



# Valhalla Voice

November 11, 2019

*The Valhalla Voice is the newsletter of the many Mt. Hebron parent advocacy groups including: the PTSA, which includes the Chinese and Korean committees; Indian & African American groups; the Viking Backers Booster Club; and Marching Unit Boosters Club.*

Date	Time	Event/Location
November 4	6:30-7:30pm	Viking Backers Meeting in the Media Center
November 5, 6	11am-11pm	MTHMU Restaurant Night at Pizzeria Uno
November 5, 7	5:30-9:30pm	SAT Prep in Room 103
November 7	7pm	MTHMU Appreciation Night
November 8	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
November 10	9:30am	MTHMU Veterans Day Parade in Columbia, Call Time TBD
November 11	6-7:30pm	Winter Sports Information Meeting - Spirit Wear Sale
November 12	6:30pm	SAT/ACT info night for Parents in the Media Center
November 12	7pm	PTSA Meeting in the Media Center
November 14	7pm	MTHMU Booster Meeting in the Guitar Room
November 17		MTHMU Citrus Sale Order Deadline
November 20	7-8:30pm	Suicide Prevention Training by Grassroots in the Cafeteria
November 20	7pm	Pops Concert
November 22	6-10pm	Viking Backers Basket Bingo @ The Lodge in Catonsville
November 26	10am-1pm	Staff Luncheon Provided by PTSA
December 3, 4		MTHMU Restaurant Day @ Carrabba's
December 3, 5	5:30-9:30pm	ACT Prep in Room 103
December 6		Tentative MTHMU Citrus Sale Delivery, TBD
January 14, 16	5:30-9:30pm	SAT Prep in Room 103
February 15, 22	9am-1pm	SAT Prep in Room 103
February 28, 2020	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
April 14, 2020	6:30-7pm	Guest Speaker on Restorative Justice in Education implementation at Mt. Hebron PTSA Meeting in Media Center
April 21, 23	5:30-9:30pm	SAT Prep in Room 103

## Parent Teacher Student Association (PTSA)

Caroline Bodziak, President: [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com), [www.mthebronptsa.com/](http://www.mthebronptsa.com/)

Twitter: @Mthebronptsa, Facebook: @MHHSPTSA

Meetings 2<sup>nd</sup> Tuesday evening of the month in the Media Center

- **Next Meeting 11/12 \* Guest Speaker on SAT/ACT Prep**
- **Volunteer Opportunities**
- **ACT Test Prep Class 12/3 & 12/5**
- **Suicide Prevention Training 11/20**
- **Legislative Tracker – Redistricting email deadline 11/21**

### Next PTSA Meeting Tuesday, November 12 in the Media Center

**6:30-7:00pm** – Guest Speaker – The Answer Class SAT/ACT Test Prep representative

**7:00pm** - PTSA meeting. Hear reports from the principal, SGA leaders, and other parent advocacy groups, followed by the PTSA business meeting. Vote to sponsor Toastmasters Youth Leadership Program again this year.

### Coming Up: Toastmasters Youth Leadership Program for Students

Last year's Toastmasters club was so successful – over 30 students practiced and presented their public speaking skills through twice monthly meetings and a final competition - that Leidos has once again agreed to support the club. PTSA will vote to sponsor Toastmasters at the Nov. 12 PTSA meeting. Positive thinking has the student club's first meeting set for Fri., Nov. 15 from 2:30-4:00pm at school in Rm 105 – students should just show up (no RSVP required) to learn more.

### Volunteers Needed

1. **Sign up to get Emails about Volunteer Opportunities** - <https://forms.gle/fpSc5d99wAYCUk4E6>
2. **Mental Health Committee** – Would you like to join a group of like-minded parents interested in learning more, planning events, and sharing information about mental health to the Mt. Hebron community? Please email [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com).
3. **Toastmasters Youth Leadership Program** - Parent volunteers needed to model public speaking skills and assist with the club. Please email Srin Gorantla at [srinivasuanwasha@gmail.com](mailto:srinivasuanwasha@gmail.com).
4. **Staff Luncheon 11/26** – We are treating the staff to dinner between afternoon and evening conferences on Tuesday Nov 26. Sign up here: <https://www.signupgenius.com/go/30e0f4caca92d6-mthebron2> . Thank you!

### ACT Prep Class Dec. 3 & 5

The SAT and ACT are an important part of many college applications. Give your student their best chance at test-taking success by registering them for The Answer Class's test prep. All classes at Mt. Hebron in Room 103.

Register here: <http://www.theanswerclass.com/>.

#### SAT Prep

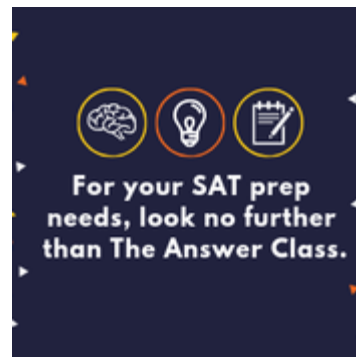
Tu/Thurs Jan. 14 & 16 from 5:30pm-9:30pm

Sat., Feb. 15 & Sat., Feb. 22 from 9:00am-1:00pm

Tu/Thurs April 21 & 23 from 5:30pm-9:30pm

#### ACT Prep

Tu/Thurs Dec. 3 & 5 from 5:30pm-9:30pm



## **This WEEK: SAT/ACT – An Evening for Parents - FREE**

Tues., November 12 @ 6:30pm in the Mt. Hebron Media Center (immediately preceding the PTSA meeting). No RSVP necessary.

Join us for a special evening to learn more about the SAT & ACT and how these important tests impact your child's college application. This complimentary session includes:

- Differences between SAT & ACT.
- Tips and strategies on timing, guessing, and scoring.
- Confidence building techniques.
- Question & Answer period.
- Attend for a chance to win a FREE SAT or ACT Prep Class (a \$159 value) from The Answer Class. Winner chosen at the end of the program – must be present to win!

## **NEXT WEEK: Save a Life - QPR Suicide Prevention Training**

**Wed., Nov. 20** – 7:00-8:30pm in the cafeteria. QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying “Yes” to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour. Training provided by Grassroots Crisis Intervention Center certified instructor. Register here: <https://www.eventbrite.com/e/qpr-suicide-prevention-training-tickets-74014359943>.

## **Mt Hebron PTSA Legislative Tracker: What you need to know**

**Public Hearing on Proposed Legislation** - Tues., Nov. 19 @ 7pm at the George Howard Bldg, 3430 Court House Drive, EC 21043. The Howard County Delegation will hold a public hearing on proposed local legislation. This is your chance to weigh in before the Delegation heads to Annapolis. There will be several education related pieces of legislation, information and important links can be found at link below. You can also sign up to receive email updates. Deadline 10/25 for bills to be filed.

<https://www.howardcountymd.gov/About-HoCo/State-Delegation>



## **HCPSS Boundary Review aka “Redistricting”- Written Testimony Due 11/19**

All of the HCPSS information on redistricting can be found here: [HCPSS Redistricting](#). Scroll down the timeline to August 22 where you will find [the Superintendent's Recommended Plan](#). This explains Dr. Martirano's goals and method for moving over 7,400 Howard County students, 167 of whom are from Mt. Hebron. **Do you have an opinion? Provide Written Testimony:** Until 4:30 p.m. on November 19, the Board of Education will [receive written testimony](#) via USPS mail or emailing it to [redistricting@hcpss.org](mailto:redistricting@hcpss.org). It is highly recommended that testimony be sent as an attachment. Testimony sent to individual Board members or to the BOE email address will not be accepted. **What is PTSA Doing?** PTSA members approved a position statement at the 9/10/19 meeting saying that redistricting at the high school level, for Mt. Hebron and the county, should be postponed until after the attendance area for the new High School #13 is confirmed. Read the entire statement on the PTSA website

homepage blog dated 9/11/2019 <http://www.mthebronptsa.com/>. PTSA provided oral testimony at the Sept. 17 BOE hearing. Email [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com) with any questions. **Decision Time:** The Board of Education (BOE) will vote on a plan on November 21, 2019 to implement in the 2020-2021 school year.

**Join PTSA Online** at [www.mthebronptsa.com/](http://www.mthebronptsa.com/). Click on "Membership" to access the online payment portal or a downloadable form that you can send in with a check. Membership forms also available in Korean and Spanish. 100% of your donations stay at Mt. Hebron.

### **Subscribe to the PTSA Website [www.mthebronptsa.com/](http://www.mthebronptsa.com/)**

Create a login then update your settings to get notifications of new postings to the PTSA website blog. For detailed instructions [click here](#). Visit the website often for current news, information on programs like scholarships and After-Prom, forms, contact info, and much more.

## **Viking Backers**

Jim Bahel, President: [president@vikingbackers.org](mailto:president@vikingbackers.org), <http://www.vikingbackers.org/>

**\*\*\* Become a Viking Backers member! Visit [www.vikingbackers.org](http://www.vikingbackers.org) to join! \*\*\***

Your membership directly supports clubs, student activities, & athletic programs.

Thank you for making a difference!

- **Concessions Help Needed -**  
**<https://www.signupgenius.com/go/4090C44AFAE2FA2FA7-2019>**
- **Viking Backers General Meeting - 11/4, 6:30pm to 7:30pm - Media Center**
- **Greg's Driving School Class - 11/4 to 11/15; 2:45pm to 6pm**
- **Get your Spirit Wear - 11/11**
- **Basket Bingo - 11/22**
- **Street Smarts Driver's Ed Class - 12/2 to 12/13; 3pm to 6:15pm**
- **Greg's Driving School Class - 12/9 to 12/20; 2:45pm to 6pm**

**Thank you to everyone who volunteered and helped to make MTH Marketplace such a success especially our co-chairs Lisa Scarbath and Beth Snyder!**

### **Other Upcoming Spirit Wear Sales:**

11/11 Winter Sports Information Meeting 6pm - 7:30pm

Monday, November 11 at 6 PM is the winter sports meeting!

Even if your child isn't doing a winter sport, you can come buy Spirit wear or sign up for a Viking Backer membership. We will be there from 6-7:30pm.

Remember - Viking Backers helps fund not only all athletic teams but clubs also!

If you can't make it Monday evening, please go on [vikingbackers.org](http://vikingbackers.org) and click on membership!

### **Spirit Wear Needs YOU!**

We are looking for help selling spirit wear- it's easy and fun and you can check out all the fun, new stuff we are offering this year! Check out the link and sign up if you are available:

Thank you! <https://www.signupgenius.com/go/5080C4BABA62AA1F58-upcoming>

Any questions please email Dana Arthurs at: [vikingspiritwear@gmail.com](mailto:vikingspiritwear@gmail.com)

### **Concessions - Have Fun while Getting Involved!**

(No experience required - We'll train you!)

Look no further than volunteering at the concessions stand, which raises nearly 35% of the funds provided to not just MTH sports, but clubs and academic activities. We need the support of parent and student volunteers. For parents, it's a great way to meet other Viking families and make new connections across the Viking community. For students, it's a great way to earn service hours and give back to our great school. Plus, it's a lot of fun – just ask anyone who's done it. Please visit the link <https://www.signupgenius.com/go/4090C44AFAE2FA2FA7-2019> and sign up to volunteer!

### **Basket Bingo**

We are excited to continue the great MTH tradition that is Basket Bingo on Friday, November 22nd from 7-10pm at the Lodge in Catonsville.

Great prizes, raffles and baskets. Specials that include name brand purses and even a Yeti! Delicious food will be sold and the event will be lots of fun! We'd love to see the community come out to support Viking Backers. Tickets are \$30 and sold online at <http://www.vikingbackers.org/basket-bingo-night.html>

Much help is needed to make this event a success!

If you have a child who is a member of NHS and would like to earn volunteer hours or if you would like to join our great volunteer crew (and still be able to play the games), please see the Sign-up Genius link below.

Contact Amy Cargiulo with any questions. 410-627-7342 or [cargiulo@verizon.net](mailto:cargiulo@verizon.net)

<https://www.signupgenius.com/go/4090b48a9a72b0-viking>

## **Driver's Education**

### **Street Smarts of Maryland**

Next Class Runs from 12/2/19 – 12/13/19

Since 2009, Street Smarts of Maryland has been a strong financial partner of the Mt. Hebron High School Boosters. In addition to providing students with a premier driver's education program, the company has provided over \$33,275.00 back to the Mt. Hebron HS Boosters in support of student activities and programs.

Street Smarts of Maryland is proud to be able to provide such financial support to the local high schools that endorse the driver's education program. Whether the students are in the classroom or behind the wheel of a car, working together we can strive to make the students the best they can be!

Thank you in advance for your continued support!

#### **How Does the Partnership Work?**

For each student that enrolls in the driver's education program, a donation will be provided back to the school boosters. Not only will each registered student receive a first-rate driver education but each enrollment will be helping to support the Mt. Hebron HS Boosters as well.

#### **Course Options**

Street Smarts of Maryland offers several course options with the goal of making each student a safer driver in all types of roadway conditions. The curriculum is based upon teaching safe defensive driving techniques to the students. All of the instructors are either retired law enforcement officers, firefighters, teachers or those with previous Driver's Education experience.

#### **In the Community**

To learn more about the company and the law enforcement background, click on the following link to watch a short video which accompanied the featured story in the *Baltimore Sun*. The link can be found at <http://vimeo.com/92306718>

The Street Smarts Driver's Education Program boosts the following:

*\* Certified MVA Instructors \* Management has over 200 Years of Combined Law Enforcement Experience \* Thirty (30) hours of Classroom Instruction \* Standard (6 hours), Advanced (8 hours) or Premium (10 Hours) Behind the Wheel Instruction*

#### **Upcoming Sessions**

12/2/19 - 12/13/19	3-6:15pm
1/29/20 – 2/11/20	3-6:15pm
3/9/20 - 3/20/20	3-6:15pm
4/27/20 - 5/11/10	3-6:15pm
5/20/20 – 6/3/20	3-6:15pm

8/3/20 – 8/14/20 (pending room availability) 9am-12:15pm

Evening and Weekend Classes also available at the main office located at Normandy Shopping Center in Ellicott City.

To register for any session on-line, please visit the Street Smarts website at:  
[www.streetsmartsmd.com](http://www.streetsmartsmd.com)

Please feel free to email their office at [streetsmartsmd@comcast.net](mailto:streetsmartsmd@comcast.net) or call 443-355-4238 with any questions regarding their program.



Greg's Driving School is the largest driving school in Maryland and has been supporting the Viking Backers and Mount Hebron students since 2006. We provide the 36-hour Driver's Education program directly after school. Any student in Maryland who is 15 years of age or older is eligible to take the classroom portion, and once they are 15 years and 9 months of age they can take the behind-the-wheel part of the program. The program runs for ten (10) days, usually consecutive except for days that school is not in session. Students can sign up for classes at Mount Hebron by visiting [www.gregsmd.com/MHHS](http://www.gregsmd.com/MHHS).

Parents may view our [Online Parent Orientation](#) to learn what to expect from the Greg's Driver Education Program and how to assist us in helping your new driver take this important step toward adulthood. As parents are part of the equation in shaping new drivers, your role is important in keeping them safe.

Another useful resource is the free [RoadReady](#) app which has been approved by the Maryland Motor Vehicle Administration. This app helps you record the 60 hours of home driving practice that is required of your student, an essential step in the student's progress through the Graduated Licensing System. The app is free and can be downloaded at

[www.roadreadyapp.com](http://www.roadreadyapp.com).

We thank you for considering choosing Greg's!

## Mount Hebron High School Driver's Education 2019-2020

---

Cost of the Program: \$360.00

Session	Start Date	End Date	Notes	Time
#1	October 14,2019	October 28, 2019	No class on 10/18/19	2:45 pm – 6:30 pm
#2	November 4,2019	November 15,2019		2:45 pm - 6:30 pm
#3	December 9,, 2019	December 20, 2019		2:45 pm – 6:30 pm
#4	January 6,2020	January 17, 2020		2:45 pm – 6:30 pm
#5	February 10,2020	February 24, 2020	No class on 2/17 – schools closed	2:45 pm – 6:30 pm
#6	April 20, 2020	May 4, 2020	No class on 4/28/2020 Primary Election Day	2:45 pm – 6:30 pm
#7	June 23, 2020	July 7, 2020	Pending room availability	9:00 am -12:15 pm
#8	July 13, 2020	July 24, 2020	Pending room availability	9:00 am -12:15 pm

### Parents of African American Students (PAAS)

CJ Ridgely, President: [mthebronpaas@gmail.com](mailto:mthebronpaas@gmail.com), [www.mthebronpaas.wixsite.com/paas](http://www.mthebronpaas.wixsite.com/paas)

Juliet Yeates-Trotman, Treasurer; Adrienne Brown, Communications Director

#### **Membership Drive Continues**

\$30/family – Join online [www.mthebronpaas.wixsite.com/paas](http://www.mthebronpaas.wixsite.com/paas)

#### **PAAS Glory Days Grill "Dining for Dollars" Fundraiser**

Oct. 20 - Nov. 20

Glory Days Grill is a great place to watch football and basketball with your friends. Spread the word!



## A GREAT TASTING FUNDRAISING EVENT



**Glory Days**  
GRILL  
10035 Baltimore National Pike, Ellicott City, MD

**PAAS**

PARENTS OF AFRICAN AMERICAN STUDENTS

### DINING FOR DOLLARS FUNDRAISER

When you dine at Glory Days Grill on your designated nights, we will donate 10% of the food and beverages purchased to PAAS. Simply ask your server for the ITEMIZED COPY OF YOUR GUEST CHECK (NOT the charge card receipt) and give to a PAAS Executive Board member or email [mthebronpaas@gmail.com](mailto:mthebronpaas@gmail.com) to make arrangements. Questions? Email us.

**SHARE WITH YOUR FAMILY, FRIENDS AND NEIGHBORS.**

The 10% donation WILL NOT apply to guest checks that receive any coupon-specific discount or promotional certificate, or will it apply to sales tax.



**OCTOBER 20 - NOVEMBER 20, 2019**

Made with PosterMyWall.com

## Mt. Hebron Marching Unit Boosters (MTHMU Boosters)

Helen Morse, President: <http://mthmarchingunit.wixsite.com/boosters>

### **Communications**

Congratulations to all of our MTHMU members on an amazing 2019 Marching Season!! We hope you enjoyed our Fall events – look for many more performances to come this Winter and Spring! Next Up: POPS Concert on 11/20!

Please check out our Facebook page at [MTHMU on Facebook](#) for lots of photos and videos of our performances this season including all of our recent parades! For MTHMU families, we also try to post helpful reminders there!

Important: For LOTS more information about the Mt. Hebron Band and Marching Unit, please visit [\[www.mthebronmusic.org\]](http://www.mthebronmusic.org)[www.mthebronmusic.org](http://www.mthebronmusic.org).

Please add this page to your Favorites!

### **Citrus Sale to Benefit Marching Units & Band**

Please consider purchasing fruit to benefit our music program and to assist students in covering their personal costs for our annual Spring Trip. Fresh, delicious oranges, grapefruit, tangelos, Clementines, pineapple, pears and mixed packages are offered. Fruit purchased as holiday gifts can be delivered to the recipient by UPS. Orders can be placed through band members or online at: [MTHMU Fruit Sale Online Ordering](#)

Order deadline is **\*\*THIS SUNDAY\*\*** Nov. 17<sup>th</sup>. Fruit is tentatively scheduled for delivery to Mt. Hebron on Fri., Dec. 6<sup>th</sup>.

For more information, please contact Chris Peters at [MTHMUCitrus@gmail.com](mailto:MTHMUCitrus@gmail.com).

### **Cavalier Color Guard Candy Bar Sale**

Did your parents eat all your Halloween candy? Or did you find such a good hiding spot that they've been deprived of your stash? Either way, you know you need more now that the holiday is over! So buy ours and support a great cause!! We are selling World's Finest Chocolate again – just \$1 a bar. Caramel, Milk Chocolate with Almonds, WF Crisp, Milk Chocolate, Dark Chocolate, and new this year - Wafer Bar. Just find one of our awesome Cavaliers and tell him or her that you are hungry!

### **Restaurant Fundraising**

#### **Carrabba's at Long Gate on Tuesday, 12/03 & Wednesday, 12/04**

Please join us at our next Restaurant Fundraiser which is at Carrabba's Italian Grill in the Long Gate Shopping Center, on Tuesday, December 3<sup>rd</sup> and Wednesday, December 4<sup>th</sup>, all day long. Please see the flyer page below for more specific details, and spread the word to family and friends! (Must state fundraiser at time of purchase.) [Restaurant Night Flyers](#)  
Thanks so much for your support of all our fundraising efforts!

### **Ready to Get Involved This Year?**

We are thrilled to welcome so many new families and would love to see you at Booster meetings and MTHMU events. The next Booster meeting is THIS Thursday, November 14<sup>th</sup> at 7:00pm in the Guitar Room. Please join us!

We always need lots of volunteers! Please sign up here: [Volunteer for MTHMU](#)

### **Own A Piece of MTHMU Memorabilia**

Please contact Mr. Fischer at [Joe\\_Fischer@hcpss.org](mailto:Joe_Fischer@hcpss.org) if you are interested in owning a retired Marching Unit Shako hat, Lancers uniform or Cavaliers uniform. The cost of owning one of these meaningful and unique collectibles is simply a donation to MTHMU. Think ahead now for Holiday Gifts!

### **Chinese American Parent and Student Committee (CAPSA)**

Margaret Sui, Chair: [capsa.mhhs@gmail.com](mailto:capsa.mhhs@gmail.com), [www.capsamhhs.weebly.com](http://www.capsamhhs.weebly.com)

### **Indian American Student Parent Association (IASPA)**

Gopi Suri, Chair: [gopi\\_suri@yahoo.com](mailto:gopi_suri@yahoo.com)

### **Korean American Student Parent Committee (KASPO)**

Il Minn, Chair: [iminn1@gmail.com](mailto:iminn1@gmail.com)

### **Latin America Council Committee (LAC)**

Liset Rajaratnam, Chair: [lisetraj@yahoo.com](mailto:lisetraj@yahoo.com)

## **Community News**

**EMMS Bookfair @ Barnes & Noble on December 11th (9am-10pm):** What an AMAZING opportunity for The Mill. Click [HERE](#) to download the voucher. The Mill will receive a percentage of all store sales from 9am-10pm on December 11<sup>th</sup>. EMMS Staff will be present after 3:30pm. Elliott our mascot will be there after 3:30pm and will be available for photos. EMMS is working on having student performers, a gift wrap table and of course we will be selling our 80<sup>th</sup> Anniversary Community Tees.

EMMS will also receive a percentage of all ONLINE sales from ANY location between December 11<sup>th</sup> and December 15<sup>th</sup>, so please share the following with as many folks as you can.

We are looking for volunteers to help us, if you might be interested, [please click here for the signup genius link](#).

Click [HERE](#) for more details. We would also love for everyone to SPREAD THE WORD.

### **HCPSS & The Council of Elders 2019-2020 Community Academy Workshops**

*All workshops, 9-11:15 a.m. – Oakland Mills Middle School, 9540 Kilimanjaro Road, Columbia*

**Additional details regarding specific sessions are forthcoming**

[The Council of Elders](#) and the Howard County Public School System have partnered to sponsor the following 2019-2020 parent workshop series:

- Saturday, January 25 – Social Media
- Saturday, March 7 – Healthy and Unhealthy Relationships

Please call 410-313-1598 in advance to arrange for the following services:

- Child Care
- Interpreting

Please visit the **Community News and Programs page** on the HCPSS website for announcements of upcoming events and programs sponsored by non-profit organizations.

<http://www.hcpss.org/community-news-and-programs/>