Valhalla Voice

January 21, 2020

The Valhalla Voice is the newsletter of the many Mt. Hebron parent advocacy groups including: the PTSA, which includes the Chinese and Korean committees; Indian & African American groups; the Viking Backers Booster Club; and Marching Unit Boosters Club.

Date	Time	Event/Location
January 21		MTHMU Sub Orders Due
January 25	9-11:15am	Community Parent Workshop Session about Social Media @ Oakland Mills Middle School
January 29-Feb. 11	3-6:15pm	Street Smarts Driver's Ed Class in Room 155
January 31	6-8pm	Spirit Wear Sale @ Front Lobby
February 1		MTHMU Sub Making and Delivery
February 3		Viking Backers Fundraising @ Manor Hill Tavern
February 4		MTHMU Restaurant Night at River House Pizza Company
February 5	6:30-7:30pm	Viking Backers Meeting in the Media Center
February 7	6-8pm	Spirit Wear Sale @ Front Lobby
February 10-24	2:45-6pm	Greg's Driving School in Room 143
February 11	7pm	PTSA Meeting in the Media Center
February 13	7pm	MTHMU Booster Meeting in the Guitar Room
February 15, 22	9am-1pm	SAT Prep in Room 103
February 21	6-8pm	Spirit Wear Sale @ Front Lobby
February 28	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
March 7		Science Olympiad @Hebron
March 7	9-11:15am	Community Parent Workshop Session about Healthy and Unhealthy Relationships
March 28		Mulch Delivery Day
April 14	6:30-7pm	Guest Speaker on Restorative Justice in Education implementation at Mt. Hebron PTSA Meeting in Media Center
April 21, 23	5:30-9:30pm	SAT Prep in Room 103

Parent Teacher Student Association (PTSA)

Caroline Bodziak, President: mthebronptsa@gmail.com, www.mthebronptsa.com/

Twitter: @Mthebronptsa, Facebook: @MHHSPTSA

Meetings 2nd Tuesday evening of the month in the Media Center

- **Next Meeting 2/11/2020**
- **After-Prom 2020 Logo Design Contest Winners**
- **Valentine Surprise for Students**
- **Science Olympiad – Volunteers Needed**
- **PTSA Scholarships**
- **SAT Test Prep Class 2/15 & 2/22**
- **Volunteer Opportunities**
- **Education Legislation – CB1, HCPSS Operating Budget**

Next PTSA Meeting

Tues., Feb. 11 7:00pm in the Media Center
All are welcome to the **monthly PTSA meeting General Assembly** where you will hear updates from the principal, student leaders, faculty, and parent advocacy groups. **Breakouts for the parent advocacy groups and PTSA follow** to conduct business meetings.

Winning After-Prom 2020 Logo

Congratulations to Anna Romenskaya and Pablo Perrotti for creating the winning design to represent After-Prom 2020! They won a $20 gift card to Qdoba plus two free tickets to After-Prom. Thank you to all the talented students who entered designs.

Shhhh, It's a Surprise!

The sky high expectations of the idea of Valentine's Day can be overwhelming for the most well-adjusted adults, so here's an idea to bring some love into all of Hebron's students' day on Feb. 14. We are asking parents/guardians/adults to **write anonymous positive affirmations** on note cards which will be mounted on tri-folds and positioned around the school building on February 14. Students may take notes as needed/desired throughout the day for a Valentine's feel-good moment. **Please join us for card-writing from 6-7pm at Lewi Café (9065 Frederick Rd, EC, 21042/lewicafe.com) on Thurs., Jan. 23 and Tues., Feb. 4.** Cards and pens provided, but you may want to bring spare change to buy a drink or snack. You may also write out blank index cards at home and drop them off in the collection box in the main office through Feb. 13.

Science Olympiad at Hebron – Volunteers Needed

SCIENCE OLYMPIAD
Exploring the World of Science

The PTSA is sponsoring the Science Olympiad for the second year in a row at Mt. Hebron on Sat., March 7, 2020. This event draws hundreds of high school participants from our region and is a real showcase for our school and STEM fields. Pulling off such a high-profile event requires many helping hands, from adults and students alike. Student volunteers can even earn service hours! To explore the many volunteer jobs available, please visit the SignUp Genius. For more information about the Science Olympiad please contact Mt. Hebron science teacher Paul Sabota at paul_sabota@hcpss.org.

PTSA Scholarships – Get Ready

PTSA is offering seven $1,000 scholarships to seniors to pay for college or *any other post-high school adventure*. The application will be available on the PTSA website February 1 and the due date is April 15. Please remember that to be eligible, *the senior student and at least one adult family member must be PTSA members*. To become a member, join online.

Don't Miss Out - Affordable & Convenient SAT & ACT Prep Classes Near You!

Eight-hour test prep classes open to all high school students are being offered in Howard County high schools throughout the school year (participating schools listed below). Learn everything you need to know about the SAT or ACT in just 8 hours – and without breaking the bank!

Each class includes a full-length practice test and test-taking strategies as well as confidence-building, time management, and guessing techniques.

Each SAT and ACT class is only $159,* or purchase the SAT/ACT Prep Combo Package for only $249 (save $49!). A portion of each student's tuition is donated back to the sponsoring high school or high school organization. ***Register at least one week in advance of the class and receive a $10 discount.**

SAT Prep at Mt. Hebron HS
Sat., Feb. 15 & Sat., Feb. 22 from 9 am – 1 pm OR
T/Th April 21 & 23 from 5:30 pm – 9:30 pm

Additional SAT & ACT prep classes are offered at Atholton, Hammond, Howard, Marriotts Ridge, and Reservoir High Schools. **Visit https://theanswerclass.com/schedule/ www.theanswerclass.com to view the full class schedule and to register your student.**

Volunteers Needed

1. **Sign up to get Emails about Volunteer Opportunities** - https://forms.gle/fpSc5d99wAYCUk4E6
2. **Collecting K-Cups** – Hospitality Committee is looking for donations of K-cups to keep staff warm this winter! Please see SignUp for various drop-off locations. Collection ends Feb. 17.
3. **Science Olympiad –** March 7, 2020 Science Olympiad SignUp
4. **Logistics/Dispatch for Mulch Sale** – Delivery Day March 28, 2020. Help get mulch orders to their destinations in a timely and efficient manner. Email Jason Bashura jpb27nyy@verizon.net.
5. **Mental Health Committee** – Would you like to join a group of like-minded parents interested in learning more, planning events, and sharing information about mental health to the Mt. Hebron community? Please email mthebronptsa@gmail.com.
6. **Toastmasters Youth Leadership Program -** Parent volunteers needed to model public speaking skills and assist with the club. Please email Srini Gorantla at srinivasuanwesha@gmail.com.

Education Legislation

Testify on Council Bill 1 - Feb. 3
Howard County Council Member, Liz Walsh, is advancing a Council Bill (CB1-2020) that raises the number of years a developer must wait to build residential housing if area schools are over capacity from four to SEVEN years.

If a development project has been approved it then must pass a school capacity test. If the project FAILS the school capacity test, i.e. if affected schools are above capacity at the time, then the project is halted. The project takes the school capacity test annually until it passes or until it fails for 4 years straight. After 4 years development may occur even though the school(s) is/are over capacity. CB1 increases the number of years from four to SEVEN that a project may have to wait to be built. This provides HCPSS a longer time to create new capacity by refurbishing or building new schools, preventing additional overcrowding and the need for further redistricting.

If you are interested in supporting CB1, go to https://apps.howardcountymd.gov/olis/LegislationDetail.aspx?LegislationID=12387.
The date for public testimony is Tuesday, January 21st and the vote will take place Monday, February 3rd. You can sign up to provide testimony through a tab at the top of the page, "Testify".
Emailed testimony can be sent at any time to councilmail@howardcountymd.gov.

Public Hearings: Superintendent's Proposed FY 2021 Operating Budget

Thursday, January 16 and Tuesday, January 28, 7:00pm, Department of Education.
The Board will hold **public hearings on the Superintendent's Proposed FY 2021 Operating Budget**. Learn how you can provide testimony.

There are plenty of important Howard County Board of Education meeting dates in January and opportunities to testify. Click here for more info: BOE Important Dates.

There is so much legislation concerning HCPSS being proposed and considered by the state delegation. A wonderful breakdown is provided in the PTACHC November Newsletter.

Stay Informed!

Track what our Howard County legislators are working on in our state capitol. To find out which legislative district you live in (Mt. Hebron area is 9A or 9B), click on the map.
9A – Del. Trent Kittleman – Subscribe to a weekly e-newsletter by emailing TrentKittleman@verizon.net.
9A – Del. Warren E. Miller – Email for more info: Warren.Miller@house.state.md.us
9B – Del. Courtney Watson – Email for more info: Courtney.Watson@house.state.md.us

Join PTSA Online at www.mthebronptsa.com/. Click on "Membership" to access the online payment portal or a downloadable form that you can send in with a check. Membership forms also available in Korean and Spanish. 100% of your donations stay at Mt. Hebron.

Subscribe to the PTSA Website www.mthebronptsa.com/

Create a login then update your settings to get notifications of new postings to the PTSA website blog. For detailed instructions click here. Visit the website often for current news, information on programs like scholarships and After-Prom, forms, contact info, and much more.

Viking Backers

Jim Bahel, President: president@vikingbackers.org, http://www.vikingbackers.org/

***** Become a Viking Backers member! Visit www.vikingbackers.org to join! *****

It's not too late to become a Viking Backers member! Visit www.vikingbackers.org to join! Your membership directly supports clubs, student activities, & athletic programs. Thank you for making a difference!

- **Winter Concessions Help is Needed - Please sign up to help!** **https://www.signupgenius.com/go/4090c44afae2fa2fa7-20192020**

- **Get your Spirit Wear -** 1/31, 2/7, 2/21
- **Street Smarts Driver's Ed Class -** 1/29 to 2/11; 3pm to 6:15pm
- **Greg's Driving School Class -** 2/10 to 2/24; 2:45pm to 6pm
- **Manor Hill Tavern Fundraiser (15% of all dining & bar) - All Day, 2/3**
- **DATE CHANGE! Viking Backers General Meeting - Wednesday,** 2/5, 6:30pm to 7:30pm - Media Center

You can now use credit & debit cards & Apple Pay for concessions

The Viking Backers Concession Stand - your place for pizza, hot dogs, cup-a-noodles, and Chick-fil-a (on Friday nights only) - **is now accepting credit cards, debit cards, and Apple Pay!** And remember you can buy a discount card worth $12 for only $10.

The Concession Stand is open during all home sporting events, and relies on volunteers (like you!) to work. **Click on the link below to sign up!**
https://www.signupgenius.com/go/4090C44AFAE2FA2FA7-20192020

Volunteering just a couple of hours will get you free admission to the games being played that night! We have a lot of basketball games and wrestling events- please consider helping out! It's a great way to meet other Viking families and make new connections across the Viking community. For students, it's a great way to earn service hours and give back to our great school. Plus, it's a lot of fun – just ask anyone who's done it.

Please remember that our concessions stand raises nearly 35% of the funds provided to not just MTH sports, but clubs and academic activities. We need the support of parent and student volunteers. Thank you and GO VIKINGS!

Manor Hill Tavern Fundraiser - All Day on Monday, Feb. 3

Mark your calendars for a fundraiser for Viking Backers at Manor Hill Tavern in Old Ellicott City. Monday, February 3rd (students have the next day off of school)...come anytime, but the Viking Backers Board is planning on being there from 5-7pm. **Manor Hill will donate 15% of the proceeds from dining and bar that night.** You must present the flyer to your server or bartender; it can be found on vikingbackers.org or at the link below, and we will have them there that night if you forget to bring one. The flyer is good from opening of business til close.

Come out and support Viking Backers!!
Manor Hill Tavern Fundraiser Flyer -
http://nebula.wsimg.com/2f3a36989488fab1d0fbf3b195ffce01?AccessKeyId=002F33D41A142060BEA5&disposition=0&alloworigin=1

Spirit Wear

Come get stocked up on warm weather gear - sweatshirts, sweat pants, light weight hoodies, winter hats and blankets.

2020 Upcoming Spirit Wear Sales:
1/31 Girls Basketball 6pm - 8pm - Front Lobby
2/7 Girls Basketball 6pm - 8pm - Front Lobby
2/21 6pm - 8pm - Front Lobby

Spirit Wear Needs YOU!
We are looking for help selling spirit wear- it's easy and fun and you can check out all the fun, new stuff we are offering this year! Check out the link and sign up if you are available:
https://www.signupgenius.com/go/5080c4baba62aa1f58-winter1
Any questions please email Dana Arthurs at: vikingspiritwear@gmail.com Thank you!!

Viking Backers thanks our sponsors for their support.
Please consider patronizing them.

Dr. Victoria Switzer

HoCo Brew Hive

Delicious By Dana

Anissa with Keller Williams

Julia with RE/MAX

Campanaro Strength & Conditioning

Cherapy

Lloyd Plumbing

Lakeside Title

Steel Fire Kitchen & Bar

Electrico

Driver's Education Options: Greg's & Street Smarts

Greg's Driving School is the largest driving school in Maryland and has been supporting the Viking Backers and Mount Hebron students since 2006. We provide the 36-hour Driver's Education program directly after school. Any student in Maryland who is 15 years of age or older is eligible to take the classroom portion, and once they are 15 years and 9 months of age they can take the behind-the-wheel part of the program. The program runs for ten (10) days, usually consecutive except for days that school is not in session. Students can sign up for classes at Mount Hebron by visiting www.gregsmd.com/MHHS.

Parents may view our Online Parent Orientation to learn what to expect from the Greg's Driver Education Program and how to assist us in helping your new driver take this important step toward adulthood. As parents are part of the equation in shaping new drivers, your role is important in keeping them safe.

Another useful resource is the free RoadReady app which has been approved by the Maryland Motor Vehicle Administration. This app helps you record the 60 hours of home driving practice that is required of your student, an essential step in the student's progress through the Graduated Licensing System. The app is free and can be downloaded at www.roadreadyapp.com. Thank you for considering choosing Greg's!

Mount Hebron High School
Driver's Education 2019-2020

Cost of the Program: $360.00

Session	Start Date	End Date	Notes	Time
#1	October 14,2019	October 28, 2019	No class on 10/18/19	2:45 pm – 6:30 pm
#2	November 4,2019	November 15,2019		2:45 pm - 6:30 pm
#3	December 9,, 2019	December 20, 2019		2:45 pm – 6:30 pm
#4	January 6,2020	January 17, 2020		2:45 pm – 6:30 pm
#5	February 10,2020	February 24, 2020	No class on 2/17 – schools closed	2:45 pm – 6:30 pm
#6	April 20, 2020	May 4, 2020	No class on 4/28/2020 Primary Election Day	2:45 pm – 6:30 pm
#7	June 23, 2020	July 7, 2020	Pending room availability	9:00 am -12:15 pm
#8	July 13, 2020	July 24, 2020	Pending room availability	9:00 am -12:15 pm

STREET SMARTS OF MARYLAND DRIVER'S EDUCATION PARTNERSHIP WITH MT. HEBRON HIGH SCHOOL BOOSTERS!

Since 2009, Street Smarts of Maryland has been a strong financial partner of the Mt. Hebron High School Boosters. In addition to providing students with a premier driver's education program, the company has provided over $33,275.00 back to the Mt. Hebron HS Boosters in support of student activities and programs.

Street Smarts of Maryland is proud to be able to provide such financial support to the local high schools that endorse the driver's education program. Whether the students are in the classroom or behind the wheel of a car, working together we can strive to make the students the best they can be!

Thank you in advance for your continued support!

HOW DOES THE PARTNERSHIP WORK? For each student that enrolls in the driver's education program, a donation will be provided back to the school boosters. Not only will each registered student receive a first-rate driver education but each enrollment will be helping to support the Mt. Hebron HS Boosters as well.

COURSE OPTIONS: Street Smarts of Maryland offers several course options with the goal of making each student a safer driver in all types of roadway conditions. The curriculum is based upon teaching safe defensive driving techniques to the students. All of the instructors are either retired law enforcement officers, firefighters, teachers or those with previous Driver's Education experience.

IN THE COMMUNITY: To learn more about the company and the law enforcement background, click on the following link to watch a short video which accompanied the featured story in the ***Baltimore Sun***. The link can be found at **http://vimeo.com/92306718**

The Street Smarts Driver's Education Program boosts the following:

** Certified MVA Instructors * Management has over 200 Years of Combined Law Enforcement Experience * Thirty (30) hours of Classroom Instruction * Standard (6 hours), Advanced (8 hours) or Premium (10 Hours) Behind the Wheel Instruction*

STREET SMARTS OF MARYLAND UPCOMING SESSIONS:

1/29/20 – 2/11/20	**3-6:15pm**
3/9/20 - 3/20/20	**3-6:15pm**
4/27/20 - 5/11/10	**3-6:15pm**
5/20/20 – 6/3/20	**3-6:15pm**

8/3/20 – 8/14/20 (pending room availability) 9am-12:15pm

Evening and Weekend Classes also available at the main office located at Normandy Shopping Center in Ellicott City.

To register for any session on-line, please visit the Street Smarts website at: www.streetsmartsmd.com

Please feel free to email their office at streetsmartsmd@comcast.net or call 443-355-4238 with any questions regarding their program.

Parents of African American Students (PAAS)

CJ Ridgely, President: mthebronpaas@gmail.com, www.mthebronpaas.wixsite.com/paas
Juliet Yeates-Trotman, Treasurer; Adrienne Brown, Communications Director

Membership Drive Continues

$30/family – Join online www.mthebronpaas.wixsite.com/paas

Mt. Hebron Marching Unit Boosters (MTHMU Boosters)

Helen Morse, President: http://mthmarchingunit.wixsite.com/boosters

Communications

Please check out our Facebook page at **MTHMU on Facebook** for lots of photos and videos of our performances this season including our recent concerts. For MTHMU families, we also try to post helpful reminders there!

Important: For LOTS more information about the Mt. Hebron Band and Marching Unit, please visit www.mthebronmusic.org. Please add this page to your Favorites!

Winter Sub Sale – Orders Due NOW!

Last chance to order subs to support the Band Program! Order for yourself or to be donated to the Grassroots Crisis Center.

The deadline to order is NOW – Tuesday, Jan. 21st.

Sub-making and delivery will be Sat., Feb. 1st (snow date: 2/8). Order online using the link below or contact your favorite MTHMU member.

This is the most important fundraiser of the year for the marching unit and bands program. We really appreciate your support! MTHMU Winter Sub Sale

Restaurant Fundraising: River House Pizza Company on Tues. 2/4/20

Please join us at our next Restaurant Fundraiser which is at River House Pizza Company, at 10039 Baltimore National Pike, Ellicott City 21042, all day on Tuesday, February 4th. Please see below for more specific details, and spread the word to family and friends! (Must state fundraiser at time of purchase.) Restaurant Fundraisers Page

****Thanks so much for your support of all our fundraising efforts!****

Ready to Get Involved This Year?

We are thrilled to welcome so many new families and would love to see you at Booster meetings and MTHMU events. The next Booster meeting is Thursday, February 13th, in the Guitar Room. Hope to see you! We always need lots of volunteers! Please sign up here: Volunteer for MTHMU

Own a Piece of MTHMU Memorabilia!

Please contact Mr. Fischer at Joe_Fischer@hcpss.org if you are interested in owning a retired Marching Unit Shako hat, Lancers uniform or Cavaliers uniform. The cost of owning one of these meaningful and unique collectibles is simply a donation to MTHMU. Makes a great gift!

Korean American Student Parent Committee (KASPO)

Il Minn, Chair: iminn1@gmail.com

Chinese American Parent and Student Committee (CAPSA)

Margaret Sui, Chair: capsa.mhhs@gmail.com, www.capsamhhs.weebly.com

Indian American Student Parent Association (IASPA)

Gopi Suri, Chair: gopi_suri@yahoo.com

Latin America Council Committee (LAC)

Liset Rajaratnam, Chair: lisetraj@yahoo.com

Community News

Mental Health Training

A Youth Mental Health First Aid class has been scheduled for Friday June 5, 8 a.m.-5:30 p.m. at Howard County General Hospital. The cost is $10 for community members who live or work in Howard County. To register for this class, visit the website. For any questions or more information, please contact Janice Stanton at 410-740-7601 or Jstanto6@jhmi.edu.

HCPSS Special Education Events

For a full list of events, please view the special education parent and guardian calendar at http://www.hcpss.org/special-education/calendar/

FAMILY SUPPORT GROUP FOR PARENTS AND CAREGIVERS OF INDIVIDUALS AGE 16-26 WITH MENTAL HEALTH NEEDS
Third Thursday of each month, 7:30-9:00pm
First Presbyterian Church/9325 Presbyterian Circle/Columbia, MD 21045

National Alliance on Mental Illness (NAMI) Family Support Groups, offered by NAMI affiliates in communities across the country, are free, confidential and safe groups of families helping other families who live with mental health challenges. In NAMI Family Support Groups, families join a caring group of individuals helping one another by utilizing their collective lived experiences and learned wisdom. Family member can achieve a renewed sense of hope for their loved one living with mental health challenges. For more information please contact 410 772-9300 or info.namihc@gmail.com or visit www.namihowardcounty.org. Free

HCPSS & The Council of Elders 2019-2020 Community Academy Workshops

All workshops, 9-11:15 a.m. – Oakland Mills Middle School, 9540 Kilimanjaro Road, Columbia
Additional details regarding specific sessions are forthcoming

The Council of Elders and the Howard County Public School System have partnered to sponsor the following 2019-2020 parent workshop series:

- Saturday, January 25 – Social Media
- Saturday, March 7 – Healthy and Unhealthy Relationships

Please call 410-313-1598 in advance to arrange for the following services:

- Child Care
- Interpreting