



## PRINCIPAL'S NEWSLETTER

November 2, 2018

Happy Daylight Savings Time Viking Community!

What are you going to do with your extra hour this weekend? An informal poll of your students while I was on hall duty this week revealed the number one answer to be...*I'll bet you can guess...sleep!* And given that our teens are notorious for not getting enough shut-eye that sounds like the perfect way to spend an extra hour. (Even for those of us who are well past adolescence an extra hour of sleep sounds terrific! ☺)

And with daylight savings time comes shorter days, but if you're looking for some light this weekend, look no further than the Diwali – Festival of Lights – celebration being held at our school on Sunday (Nov. 4). The celebration is being sponsored by our Indian American Student Parent Association and will feature fabulous food, cultural activities, and Indian classical song, dance, and instrument performances in the auditorium. All are welcome!

And speaking of light, if you're looking for a news source that highlights only good news, check out our incredible student newspaper, **The Mountain** (<https://mthmountain.com/>). Click on the link below for a terrific article from student, **Jerome Matthew**, which shines a spotlight on our two students who won the ACTE Trophy Design Contest.

<https://mthmountain.com/2018/10/01/santhanagopalan-and-kejriwal-win-national-acte-trophy-design-contest/>

Enjoy your extra hour this weekend (however you choose to spend it), and until next week, may you find many moments of light with your incredible kids.

Joelle

P.S. We know your time is valuable. We've separated the news between "new" and "repeating," in hopes that it will help you navigate the newsletter faster.

## **FOLLOW US & STAY CONNECTED**

Twitter: [@hcpss\\_hebron](https://twitter.com/hcpss_hebron)

Website: <http://mhhs.hcpss.org/>

Student Online Newspaper: The Mountain: <https://mthmountain.com/>

## **UPCOMING DATES/EVENTS**

See the [calendar](#) on our website for additional dates.

<b>Date</b>	<b>Time</b>	<b>Event</b>
November 6		No School – Election Day
November 7		No School for students – Professional Learning Day
November 8	6:30-8pm	PTSA Values: Café Conversations in Cafeteria
November 8	7-8:30pm	G/T Advisory presents Navigating the College Admissions Process in Auditorium
November 9	2pm	Parent/ Teacher conference window opens
November 12	6:30pm	Winter Sports Parents meeting in Auditorium
November 14		Report Cards Issued for Quarter 1
November 14	6:30/7:00pm	Gallery Walk of Art Show followed by PRISM concert
November 15		Winter Sports Tryouts start
November 16	2pm	Parent/ Teacher Conference window closes
November 16	6pm	Basket Bingo @ The Lodge in Catonsville
November 19		Half Day for Students – Professional Learning Day
November 19	5pm-8pm	Parent/ Teacher Conferences (Only Evening)
November 20		Half Day for Students – Parent/ Teacher Conferences
November 21		No School for Students – Parent/Teacher Conferences
November 22-23		No School – Thanksgiving Holiday
November 30, December 1-2, December 6-8	7pm (2pm Dec 2 & 8)	Theatre Production of The Lion, The Witch and The Wardrobe
December 7	5pm	Deadline for MLK Essay submissions
December 19		Interim Progress Reports Issued for Quarter 2
December 22- January 1		Schools closed for Winter Break
January 17, 2019	7:30-9am	PTSA Cafe Conversations
March 5, 2019	7-8:30pm	PTSA Cafe Conversations
April 27, 2019		Prom @ The Hotel at Arundel

## **CELEBRATIONS!!**

**Congratulations** to Senior Jake Witlin who was chosen as one of the 6 pages who will be going to the Maryland General Assembly for 2 weeks this spring to represent Howard County as part of the Maryland Student Page Program! He was nominated by Mr. Duke and Mr. Walters to represent Mount Hebron and was selected among a group of outstanding students across the county. We are incredibly proud of him!

**Congratulations** to the following students who won awards this past Saturday as Mt. Hebron's Model United Nations (MUN) debate team held its third-annual training tournament! More than 40 Mt. Hebron students played the role of diplomats representing an assigned country in the UN's Sixth Committee (Legal) on the topic of combatting international terrorism.



Best Delegate: **Lorelei Loraine** (Netherlands)

Outstanding Delegates: **Abel Odolil** (China) & **Uma Phatak** (Syria)

Honorable Mentions: **Julian Amaya** (Turkey), **Jacob Witlin** (Tajikistan) & **Kyla Im** (Somalia)

Verbal Commendations: **Wyatt Currie** (United Kingdom), **Zinedine Partipilo** (Switzerland) & **Sudharsan Sundar** (Canada).

Mt. Hebron MUN's first **regional competition** will be *Saturday, November 10* at Centennial High School. Please wish them luck!

**Congratulations** to our **Girls Soccer Team**! They won their Sectional Final over Atholton last night and are headed to the Regional Championship next Tuesday, Nov. 6<sup>th</sup> @ JM Bennett (Salisbury)! Game time will be either noon or 2:00pm. Congratulations to our incredible student athletes!

**Congratulations** to our cheerleaders on their 3rd place finish in at the Howard County Cheer Competition on Tuesday night at Oakland Mills HS. Give me a V-I-K-I-N-G-S!!





Ever wonder if shopping pays off? The Safeway Foundation School Spirit Campaign just awarded our school a check for **\$2,162.17!** Thanks to everyone who has registered their Safeway Club Card to give back to our school!!



Many thanks to our terrific **International Liaison, Jamie Kim**, who made this amazing banner last week when we hosted the Chinese delegation. They felt so welcomed!!



# **NEW NEWS**

## **Parent Teacher Conferences November 19-21**

Parent Teacher Conferences will be held on Monday, November 19th through Wednesday, November 21st.

Parent(s) may **sign up for conferences** beginning Friday, November 9th at 2pm through Friday, November 16th at 2pm.

Parents can schedule conferences during the following times:

Monday, Nov. 19: 5pm - 8pm

Tuesday, Nov. 20: 11:45am - 2:45pm / 5 pm - 8 pm

Wednesday, Nov. 21: 7:30am - 10:30am / 11:45am - 2:45pm

Here's a video <https://youtu.be/QcMwkkIgkls> to show parents how to schedule conferences.

## **Viking Backers Basket Bingo**

We are excited to continue the great MHHS tradition that is Basket Bingo on November 16th from 7-10pm (doors open at 6) at the Lodge in Catonsville. Much help is needed to make this event a success! If you have a child who is a member of NHS and would like to earn volunteer hours or you would like to come and lend a hand, please see the Sign-up Genius link below. Contact Amy Cargiulo with any questions @ #410-627-7342 or [cargiulo@verizon.net](mailto:cargiulo@verizon.net)

<https://www.signupgenius.com/go/4090b48a9a72b0-viking>

All 20 bingo games have a prize worth about \$200!! Order your tickets now before we sell out! Tickets are \$30. [www.vikingbackers.org](http://www.vikingbackers.org)

## **Theatre News**

Through the Wardrobe an adventure awaits!

***Tickets are now on sale*** for the Mt. Hebron Theatre's production of The Lion, The Witch and The Wardrobe. Join our Viking Thespians as they recreate C.S. Lewis' Narnia complete with puppets, stage combat, and original music composed by an MHHS Senior.

This family-friendly production runs November 30 - December 8 with evening and matinee showings. With over 50 talented veteran and new actors in the cast, this is sure to become a favorite of the Hebron repertoire.

Tickets can be purchased through OSP by clicking online payment at [mhhs.hcpss.org](http://mhhs.hcpss.org).

## **ARL Shadow Days & Open House**

*Are you a 10<sup>th</sup> grader interested in a Career Academy at the ARL? Are you a 9<sup>th</sup> grader interested in Early College Cyber Security or the Aerospace Engineering program?*

*Do you want to know what a typical day at the ARL is like? You can attend the ARL Shadow Days during the school day on November 27-29th, depending which academy you are interested in.*

**Students have the opportunity to shadow classes at the Applications and Research Lab (ARL) and learn about programs before making course selection decisions.**

The following dates are set for shadow days this fall. Students are provided bus transportation from their home school to the ARL in order to visit classes. Students who wish to attend should see their counselor for permission forms, and must return signed permission forms to their counselor.

\*\*\*All permission slips must be turned in to your counselor no later than **Monday, November 12th**\*\*\*

### **Tuesday, November 27th AM (periods 1 and 2) - current 10th graders only**

Computer Networking	Architectural Design	Graphic Design
Agricultural Science Technology	Systems & Project Engineering	Automotive

### **Tuesday, November 2th PM (periods 5 and 6) - current 10th graders only**

Health Professions	Hotel and Restaurant
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### **Wednesday, November 28th AM (periods 1 and 2) - current 10th graders only**

Finance	Biotechnology	Animation	HVAC
Homeland Security Essentials	Construction Management	Cybersecurity	

### **Thursday, November 29th AM (periods 1 and 2) - current 9th graders only**

PLTW- Aerospace Engineering	Early College Program in Network Security
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In addition to the Shadow Days there are two Applications and Research Lab (ARL) Information Nights available for anyone who wants to learn more about the Career Academies. No registration required. (ARL: 10920 Clarksville Pike, Ellicott City)

***Thursday November 8th, 7-9 pm OR Tuesday December 11th, 7-9 pm***

# **WORTH REPEATING**

## **Fine Arts News**

The PRISM Concert, featuring Music, Dance, Theatre, Film and Visual Art, is Wednesday, November 14th. Please join us at 6:30pm for a gallery walk of the Art Show featuring student work in a variety of media joined by a string quartet and guitarists. The concert begins at 7pm in the auditorium.

## **National Aquarium Summer Program**

The application process has opened at the National Aquarium for their summer program for high school students to volunteer. Applicants must have completed their 9th grade year and one high school level science course in order to be eligible. Interested students can pick up an application packet from any science teacher.

## **Navigating the College Admissions Process**

Howard County Gifted and Talented Education Program Parent Academy will be presenting, “Navigating the College Admissions Process” on Thursday, November 8, 7-8:30pm in the Mt. Hebron Auditorium.. Featured speaker will be Joy Scalabrin, Admissions Officer, Johns Hopkins University.

Preparing for the college application and admissions process can be a really exciting time for students—a time to explore their interests, think about their future and begin to take ownership of their life plans. Please join us for an informational evening.

For more information, please visit the G/T Advisory Committee website at <https://sites.google.com/site/hcpssgtac> or call 410-313-6800

## **Martin Luther King Essay Contest 2018**

The Howard County Dr. Martin Luther King, Jr. Holiday Commission presents our Annual Dr. Martin Luther King, Jr. Holiday Celebration on Sunday, January 20, 2019 at Howard High School. The Dr. Martin Luther King, Jr. Holiday Commission encourages all eligible Howard County students to participate in our essay contest.

Our theme this year is **“Our lives begin to end the day we become silent about things that matter.”** Students are invited to write an essay ***describing a time when they spoke up for that which was right and tell us about their experience and how it relates to the teachings of Dr. King.*** The deadline for all submissions is Friday, December 7, 2018 at 5:00 PM additional details can be found on the homepage of our school website. [www.mhhs.hcpss.org](http://www.mhhs.hcpss.org)

For additional information please contact Farheen Sheik at (410) 313-6467 or email [fsheik@howardcountymd.gov](mailto:fsheik@howardcountymd.gov).

### **Parent Support Group Starting**

Mount Hebron is starting a parent group. The purpose of this group is to provide a voice and tools that will assist parents of students who have needs in the areas of social communication, social regulation and executive functioning skills - whether in a university, work or supported living setting. Mount Hebron parent, Michelle Im, along with members of our special education team, have volunteered to lead this amazing discussion and support group. Mrs. Im also serves as the Vice President for Howard County's Special Education Citizens' Advisory Committee (SECAC).

There will be 4 meetings held throughout the school year from 6:30-8:30 in the school's media center. Topics include:

#### ***Wednesday, January 16, 2019 - Beyond ESY***

Group discussion is designed to help parents understand the importance of expanding their high school student's social experiences to include real world opportunities across multiple settings.

#### ***Monday, February 11, 2019 - Benefits of Building Partnerships and Social Success***

Group will review and discuss models of parent professional partnership, include a guide towards building successful partnerships with school staff and setting realistic expectations for lifelong learning.

#### ***Wednesday, May 8, 2019 - SI + SR = 🧠***

Group discussion designed to foster an understanding of the relationship between social interaction and self-regulation; to prompt parents to implement strategies at home.

All are welcome! Please join us!!

### **Winter Sports**

Winter Sports Parents Meeting, November 12th at 6:30 p.m. in the Auditorium

All parents of students who will be trying out for a Winter Sports team should attend.

#### **Winter Sports Tryouts start on November 15<sup>th</sup>.**

Please complete the online registration in the Parent Portal in Canvas. *All paperwork must be complete prior to November 15th.*

Log into your Parental Canvas page.

Click HS Athletic Registration on the left column.

Click on HS Athletic Registration on the left tab.

Click on Athletic Registration and complete the required forms on the left tab.



### **Youth in Conversation**

**Youth in Conversation** is a group of high school students who want to “talk about the things no one talks about.” The goal is to build community by having conversations about identities we have in common and issues that separate us, such as race, culture, religion and gender.

All HCPSS high school students are welcome & free dinner will be provided by #OneHoward and the Columbia Association each evening we meet

We will meet **the second and fourth Monday of every month from 6:30 – 8:30 p.m.** at Oliver’s Carriage House, 5410 Leaf Treader Way, Columbia, MD 21044 (also known as Kittamaquindi Community Church)

**Meeting Dates in 2018/2019:** 11/12 & 11/26, 12/10, *(We will not meet the fourth Monday in December because of Winter Break)* 1/14 & 1/28, 2/11 & 2/25, 3/11 & 3/25, 4/8 and 4/29 *(In April we will meet the 5<sup>th</sup> Monday instead of the 4<sup>th</sup> Monday because of Spring Break)*, 5/13

*Please see the FRONT OFFICE for a form if you would like to participate.*

**As a reminder, your VALHALLA VOICE will be published Monday with the latest news from your parent advocacy groups and community.**