



# Valhalla Voice

## Parent Pages

October 8, 2018

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## Calendar

Date	Time	Event/Location
October 8	6:30pm	Viking Backers meeting in the Media Center
October 9	6:00pm	Welcome Social prior to the PTSA meeting
October 9	7:00pm	PTSA Meeting/MHHS Media Center
October 13		Homecoming Pancake Breakfast, Parade, Football Game vs. Reservoir HS, and Dance
October 17	6pm	MTHMU Booster Meeting in the Band Room
October 19	6:30am-6:30pm	PAAS College Tour
October 24	7-8:30pm	Run, Hide, Fight: School Emergency Sessions for Students, Staff and Parents @ Auditorium
October 27		MTHMU Marching in Alsatia Mummers Parade @ Hagerstown, MD
October 27	10am-2pm	Drug Take-Back Day @ Wilde Lake Village Center Parking Lot
October 29		MTHMU Orchards Parade (Marching through Mt. Hebron neighborhood)
November 1		"Hereos Around Me" Submissions Due
November 4	11am-2pm	IASPA Diwali Cultural Event @ Auditorium
November 6		Voting Day
November 7	11am	IASPA UMD, College Park Campus Tour
November 8	6:30-8pm	<b>New Date</b> Values: Café Conversations @ Cafeteria
November 9		MTHMU Appreciation Night @ 7:00pm

November 14		MTHMU Booster Meeting @ 6:00pm
November 19		Baked Potato Bar Dinner for Staff during Conference week
December 31		PAAS Membership Deadline for PAAS Scholarship
January 17	7:30-9:00am	Values Café Conversations/MHHS Media Center
March 5	7:00-8:30pm	Values Café Conversations/MHHS Media Center

## Parent Teacher Student Association (PTSA)

Caroline Bodziak, President: [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com), [www.mthebronptsa.com/](http://www.mthebronptsa.com/)

Twitter: @Mthebronptsa, Facebook MHHSPTSA

Meetings 2<sup>nd</sup> Tuesday of the month @ 7:00pm in the Media Center

### **PTSA Welcome Social & Meeting TOMORROW 10/9**

Please join the PTSA for a 6-7pm Welcome Social tomorrow, Tuesday, Oct. 9, in the media center where you can mingle with members of the Student Government Association (SGA) and other involved and curious parents like yourselves.

7:00-7:15pm – Guest speakers: SAGA and Muslim Student Club members

7:15pm PTSA General Assembly meeting followed by parent group breakouts and PTSA General Meeting. Hear from the principal, faculty rep, and individual parent group liaisons. Vote to accept 2018-2019 budget and Toastmasters Youth Leadership Club sponsorship, and learn about upcoming Run, Hide, Fight Student Emergency Preparedness parent presentation and sponsorship of Science Olympiad. All are welcome - please join us! [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com)  
[www.mthebronptsa.com/](http://www.mthebronptsa.com/)

### **Coat Drive October 8 - 26**

There is a collection box in the MHHS foyer to drop off your **clean, ready-to-wear** coats, gloves/mittens, hats, scarves, etc. The Coat Drive is a collaboration between HCPSS, PTAs, and other community organizations to provide students in our own school communities (and their families) with warm winter apparel. Items will be distributed in early November. Questions? Email [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com).

### **Run, Hide, Fight: What Students & Staff are Being Taught to do in a School Emergency**

Wed., Oct. 24 7:00-8:30pm in the MHHS Auditorium

The Mt. Hebron HS School Safety Committee & Central Office (Safety and Risk Management) created a program for students, staff and parents on what students should do when faced with a situation where their actions could save their lives. This presentation for parents covers how students should react if faced with an active shooter or other emergency when they are at school. Parents, please join us to learn what emergency strategies students are learning at school and how you can assist them at home with remembering how to Run, Hide, Fight.

Register for this free event here: <https://www.eventbrite.com/e/parent-event-run-hide-fight-student-emergency-preparedness-tickets-50983728705>

## **2018 Howard County Voters Guide**

Learn about the candidates up for election in Howard County's General Election including Board of Education, County Executive, County Council, State's Attorney, and more.

<http://www.bizmonthly.com/2018-general-election-voters-guide-howard-county/> Voting Day is Tuesday, November 6.

## **Reflections**

Are you a poet, painter, or photographer? Are you a choreographer, composer, or cinematographer?

The PTSA Reflections program is a local, regional, and national competition that for 50 years has been celebrating the best artists in each school providing recognition and scholarships for excellent work. The theme of this year's competition is "Heroes Around Me." This Call for Art started September 17th and submissions are due November 1st. Submissions will be evaluated the first week of November and Best of Show will be celebrated and recognized at the Prism Concert on November 14th.

If you are a Viking artist, dancer, music maker, filmmaker or writer, **see your art or English teacher for an application.** You can also **see the bulletin board in the Music/Theatre hallways for an application and information,** or **download from the PTSA website** <https://www.mthebronptsa.com/reflections> .

If you have any questions, see Mr. Barker in Room 136. Show up and show off Vikings! Enter your Reflections today.

## **New Meeting Format**

You spoke, we listened! PTSA will invite reps from various school departments, clubs, and areas of interest to address the assembly *before* the meeting begins, instead of after. Keep an eye on the Valhalla Voice for upcoming speakers. A PTSA meeting consists of two parts: A meeting of the General Assembly (PTSA and all parent advocacy groups) to hear reports from the principal, SGA leaders, Staff report, and parent advocacy group reps, followed by the PTSA Business Meeting, at which time many of the parent advocacy groups break off for their own business meetings.

## **Stay Informed**

If you are interested in following school and educational issues in Howard County you may be interested in two local Facebook groups: **HOCO School Interest** and **Mobilize HoCo Schools**. Both are private groups so you have to send a message requesting to join.

## **Staff Appreciation**

On Tuesday, Sept. 25th, we honored the bus drivers with a "bus driver" appreciation luncheon. We served our 40 bus drivers pizza, fruit, chips, and water. It was very well received and they felt appreciated.

## **Hospitality Committee Busy Feeding Staff**

Hospitality is planning a baked potato bar dinner for staff Nov. 19 during conference week. If

you would like to be on the Hospitality email list, please send an email to [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com).

### **Volunteers Needed**

Maybe one of these is right for you! To ask questions and get details, please email [mthebronptsa@gmail.com](mailto:mthebronptsa@gmail.com).

1. **Assistant PTSA Liaison to Student Services** – Work with students in tracking their service hours. This is a great opportunity for someone who enjoys engaging with students.
2. **Mulch Sale Assistant** – Needed to shadow this year's Mulch Sale Chair, Mary Pearce, to prepare to run the show the following year. The PTSA Mulch Sale is the PTSA's largest fund raiser in support of After-Prom.
3. **Assistant to the director of After-Prom Sponsorships & Social Media** with the goal of running the show next year. Sponsorships and Social Media can be done separately or together.
4. **Legislative Advocacy** – A new opportunity! Learn how to take an issue you care about (gun control? Immigration?) through the legislative process. We have a parent member who can coordinate visits to the Maryland General Assembly from the Annapolis side. We would need a parent or student member interested in coordinating from the Hebron end.

**CHANGE OF DATE: Values: Café Conversations November 8 6:30-8:00pm in Cafeteria**  
*The October 22 session has been rescheduled for November 8, 2018.*

Parents and guardians are invited to the second of four repeating workshops to **help Mt. Hebron HS define a set of values for the school community**. What values do you have as an individual? Within your family? Within your community? How about within your school? School administration is using professional learning and Viking Time to work with teachers and students on this issue during the school day. The resulting values developed by the students, families and staff will be combined, consolidated, and used as the theme for the 2019-2020 school year. Please participate and have your voice heard.

Register for this free event here: <https://www.eventbrite.com/e/values-cafe-conversations-tickets-51023756429>.

If Nov. 8 doesn't work for you, pencil one of these dates in. You only have to attend one.  
Thursday, January 17 7:30am-9:00am

Tuesday, March 5 7:00pm-8:30pm

All sessions will be held at Mt. Hebron HS. Refreshments provided by the PTSA.

**Join Online** at [www.mthebronptsa.com/](http://www.mthebronptsa.com/).

### **Subscribe to the PTSA Website**

Create a login then update your settings to get notifications of new postings to the PTSA website blog. For detailed instructions [click here](#).

## **Viking Backers** <http://www.vikingbackers.org/>

### **SPIRIT WEAR:**

Spirit Wear is back and will be sold the week of Homecoming 10/10 & 10/11, the Pancake Breakfast and the football game. Check VB website for times.

Class of 2022 shirts are in- many of you didn't get them. \$15- you can buy them at any of our spirit wear tables set up at an event.

**Promotional Car Magnet Update:** New Viking Backer car magnets are on order. Due to a defect, some magnets are peeling & not holding up. As soon as our new car magnets arrive, members will be notified about how to obtain a replacement.

We apologize for any inconvenience & we thank you for your patience!

Online sales should be in soon. We will keep everyone posted!

Any questions for spiritwear please email me at [vikingspiritwear@gmail.com](mailto:vikingspiritwear@gmail.com)

### **Concession Help!!**

The Viking Backer concession stands raise a significant amount of money which helps fund our teams and clubs. We are in constant need of volunteers during sporting events both at the indoor and outdoor stands. Please consider donating a little of your time and sign up to work at

Concessions: <https://tinyurl.com/HebronFall2018>

### **Volunteers Needed for Mt. Hebron's Homecoming Festivities**

HOMEcoming is less than two weeks ago! Spend the day with the Mt. Hebron HS community beginning at 7:00 am for our Viking Backers Spirit Wear sale and the Football team's pancake breakfast. Then watch the Marching Unit lead the SGA parade featuring class floats, the homecoming court and community groups, beginning at Resurrection Church at 11 am, traveling through Valley Mede and arriving at Mt. Hebron at approximately 11:30 am. Additional Spirit wear sales will be available starting at noon in the stadium.

Volunteers are needed for cooler/canopy/ice donations and 1-2 hour shifts selling snacks and spirit wear!!! **Please SIGN UP HERE** -<https://www.signupgenius.com/go/4090c44afae2fa2fa7-homecoming2>

The stadium gates and concession stand open at 11:30 am. We have a SPECIAL HOMEcoming MENU featuring items from **Tino's Italian Bistro & Wine Bar** - Penne Rosa and Chicken Caesar Wraps! Our crowd favorites - Chick-Fil-A sandwiches, Vocelli pizza, Hebron Hot Dogs, Nachos, snacks, candy and drinks will also be available. Kona Ice truck will be present! Be sure to come hungry and bring cash!

***[Come join us for our next meeting, today Monday, October 8th at 6:30 in the Media center](#)***

## **Parents of African American Students (PAAS)**

CJ Ridgely, Co-president, Cheryl Godsey, Co-president: [mthebronpaas@gmail.com](mailto:mthebronpaas@gmail.com),  
[www.mthebronpaas.wixsite.com/paas](http://www.mthebronpaas.wixsite.com/paas)

### **College Tour Oct. 19 6:30am-6:30pm**

Visiting the University of Maryland Eastern Shore and Salisbury University. Leaving from Mt Hebron High School. Cost: \$40/student, \$20/chaperone (limited seating). Click here to register: <http://mthebronpaas.wixsite.com/paas/college-tour> .

\*\*\*The first 20 PAAS member students to register will receive a \$10 Visa gift card which can be used towards lunch\*\*\*\*

### **Join PAAS**

\$30/Family. Families with seniors need to be paid members of PAAS by Dec. 31, 2018 to be eligible for a PAAS scholarship. Register here: <http://mthebronpaas.wixsite.com/paas/paas-registration>

## **Chinese American Parent and Student Association (CAPSA)**

Grace Wang, Chair: [capsa.mhhs@gmail.com](mailto:capsa.mhhs@gmail.com), [www.capsamhhs.weebly.com](http://www.capsamhhs.weebly.com)

## **Indian American Student Parent Association (IASPA)**

Gopi Suri, Chair: [gopi\\_suri@yahoo.com](mailto:gopi_suri@yahoo.com), Visit Website: [IASPA](http://IASPA)

IASPA is organizing a Diwali cultural event on Nov 4th from 11 am to 2 pm at Mount Hebron Auditorium. Come take part in Diwali celebrations, cultural activity, and enjoy food. More details including signups will be shared by next week. Stay tuned.

IASPA is inviting Mount Hebron students for a UMD, College Park campus tour on November 7th at 11 am. Slots are limited and will be available on a first come first serve basis. Signup information will be shared in a separate email.

## **Korean American Student Parent Organization (KASPO)**

Il Minn, President: [iminn1@gmail.com](mailto:iminn1@gmail.com)

## **Mount Hebron Marching Unit Boosters (MTHMU Boosters)**

Did you know that the Mt. Hebron Marching Unit is on Facebook? Please check out our page at <https://m.facebook.com/MTHMU/> for some amazing drone photos as well as videos of our talented Band, Cavaliers, and Lancers from their performances the last few weeks, including our last home game featuring our awesome Future Viking Musicians as well as Stevenson Band Day!

## VOLUNTEER OPPORTUNITIES

Want to enjoy MTHMU music even more often? We need your help! There are many volunteer jobs at our various events. Check them out here and sign up today! We still need helpers for many jobs including upcoming parades, events and fundraisers.

<http://signup.com/go/eaUfWpp>

The next MTHMU Booster Meeting will be Wednesday, October 17th at 6:00 pm in the Band Room. (Please note that this is a change in date for this October meeting.)

## Community News

### **Voter Registration Volunteer Training- Tuesday, October 9, 2018 3:45pm-4:45pm**

**Description:** If you are 18 years old by November 6, 2018, you can become a voter registration volunteer and help ensure that all eligible voters are registered and vote! This class, hosted by the Howard County Board of Elections, is a 45-minute session that gives you all the information you need to understand and facilitate the voter registration process. It also provides guidance on the do's and don'ts of registering voters in association with other groups and planning a voter registration event.

**Location:** Howard County Board of Elections Office  
9770 Patuxent Woods Drive, Suite 200, Columbia, Maryland 21046

**Parent Coordinator - RSVP and Ride Sharing:** If you are interested in attending training to become a voter registration volunteer, or need a ride, please contact Mount Hebron High School Parent Volunteer, Erinn Camp Mansour, call/text: 410-961-1332, email: [erinn@campmansour.com](mailto:erinn@campmansour.com)

**Board of Elections Contact:** If you have additional questions about becoming a voter registration volunteer or about the content of this training session, please contact Voter Registration Coordinator, Dawn Sinclair, 410-313-5820 x82028

**Additional Information:** *Participation in Voter Registration Activity by the State Board of Election* [https://elections.maryland.gov/get\\_involved/registration\\_volunteers.html](https://elections.maryland.gov/get_involved/registration_volunteers.html)

### **Junior Achievement Rising Women**

Meets on Wednesdays, 5pm-7pm from Oct 3, 2018 – Jan 16, 2019 at the Maryland Center for Entrepreneurship JA Rising Women is a unique after-school opportunity for female high school students in Howard County who are interested in exploring their entrepreneurial potential. Under the guidance of businesswomen in Howard County who serve as mentors, you and your JA Rising Women team will conceptualize and idea for a product or service, capitalize your venture, market your offerings, and reap the profits! Whatever your interests or strengths, there is a place for you in the student company. JA Rising Women requires a certain level of commitment, which you must be willing make. The program is a great experience, but relies on the effort of the students involved to make it successful. There is no cost associated with this program and it's



a great experience to include in your college application or resume. In addition, participants who complete the program may be eligible for scholarship, internships and other unique opportunities. To be considered for the program, students must complete and submit an application packet by September 21, 2018. For more details and application requests, please contact Nick Anderson at 410-363-7695 or [nanderson@jama.org](mailto:nanderson@jama.org).

More information can also be found on our school website by clicking on the link below.  
<https://mhhs.hcpss.org/news/2018/09/junior-achieving-rising-women-information>

### **PTA Council of Howard County**

**The PTA Council of Howard County (PTACHC)** values your opinion! PTACHC wants to know about the issues you think are important for this school year.

Please let us know through this short survey: <https://www.surveymonkey.com/r/MSVXY3M>  
Questions? Contact PTACHC at 410-740-5153. [www.ptachc.org](http://www.ptachc.org)

### **HC Drug Free**

Do you have expired or leftover medicine at home that you don't know what to do with? Drug Take-Back Day is scheduled for **Oct 27, 2018 - 10AM until 2PM at the Wilde Lake village center Parking Lot**. This is a convenient, fast, friendly drive-thru medication and sharps collection event.

Howard County Parents/Guardians of 9-14 Year Olds: Attend a FREE evidence-based program for parents/guardians of 9 to 14 year olds to gain skills and knowledge to reduce the risk that their children will use drugs. This is a 4 week program on Tuesday evenings from October 9 to October 30 at the Elkridge Branch of the Howard County Library from 5:30 to 8:00 p.m. Parents will receive a workbook so hurry to register at

<https://www.surveymonkey.com/r/GGCOct2018> or contact HC DrugFree at Admin@hcdrugfree.org or 443-325-0040 for more information. Program presented by HC DrugFree and the Howard County State's Attorney's Office in partnership with the Health Department.

More information can be found on our school website by clicking the link below.

<https://mhhs.hcpss.org/news/2018/09/guiding-good-choices-program>

### **Host Family Needed for Hebron Exchange Student**

Razaq is an exchange student from Indonesia. Through no fault of his own, he needs a host family. Razaq won an extremely competitive scholarship program from the U.S. State Department to come experience ordinary life in the USA and to share his culture. Out of 70,000 Indonesian applicants, he was one of 80 selected. Razaq is an excellent student, kind, and responsible. He is very interested in science, active in school clubs, and tries to be a role model for his younger sister. Host families volunteer to provide room and board and to treat the student as part of their family. He has his own health insurance and spending money.



This is an opportunity to learn about another country and culture -- as well as make a lifelong friend from Indonesia! AFS Intercultural Programs has an active program in Howard County with support for both students and families. If you would like more information, please contact Christina McGarvey at 410-997-7087 or [AFSBaltimore@gmail.com](mailto:AFSBaltimore@gmail.com)

**The Community Shred Day/ Yard Sale**

Join us for community shred day at Bethany Church Ellicott City, Saturday October 13, 2018 starts 10:30am-1:30pm. 3030 Bethany Lane, Ellicott City, MD 21042

Donation: \$5/Limit 5 Banker Boxes, more be shredded if waiting like is not long. Items can be brought in bags also.

**For more Community News and Programs** visit

<http://www.hcpss.org/community-news-and-programs/>