



PRINCIPAL'S NEWSLETTER

November 22, 2019

It's Basket Bingo Friday, Vikings!

Basket Bingo is a long-standing tradition here at Hebron – one that I know many of you look forward to each year. And at a time of year when traditions are on many people's minds, the timing couldn't be better. Traditions are important. They're a bridge, a connection between the past and the present and serve to intertwine the generations. Ask any of our current 24 staff members who are also Mt. Hebron alumni and they'll be happy to tell you about the traditions that were important to them when they were in high school which still exist today.

TIS THE
Season
TO BE
thankful

We have older traditions, like our Canned Food Drive, which just completed its 2nd week (see the update below under New News) as well as newer traditions, like our college visits for our juniors, which we've received so much positive feedback on. Kudos to our incredible **School Counselors** for working out the myriad of details and making this happen.

We also have traditions around excellence and what it means to be a Viking. As one of the oldest high schools in Howard County – did you know we actually started as a middle school and have 2 staff members who attended Hebron when it was a "jr. high?" – our traditions are an integral part of what bind us together. And yet even as we honor our past, I think that our traditions of openness, acceptance and a willingness to embrace change as we start new traditions is what keeps us moving forward, always together.

In this season of gratitude, please know how grateful I am for your incredible kids, for our hard-working staff, and for all of the members of our amazing community. As this is our last newsletter before the Thanksgiving break, I'm wishing you full plates, a full house, and full hearts.

Happy Thanksgiving!

Joelle

FOLLOW US & STAY CONNECTED

Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)

Website: <http://mhhs.hcpss.org>

Student Online Newspaper: The Mountain: <https://mthmountain.com>

UPCOMING DATES/EVENTS

See the [calendar](#) on our website for additional dates.

Date	Time	Event
November 24	1-3pm	Art Show @ Walters Exhibit
November 25, 26		3-hour early dismissal at 11:10am
November 26		Late Registration Deadline for Dec. 7 th SAT
November 27-29		Schools closed for Thanksgiving Holiday
November 30		Student Delegate Applications Due
December 3	3-5pm	Spring Musical 'Beauty and the Beast' Audition
December 4	2:30-4:30pm	Spring Musical 'Beauty and the Beast' Audition
December 5		Underclassman Picture Day in the Auditorium
December 10	7-9pm	Career Academies Information Session @ ARL
December 12	6-7:30pm	HCC Ambiciones Program(Hispanic/ Latino Students) info Session in the Media Center
December 12, 13	7pm	Concert Band (Band, Orchestra, Choir) Snow date: 12/14
December 16	5:30-7pm	HC DrugFree Teen Advisory Council Meeting @ The Barn/Teen Center in the Oakland Mills Village Center
Dec 23-Jan 1		Schools closed for Winter Break
January 9	6pm	8 th Grade Parent Night in the Auditorium
January 10	7pm	Winter Dance Spectacular in the Auditorium
January 11		MS/ HS Honors Band Rehearsal
January 13	6pm	Electives Fair in the Gym and Cafeteria
January 20		Schools & offices closed/ Martin Luther King Jr. Day
January 22-24		HS only 3-hour early dismissal at 11:10am
January 27		Schools closed/Professional Work Day for Staff
January 31	7pm	Jazz Showcase
February 17		Schools closed for Presidents' Day
February 28	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
April 2	6pm	HebronFest
April 3		3-hour early dismissal/ Professional Work Day for Staff
April 6-13		Schools closed for Spring Break
April 14	6:30-7pm	Guest Speaker on Restorative Justice in Education
April 14	7pm	PTSA Meeting in the Media Center
April 28		Schools closed for Primary Election Day
May 15		3-hour early dismissal/Professional Work Day for Staff
May 25		Schools closed for Memorial Day
June 22		Last possible school day if all 5 snow days are used

CELEBRATIONS!

****For even more celebrations & good news, follow us on Twitter: @hcpss_mhhs**

We now have over 2,000 followers!!! Go Vikings!!



Congratulations to the following students who signed to play Division 1 sports in college next year! **Tori Valentine** (track and field, Towson), **Mateo Brown** (Men lacrosse, UMBC), **Garrett Snyder** (Men's lacrosse, Delaware), **Alexa Dragisics** (Women's Soccer -Mount St Marys) and **Esha Shah** (Field Hockey-UVA).



Congratulations to Siri Rao (pictured with her School Counselor, Mr. Pat Miles), for being named as a National Merit Finalist! Great effort Siri!!

Congratulations to Sophia Majid who was given the opportunity to present at JHUAPL's AIAA conference under Mt. Hebron's name. With the help of her mentors at her internship and taking Intern Mentor last year under Dr. Kiehl, she was able to win first place for best high school research on my paper "The Application of Proportional Navigation on Defensive Missiles". Sophia hopes more students at Hebron who want to go into aerospace engineering take advantage of this opportunity next year on October 16, 2020. So proud of you, Sophia!



LOVE these pics from our **Viking Service Club** who had fun while making sandwiches this past Wednesday to support Grassroots! Great job, Vikings! (And thanks to their sponsor, School Counselor, **Ms. Liz Dolan.**)



Congratulations to all of our
Students of the Month who were
recognized this afternoon!



NEW NEWS

Canned Food Drive Update

Thank you to everyone for making the first 9 days of Canned Food Drive such a great success. Nine days into CFD we have collected almost \$5,300 in total can value. We will still collect Monday and Tuesday next week despite the 1/2 days. **Monday is a protein day.** The class which donates the most protein cans will all earn a reward. After the break we will have 14 days of collection.

Audition for the Spring Musical



Tuesday, December 3 from 3-5pm or

Wednesday, December 4 from 2:30-4:30pm

Want to be considered for a solo singing role? Please prepare a song from a Broadway show. Bring the instrumental/karaoke track or sheet music.

Want to be considered for an ensemble role? Please prepare a song with up to three other people.

Callback auditions will be held on Thursday, December 5 from 2:30-5:30pm.

For audition questions, contact Ms. Carlsen at kcarlsen@hcpss.org or in her room, 136.



Theatre Workshop

open to all students in grades 6 to 8

December 10th

3:30 to 5:30pm

**Join us for this free workshop led by
Mt. Hebron High School theatre
students!**

Come play theatre games and participate in
performance activities.

**Please RSVP to Ms. Carlsen by Dec. 9th to
kcarlsen@hcpss.org**

Counselors Corner

Coming in for parent/teacher conferences? Counselors will be available at our Wellness Table with information and resources for parents and students on wellness!

- It is not too late to register for the December 7 SAT! The LATE REGISTRATION DEADLINE is NOVEMBER 26.
- Did you know that all males must register with selective service at 18? You can register as early as 17 and 3 months. If you do not register, you will be unable to receive federally funded college loans and grants; are barred from all federal employment; are ineligible for many state and local government jobs and are unable to get into federally funded training and certification programs. Register today, don't delay @ SSS.gov!
- Want to learn more about the Career Academies? Check out an information session December 10 from 7-9 at the ARL located next to the Board of Education on Rt. 108. If your child missed the November Shadow Days, they will have another opportunity to attend in January. See the school counselor for permission slips.
- Know someone who is in need of a hot meal on Thanksgiving? Join Melville United Methodist Church in Elkridge for a Community "Let Us Give Thanks" Thanksgiving Dinner, in partnership with the Elkridge Food Pantry. The dinner is FREE and will be held at Melville Church, 5660 Furnace Ave, Elkridge MD on Thanksgiving Day (November 28) from 11:30-2pm. Registration is required. Please contact Jeanne at 410-499-6885 to register or if you have questions.
- **"Demos Gracias", Cena Comunitaria GRATIS, Del Dia De Accion De Gracias en La Iglesia Metodista Melville United en Elkridge, Maryland, en conjunto con la bodega de comida de Elkridge. Donde: Iglesia Melville, 5660 Furnace Ave, Elkridge. Cuando: Jueves 28 de Noviembre 2019 (El Dia de Accion de Gracias). Hora: 11:30-2:00. Para registrarse o si tiene preguntas, llame a Jeanne (410) 499-6885.**

Howard Community College - Ambiciones Program

Thursday, December 12th at Mt. Hebron Media Center from 6-7:30pm

Parents and students are invited to learn about the supportive community designed to meet the unique needs of Hispanic/Latino students at HCC

The Ambiciones Program supports students and families from the admissions to the graduation process:

- * Applications
- * Immigration Status Questions
- * Academic Tutoring
- * Career Advising
- * Mentoring
- * Social Support
- * Financial Aid



Mt. Hebron High School
Dance Department presents

The Winter Dance Spectacular

January 10, 2020*

Mt Hebron High School Auditorium

7:00pm

Tickets \$8.00 at the door or online

Order tickets ONLINE at:

<http://mounthebron.booktix.com/>

*Snow date: January, 11, 2020

A Note from the Nurse

As we enter into flu season, this is a reminder that good hand washing and covering sneezes and coughs with tissues and sleeves are essential steps to preventing the spread of "germs." Also, remember that despite concerns about school attendance, your children's health (and the health of other children) is most important of all. For this reason, we ask you to please:

- Call the school nurse to let us know if your child is absent with a contagious illness such as strep throat, or the flu etc. Please provide any documentation from your physician about diagnosis and release to return to school. (Ear and sinus infections, while often a reason for keeping a child home, are usually not contagious.)
- Keep your child home if he/she has a fever of over 100.0. A fever indicates that your child has an infection that could be passed to other students. If you give your child Motrin or Tylenol, the fever will, of course, disappear but he/she will still be contagious to others. Children must be fever-free for 24 hours (without medication) before returning to school!
- Have your children wash their hands properly after using the restrooms and prior to eating.
- If the doctor prescribes medication for your child, please make sure he/she takes it as directed-which means the right amount at the right time and without missing doses.

Thank you very much for helping keep all our students healthy!

SPECIAL SECTION for SENIORS

Senior Portrait

The final date here at Mt. Hebron will be Tuesday, January 7. Portraits are due by Friday, January 31, 2020, if you want your portrait to be in the yearbook.

Any outside portraits should be mailed to the yearbook email:

yearbook.mounthebron@gmail.com

All other questions can be answered from the FAQ on the yearbook webpage

<https://mhhs.hcpss.org/yearbook>.

Free Help Financial Aid Process Help

We are very fortunate to have Ms. Velma Green, from the Maryland Educational Opportunity, at Mt. Hebron to help navigate through the financial aid process for your student's college education. She is knowledgeable in working on the FAFSA, as well as with many grants/loans. This is a FREE service.

She will be available by appointment on Mondays beginning Oct. 7th in Student Services office between 9am-1:00pm (last appointment). There is limited space so please do not delay. Please contact Ms. Linda Mathias in Student Services, to schedule an appointment.

You are encouraged to bring any pertinent financial statements.

We hope that coming onsite to your school is helpful for your students and families, and will encourage early completion of the FAFSA to maximize your student's financial aid opportunity.

Students/parents should bring the following information with them:

- a. The student/parents FSA ID, if they already have one.
- b. The student/parents social security number
- c. A copy of the student and/or the parents 2018 Tax Returns, if they have filed taxes.
- d. A copy of the student and/or parents 2018 W2's and,
- e. All 2018 untaxed income information. Untaxed information includes but is not limited to child support paid or received, housing, food, and other living allowances, veterans non-educational benefits, etc.

Please contact Ms. Linda Mathias in Student Services at 410-313-2883, OR your student's counselor to sign up with the following information:

- a. The student's name
- b. The parent's name. If they plan to attend
- c. Appointment time and,
- d. An email address for us to follow-up

Senior Events Calendar

Event	Date	Location	Cost
Final Senior Portrait date from Lifetouch @ Hebron	January 7, 2020		
Senior Portraits Due	January 31, 2020		
Senior T-shirt	January		Free
Prom	May 2, 2020		
Class Night Dinner & Dance	May, 2020	TBD	
Senior Picnic	May, 2020	TBD	
Graduation	Date announced in April	Merriweather Post Pavilion	Free

NEWS WORTH REPEATING

AP Exam Registration Update

Registration for AP exams closed on November 15th at 2:30pm. If a student wishes to register after November 15th, he/she may see Dr. Kiehl in room 109. College Board charges a late fee of \$40 per exam, on top of the \$94 exam fee. Students who registered for exams but wish to cancel will be charged a \$40 cancellation fee from College Board, meaning their refund will be \$54. These students should also see Dr. Kiehl. Registration closes for late orders or cancellations on March 13th.

Career Academies Information Sessions

Career and Technology Education (CTE) Career Academies Information Sessions will be held for interested students and their parents on **December 10, 2019** from 7-9pm at the Applications and Research Laboratory on Route 108 near the Board of Education.

Arts Media and Communication

Animation and Interactive Media
Graphic Design

Apprenticeship Maryland

Business Management and Finance

Academy of Finance
Accounting
Marketing

Career Research and Development

Construction and Development

Architectural Design
Construction
HVAC

Consumer Services, Hospitality and Tourism

Culinary Science

Environmental, Agricultural Natural Resources

Agricultural Science

Health and Biosciences

Academy of Health Professions - Certified Nursing Assistant, Clinical Research in Allied Health, Emergency Medical Technician, Physical Rehabilitation
Biotechnology

Human Resource Services

Homeland Security and Emergency Management
Teacher Academy of Maryland

Information Technology

Computer Programming
CyberSecurity Networking - Computer Networking, PC Systems

Manufacturing, Technology and Engineering

Aerospace Engineering: Project Lead the Way
Engineering: Project Lead the Way
Systems and Project Engineering

Transportation Technologies

Automotive Technology

Get Your Mt. Hebron Sideline Jacket!

There is no reason to be cold on the sidelines this year! Get your official Mt. Hebron sideline jacket complete with the Mt. Hebron logo and your name.

This sale is a fundraiser for the Mt. Hebron field hockey team but all sports can benefit from this warm and cozy offer. Go to <http://www.mthebronfieldhockey.com/> to check it out!

Student Delegate Applications Due by November 30th

Students who wish to apply to serve as a delegate to the Student Member Convention on February 18, 2020 and select the final 2 candidates for Student Member of the Board of Education must:

- Submit a Student Delegation Application (found on Student Canvas Page) to the FRONT OFFICE by November 30, 2019.
- Read the Delegate Cover Letter.
- Request staff to complete the Student Delegate Evaluation forms and submit them to the principal by November 30, 2019.
- Complete an interview with the principal in December, 2019.

A successful delegate will:

- Demonstrate an understanding of the role of the Student Member
- Demonstrate respect for the ideas of others
- Work well with other students
- Evaluate the Student Member applicants before convention
- Complete a training program for delegates
- Give and receive constructive feedback
- Serve as a representative leader
- Demonstrate cultural awareness and sensitivity
- Promote the position of Student Member of the Board

Questions? See Mr. Herdman in room 107.

HC DrugFree Teen Meeting

We encourage all Howard County high school teens to join HC DrugFree's Teen Advisory Council (TAC) where they will have a safe place to learn about risk taking and healthy alternatives, discuss what is happening in and around our community, and much more. Questions? Call 443-325-0040 or email Admin@hcdrugfree.org.

The next two TAC meetings will be held on **December 16** from 5:30 p.m. to 7:00 p.m. at The Barn (The Columbia Association's Teen Center) located in The Oakland Mills Village Center.

TAC is open to all Howard County high school students (public, private and home school), but students must RSVP to Admin@hcdrugfree.org for each meeting. TAC follows the HCPSS school cancellation policies. Registration forms can be found on the TAC page at <http://www.hcdrugfree.org/teen-advisory-council-1/>. Refreshments provided.

Howard County Student Council Meeting

HCASC welcomes all middle and high school students to attend HCASC Meetings the second Wednesday evening of each month at the Homewood School 10914 Clarksville Pike, Ellicott City

Students who attend will:

- Work with student leaders from across HCPSS
- Meet with the Student Member of the Board of Education
- Gain Leadership Skills
- Turn ideas into actions
- Learn about Leadership and Community Service opportunities
- Practice civic engagement and serve as an informed citizens

Next meeting Wednesday, Dec. 11, 7-8:30pm at the Homewood School
For more information please contact cindy_drummond@hcpss.org

Join the Plastics Student Task Force

Are you concerned about plastics in our waterways?
Students from each high school are encouraged to apply to the plastics student task force.
Please see your teacher for an application.



All meetings will take place at the Howard County Conservancy, 10520 Old Frederick Rd, Woodstock, MD

11/6 5:30-7 Work Group
12/11 5:30-7 Work Group
1/8 5:30-7 Work Group
2/5 5:30-7 Work Group
3/4 5:30-7 Work Group

Your next **VALHALLA VOICE** will be published **November 25th** with the latest news from your parent advocacy groups and community.

School Year Resources

Update Your Emergency Information ANNUALLY

Parents/guardians may now complete/update their Family File emergency information. *Parents must verify or update information for each child, each school year.* Access your Family File by logging in to [HCPSS Connect](#), selecting the Family File tab on the left and then selecting Family File. [Details and resources](#) can be found on the HCPSS website.

Free Drop-In Tutor on Tuesday and Thursday

The Media Center will be open every Tuesday and Thursday until 4pm. National Honors Society tutors will be available for free drop-in tutoring. All students are welcome. Please contact danielle_borgia@hcpss.org with any questions.

After School Activities Bus Schedule

The Activities Bus is available for any student staying after school for academic support or extracurricular activities. The dates for the bus, as well as the stops, are listed below. Both are subject to change. If your child is interested in taking the bus, please fill click on the link & complete the form. **Students may not ride the bus without parent/guardian permission.**

<https://docs.google.com/forms/d/1hfuJg83ak7JXXsSaOv-1Hrly6lvbQea0HtTzOdfwmo/edit>

Bus Dates:

December: 3, 5, 10, 15, 17, 19

January: 2, 7, 9, 14, 16, 21, 28, 30

February: 4, 6, 11, 13, 18, 20, 25, 27

March: 3, 5, 10, 12, 17, 19, 24, 26, 31

April: 2, 14, 16, 21, 23, 30

May: 5, 7, 12, 14

Bus Stops (Pick up at MTH @ 4:10 pm)

*Maple Rock Dr and East Stayman Dr

*Hollifield Station ES

*High Ridge Rd and Rosemar Dr

*Town & Country Blvd and West Springs Dr

*Wheaton Way and Normandy Woods Dr

*George Howard Bldg - 3430 Courthouse Dr

*Worthington ES

Are You A Proud Viking? Become A Viking Backer!

We invite you to join the Viking Backers, Booster Club for Mt. Hebron High School. The Viking Backers is an all-volunteer, parent organization which supports ALL student extracurricular activities including academics, arts & athletics.

Visit www.vikingbackers.org to join online. We no longer are taking paper forms or checks; everything is going through the website. Your membership supports ALL students at Mt. Hebron.

