**VALHALLA VOICE: August 31, 2020**

*The Valhalla Voice is the newsletter of the many Mt. Hebron parent groups including: the PTSA, which includes the Chinese, Korean, Indian, and Latin American committees; Parents of African American Students (PAAS); the Viking Backers Booster Club; and Marching Unit Booster Club.*

**Parent Teacher Student Association (PTSA)**  
Caroline Bodziak, President: [president@mthebronptsa.com](mailto:president@mthebronptsa.com)   
[Website](https://www.mthebronptsa.com/) | [Facebook](https://www.facebook.com/MHHSPTSA/) | [Twitter](https://twitter.com/home)  
Meetings 2nd Tuesday @ 7pm via Zoom (except September is Thurs., Sept. 17)

**8/27 Meeting Results**

Welcome and congratulations to new Executive Board members Erinn Camp-Mansour as 2nd VP and Vanessa Smith-Lang as Recording Secretary. Click [here](https://www.mthebronptsa.com/meetings) to review the draft August meeting minutes and see the results of all the votes.

**Next PTSA Meeting**Thursday, September 17 @ 7pm via Zoom. This will be an informational meeting with Dr. Miller following the 9/9 Back-to-School night presentation and the first two weeks of virtual school. Check the [PTSA website](https://www.mthebronptsa.com/meetings) for updates.

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Description automatically generated**Upcoming SAT Prep Classes**

Sat./Sun. Oct. 10 & 11 from 9am-1pm both days

AND

Sun., Nov. 8 from 9am-1pm + T/Th Nov. 10-11 from 7-9pm

Register with [The Answer Class](https://theanswerclass.com/) now only $149.

**United Way Campaigns**

If your business conducts a United Way Campaign you can designate Mt. Hebron PTSA as a recipient of some of your contribution using designation code #166. Thank you!

**Thank You**

To the Hospitality Committee, Staff Appreciation Committee, and parents who generously donated to gifts and snacks distributed to Hebron Staff at the 8/29 Staff Drive-By. See photos on the PTSA Facebook page and on the [website](https://www.mthebronptsa.com/volunteer).

**Worth Repeating….**

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Description automatically generated**One Book, One School for Parents/Community**A Collaboration with Parents of African American Students (PAAS): Students, Staff, Parents and Community Members are invited to read a common book and participate in activities throughout the year to lead to informed action. The selected book is “Stamped: Racism, Anti-Racism, and You” by Jason Reynolds. Interested parents and community members sign up and learn more [here](https://www.mthebronptsa.com/rje-book-discussion). Students and staff will learn more through school.

[A close up of a sign

Description automatically generated](https://www.mthebronptsa.com/membership-s)**Join Today**Your membership is THE MOST IMPORTANT THING you can do for PTSA so don’t wait, join now! Explore the website to learn about everything the PTSA does to support ALL students, staff, and families at Mt. Hebron. Click on the image to join.

* **Chinese American Parent and Student Committee (CAPSA)**  
  Daisy Zhang, Chair: [capsa.mhhs@gmail.com](mailto:capsa.mhhs@gmail.com), [www.capsamhhs.weebly.com](http://www.capsamhhs.weebly.com)
* **Korean American Student Parent Committee (KASPO)**  
  Il Minn, Chair: [iminn1@gmail.com](mailto:iminn1@gmail.com)
* **Indian American Student Parent Committee (IASPA)**  
  Gopi Suri, Chair: [gopi\_suri@yahoo.com](mailto:gopi_suri@yahoo.com)
* **Latin America Council Committee (LAC)**Liset Rajaratnam, Chair: [lisetraj@yahoo.com](mailto:lisetraj@yahoo.com)

**Mount Hebron Marching Unit Boosters (MTHMU Boosters)**  
Helen Morse, President: <http://mthmarchingunit.wixsite.com/boosters>

**Parents of African American Students (PAAS)**  
Co-Presidents Juliet Yeates-Trotman & Adrienne Brown [mthebronpaas@gmail.com](mailto:mthebronpaas@gmail.com)  
$30/family – Join online [www.mthebronpaas.wixsite.com/paas](http://www.mthebronpaas.wixsite.com/paas)

**Viking Backers**  
Jim Bahel, President: [president@vikingbackers.org](mailto:president@vikingbackers.org), <http://www.vikingbackers.org/>

While 2020 might start off different than the past, we plan on ending the year on a high note!

Your membership this year is more important than ever! Please consider being a Backer for the coming school year. We have launched a new website to make it easier for you to join. Hover your phone camera here to be directed to our membership link…



SPIRITWEAR SALE ENDS TONIGHT 8/31! Show your school spirit with Hebron apparel & more!

<https://www.bsnteamsports.com/shop/MTHSPIRIT>

NEXT MEETING IS SEPTEMBER 14, 2020 at 6:30pm via Zoom. Please email [president@vikingbackers.org](mailto:president@vikingbackers.org) for the link.

**Community News**

**Be an Emotional Support Human**

More than ever, your friends, loved ones, and community need you. A small effort can make a big difference. Emotional Support Humans show a willingness to reach out and listen compassionately for loved ones living with anxiety, depression, and other mental health challenges. Learn more about how you can be an Emotional Support Human [here.](file:///C:\Users\cbodz\AppData\Roaming\Microsoft\Word\here) Sponsored by Horizon Foundation.

**For Parents of Seniors**

Two new Facebook groups for info sharing among parents and guardians: **Mt Hebron Parents/Guardians of 2021 Seniors** and **HoCo Class of 2021 Senior Parents.** Both are private groups NOT sponsored by PTSA.