic programs.

Thank you for making a difference!

- **Basket Bingo - 11/22**
- **Viking Backers General Meeting - 12/2, 6:30pm to 7:30pm - Media Center**
- **Street Smarts Driver's Ed Class - 12/2 to 12/13; 3pm to 6:15pm**
- **Greg's Driving School Class - 12/9 to 12/20; 2:45pm to 6pm**
- **Get your Spirit Wear - 12/13, 12/17, 12/18, 12/19**

Concessions - Have Fun while Getting Involved!

No experience required - We'll train you!

Winter Concession Sign Ups are Now Out - Come out and volunteer for a couple of hours- it's a lot of fun and you get free admission to the games being played that night! We have a lot of basketball games and wrestling events- please consider helping out! It's a great way to meet other Viking families and make new connections across the Viking community. For students, it's a great way to earn service hours and give back to our great school. Plus, it's a lot of fun – just ask anyone who's done it.

Click on the link below to sign up!

<https://www.signupgenius.com/go/4090C44AFAE2FA2FA7-20192020>

Please remember that our concessions stand raises nearly 35% of the funds provided to not just MTH sports, but **clubs and academic activities**. We need the support of parent and student volunteers. **Thank you and GO VIKINGS!**

Spirit Wear

Come get stocked up on warm weather gear - sweatshirts, sweat pants, light weight hoodies, winter hats and blankets.

Other 2019 Upcoming Spirit Wear Sales:

12/13 Boys Basketball 6pm - 8pm - Front Lobby

12/17 Holiday Sale!! 10:30am - 12:30pm - Front Lobby

12/18 Holiday Sale!! 10:30am - 12:30pm - Front Lobby

12/19 Holiday Sale!! 10:30am - 12:30pm - Front Lobby

Spirit Wear Needs YOU! We are looking for help selling spirit wear- it's easy and fun and you can check out all the fun, new stuff we are offering this year! Check out the link and sign up if you are available. Any questions please email Dana Arthurs at: vikingspiritwear@gmail.com

<https://www.signupgenius.com/go/5080c4baba62aa1f58-winter1>

Basket Bingo

We are excited to continue the great MTH tradition that is Basket Bingo on Friday, November 22nd from 7-10pm at the Lodge in Catonsville.

Much help is needed to make this event a success!

If you have a child who is a member of NHS and would like to earn volunteer hours or if you would like to join our great volunteer crew (and still be able to play the games), please see the Sign-up Genius link below. Contact Amy Cargiulo with any questions. 410-627-7342 or cargiulo@verizon.net

<https://www.signupgenius.com/go/4090b48a9a72b0-viking>

Driver's Education:



Greg's Driving School is the largest driving school in Maryland and has been supporting the Viking Backers and Mount Hebron students since 2006. We provide the 36-hour Driver's Education program directly after school. Any student in Maryland who is 15 years of age or older is eligible to take the classroom portion, and once they are 15 years and 9 months of age they can take the behind-the-wheel part of the program. The program runs for ten (10) days, usually consecutive except for days that school is not in session. Students can sign up for classes at Mount Hebron by visiting www.gregsmid.com/MHHS.

Parents may view our [Online Parent Orientation](#) to learn what to expect from the Greg's Driver Education Program and how to assist us in helping your new driver take this important step toward adulthood. As parents are part of the equation in shaping new drivers, your role is important in keeping them safe.

Another useful resource is the free [RoadReady](#) app which has been approved by the Maryland Motor Vehicle Administration. This app helps you record the 60 hours of home driving practice that is required of your student, an essential step in the student's progress through the Graduated Licensing System. The app is free and can be downloaded at www.roadreadyapp.com. We thank you for considering choosing Greg's!

Mount Hebron High School Driver's Education 2019-2020

Cost of the Program: \$360.00

Session	Start Date	End Date	Notes	Time
#1	October 14,2019	October 28, 2019	No class on 10/18/19	2:45 pm – 6:30 pm
#2	November 4,2019	November 15,2019		2:45 pm - 6:30 pm
#3	December 9,, 2019	December 20, 2019		2:45 pm – 6:30 pm
#4	January 6,2020	January 17, 2020		2:45 pm – 6:30 pm
#5	February 10,2020	February 24, 2020	No class on 2/17 – schools closed	2:45 pm – 6:30 pm
#6	April 20, 2020	May 4, 2020	No class on 4/28/2020 Primary Election Day	2:45 pm – 6:30 pm
#7	June 23, 2020	July 7, 2020	Pending room availability	9:00 am -12:15 pm
#8	July 13, 2020	July 24, 2020	Pending room availability	9:00 am -12:15 pm

STREET SMARTS OF MARYLAND DRIVER'S EDUCATION PARTNERSHIP WITH MT. HEBRON HIGH SCHOOL BOOSTERS!

Next Class Runs from 12/2/19 – 12/13/19

Since 2009, Street Smarts of Maryland has been a strong financial partner of the Mt. Hebron High School Boosters. In addition to providing students with a premier driver's education program, the company has provided over \$33,275.00 back to the Mt. Hebron HS Boosters in support of student activities and programs.

Street Smarts of Maryland is proud to be able to provide such financial support to the local high schools that endorse the driver's education program. Whether the students are in the classroom or behind the wheel of a car, working together we can strive to make the students the best they can be!

Thank you in advance for your continued support!

HOW DOES THE PARTNERSHIP WORK? For each student that enrolls in the driver's education program, a donation will be provided back to the school boosters. Not only will each registered student receive a first-rate driver education but each enrollment will be helping to support the Mt. Hebron HS Boosters as well.

COURSE OPTIONS: Street Smarts of Maryland offers several course options with the goal of making each student a safer driver in all types of roadway conditions. The curriculum is based upon teaching safe defensive driving techniques to the students. All of the instructors are either retired law enforcement officers, firefighters, teachers or those with previous Driver's Education experience.

IN THE COMMUNITY: To learn more about the company and the law enforcement background, click on the following link to watch a short video which accompanied the featured story in the **Baltimore Sun**. The link can be found at <http://vimeo.com/92306718>

The Street Smarts Driver's Education Program boosts the following:

** Certified MVA Instructors * Management has over 200 Years of Combined Law Enforcement Experience * Thirty (30) hours of Classroom Instruction * Standard (6 hours), Advanced (8 hours) or Premium (10 Hours) Behind the Wheel Instruction*

STREET SMARTS OF MARYLAND UPCOMING SESSIONS:

12/2/19 - 12/13/19	3-6:15pm
1/29/20 – 2/11/20	3-6:15pm
3/9/20 - 3/20/20	3-6:15pm
4/27/20 - 5/11/10	3-6:15pm
5/20/20 – 6/3/20	3-6:15pm

8/3/20 – 8/14/20 (pending room availability) 9am-12:15pm

Evening and Weekend Classes also available at the main office located at Normandy Shopping Center in Ellicott City. To register for any session on-line, please visit the Street Smarts website at: www.streetsmartsmd.com Please feel free to email their office at streetsmartsmd@comcast.net or call 443-355-4238 with any questions regarding their program.

Parents of African American Students (PAAS)

CJ Ridgely, President: mthebronpaas@gmail.com, www.mthebronpaas.wixsite.com/paas
Juliet Yeates-Trotman, Treasurer; Adrienne Brown, Communications Director

Membership Drive Continues

\$30/family – Join online www.mthebronpaas.wixsite.com/paas

PAAS Glory Days Grill "Dining for Dollars" Fundraiser

Oct. 20 - Nov. 20: Glory Days Grill is a great place to watch football and basketball with your friends. Spread the word!

A GREAT TASTING FUNDRAISING EVENT



Glory Days
GRILL
10035 Baltimore National Pike, Ellicott City, MD

PAAS
PARENTS OF AFRICAN AMERICAN STUDENTS

DINING FOR DOLLARS FUNDRAISER

When you dine at Glory Days Grill on your designated nights, we will donate 10% of the food and beverages purchased to PAAS. Simply ask your server for the ITEMIZED COPY OF YOUR GUEST CHECK (NOT the charge card receipt) and give to a PAAS Executive Board member or email mthebronpaas@gmail.com to make arrangements. Questions? Email us.

SHARE WITH YOUR FAMILY, FRIENDS AND NEIGHBORS.

The 10% donation WILL NOT apply to guest checks that receive any coupon-specific discount or promotional certificate, or will it apply to sales tax.



OCTOBER 20 - NOVEMBER 20, 2019

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Mt. Hebron Marching Unit Boosters (MTHMU Boosters)

Helen Morse, President: <http://mthmarchingunit.wixsite.com/boosters>

COMMUNICATIONS

Congratulations to all of our MTHMU members on an amazing 2019 Marching Season!! We hope you enjoyed our Fall events – look for many more performances to come this Winter and Spring!

Please check out our Facebook page at [MTHMU on Facebook](#) for lots of photos and videos of our performances this season including all of our recent parades! For MTHMU families, we also try to post helpful reminders there!

Important: For LOTS more information about the Mt. Hebron Band and Marching Unit, please visit www.mthebronmusic.org.

Please add this page to your Favorites!

A BIG THANK YOU to everyone who supported our Fruit sale! Fruit is scheduled for delivery to Mt. Hebron on Fri., Dec. 6th.

For more information, please contact Chris Peters at MTHMUCitrus@gmail.com.

UPCOMING EVENTS

****YOU DON'T WANT TO MISS THE POPS CONCERT THIS WEDNESDAY (11/20) AT 7:00PM!****

SUPERHeroes, SUPERVillians, SUPERStars... A Themed Concert Featuring the Award Winning Mt. Hebron Music Department!

7:00pm @ MMHS - Donations Heroically Accepted.

CAVALIER COLOR GUARD CANDY BAR SALE!

Halloween is over but it's not quite time for Winter Holiday candy yet.... So buy ours now and support a great cause!! We are selling World's Finest Chocolate again – just \$1 a bar. Caramel, Milk Chocolate with Almonds, WF Crisp, Milk Chocolate, Dark Chocolate, and new this year - Wafer Bar. Just find one of our awesome Cavaliers and tell him or her that you are hungry! Makes a great stocking stuffer!

RESTAURANT FUNDRAISING: Carrabba's at Long Gate on Tuesday, 12/03 & Wednesday, 12/04

Please join us at our next Restaurant Fundraiser which is at Carrabba's Italian Grill in the Long Gate Shopping Center, on Tuesday, December 3rd and Wednesday, December 4th, all day long. Please see the flyer page below for more specific details, and spread the word to family and friends! (Must state fundraiser at time of purchase.)

[Restaurant Night Flyers](#)

****Thanks so much for your support of all our fundraising efforts!****

READY TO GET INVOLVED THIS YEAR?

We are thrilled to welcome so many new families and would love to see you at Booster meetings and MTHMU events. The next Booster meeting is Monday, December 9th at 7:00pm in the Guitar Room. Please join us!

We always need lots of volunteers! Please sign up here: [Volunteer for MTHMU](#)

OWN A PIECE OF MTHMU MEMORABILIA!

Please contact Mr. Fischer at [Joe Fischer@hcpss.org](mailto:Joe_Fischer@hcpss.org) if you are interested in owning a retired Marching Unit Shako hat, Lancers uniform or Cavaliers uniform. The cost of owning one of these meaningful and unique collectibles is simply a donation to MTHMU. Perfect idea for Holiday Gifts!

Chinese American Parent and Student Committee (CAPSA)

Margaret Sui, Chair: capsa.mhhs@gmail.com, www.capsamhhs.weebly.com

Indian American Student Parent Association (IASPA)

Gopi Suri, Chair: gopi_suri@yahoo.com

Korean American Student Parent Committee (KASPO)

Il Minn, Chair: iminn1@gmail.com

Latin America Council Committee (LAC)

Liset Rajaratnam, Chair: lisetraj@yahoo.com

[Community News](#)

HCPSS & The Council of Elders 2019-2020 Community Academy Workshops

All workshops, 9-11:15 a.m. – Oakland Mills Middle School, 9540 Kilimanjaro Road, Columbia

Additional details regarding specific sessions are forthcoming

[The Council of Elders](#) and the Howard County Public School System have partnered to sponsor the following 2019-2020 parent workshop series:

- Saturday November 9 – Social, Emotional and Mental Well-Being
- Saturday, January 25 – Social Media
- Saturday, March 7 – Healthy and Unhealthy Relationships

Please call 410-313-1598 in advance to arrange for the following services:

- Child Care
- Interpreting

Please visit the **Community News and Programs page** on the HCPSS website for announcements of upcoming events and programs sponsored by non-profit organizations.

<http://www.hcpss.org/community-news-and-programs/>