



PRINCIPAL'S NEWSLETTER

November 15, 2019

Happy Friday, Vikings!

Fun fact: One year ago today was our first snow day of the school year! Thankfully, we had school today because if you haven't yet seen, "Damn Yankees," you've still got 2 more opportunities, both tonight & tomorrow night at 7pm. We're all so incredibly proud of how hard our students have worked.

Today also marks the end of **School Psychology Awareness Week**. Did you know that every HCPSS school has at least one school psychologist on staff? School psychologists work with



students, staff, and families to promote the social-emotional, behavioral, and academic success of all students and to ensure a safe and nurturing school environment. School psychologists provide services based on the individual needs of their schools, and **Mr. John Klyap**, our School Psychologist is always available to help. If you'd like to know more, the following HCPSS link describes the many supports offered by school psychologists:

<https://www.hcpss.org/schools/psychological-services/>

The last note on my calendar is that today marks the end of the first week of our **Canned Food Drive** and already we're so impressed with the response from our students and community. We kicked off our annual event on Monday and have set a lofty yet attainable goal for ourselves this year. Please help in any way you can – donations of both food and cash are gratefully accepted as we strive to feed as many families as possible in Howard County this holiday season. And we'll gratefully accept donations at "Damn Yankees" tonight and tomorrow as well. It's time for the show – not snow – yet.

Until next week, stay warm!

Joelle

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Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)

Website: <http://mhhs.hcpss.org>

Student Online Newspaper: The Mountain: <https://mthmountain.com>

UPCOMING DATES/EVENTS

See the [calendar](#) on our website for additional dates.

Date	Time	Event
November 15	2:30pm	AP Exam Registration Closed
November 15-16	7pm	'Damn Yankees' Theatre Production
November 18	5:30-7pm	HC DrugFree Teen Advisory Council Meeting @ The Barn/Teen Center in the Oakland Mills Village Center
November 20	2:15pm	Making Sandwiches for Grassroots by Viking Service Club
November 20	7pm	Pops Concert (Band, Orchestra and Guitar)
November 20	7-8:30pm	QPR Suicide Prevention Training in the Cafeteria
November 22	6-10pm	Viking Backers Basket Bingo @The Lodge in Catonsville
November 24	1-3pm	Art Show @ Walters Exhibit
November 25, 26		3-hour early dismissal at 11:10am
November 26	4:00pm	Staff Dinner Provided by PTSA
November 27-29		Schools closed for Thanksgiving Holiday
November 30		Student Delegate Applications Due
December 10	7-9pm	Career Academies Information Session @ ARL
December 11	7-8:30pm	HC Student Council Meeting in the Homewood School
December 12, 13	7pm	Concert Band (Band, Orchestra, Choir) Snow date: 12/14
December 16	5:30-7pm	HC DrugFree Teen Advisory Council Meeting @ The Barn/Teen Center in the Oakland Mills Village Center
Dec 23-Jan 1		Schools closed for Winter Break
January 11		MS/ HS Honors Band Rehearsal
January 20		Schools & offices closed/ Martin Luther King Jr. Day
January 22-24		HS only 3-hour early dismissal at 11:10am
January 27		Schools closed/Professional Work Day for Staff
January 31	7pm	Jazz Showcase
February 17		Schools closed for Presidents' Day
February 28	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
April 3		3-hour early dismissal/ Professional Work Day for Staff
April 6-13		Schools closed for Spring Break
April 14	6:30-7pm	Guest Speaker on Restorative Justice in Education
April 14	7pm	PTSA Meeting in the Media Center
April 28		Schools closed for Primary Election Day
May 15		3-hour early dismissal/Professional Work Day for Staff
May 25		Schools closed for Memorial Day
June 22		Last possible school day if all 5 snow days are used

CELEBRATIONS!

*****For even more celebrations & good news, follow us on Twitter: @hcpss_mhhs***

We now have over 2,000 followers!!! Go Vikings!!



Please **congratulate Mr. Tom Sankey** who we surprised last tonight after the “Damn Yankees” performance with the Legacy in the Arts Award from the Howard County Council of the Arts for his lifetime body of work in the Arts! He will be recognized at their annual gala celebration in March!

Thank you, Mr. Sankey, for 40 years of incredible service to our students and community!

Congratulations to Bryan Tam, whose oil painting titled, "Green Self Portrait" was chosen for the Maryland Youth Art Exhibit from hundreds of entries throughout the entire state. It will be exhibited for one year at the BWI airport art gallery. The art show reception will be this Saturday, 11/16/19 from 10 am till 12 pm.

Congratulations to Yanyu Li and Fathima Hafsa Abdul Gaffur will have their artwork hung for an exhibit titled, "Honoring the Process" at the Walters Art Museum. The opening reception will be February 24th.



You are cordially invited to attend an Artist's Reception Sunday, November 24, 2019, 1-3pm at Walters Art Museum, 600 N. Charles St. Baltimore 21201.

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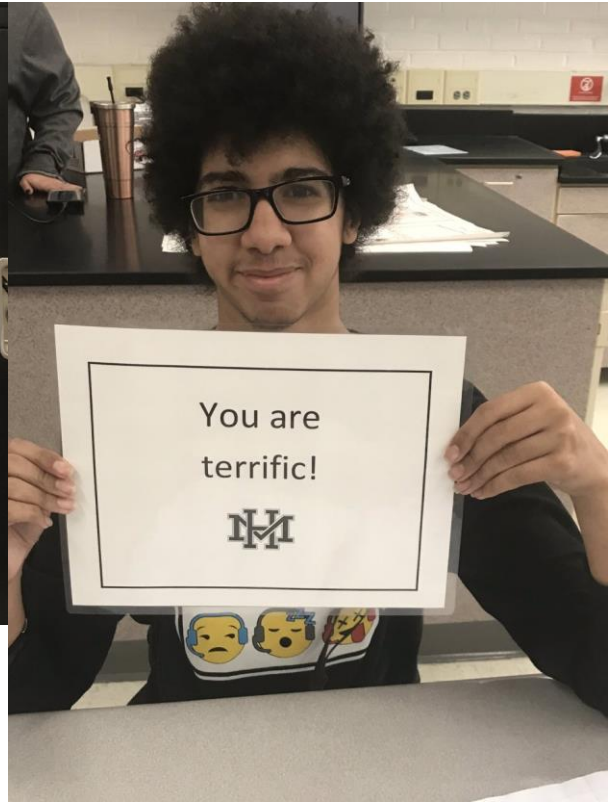
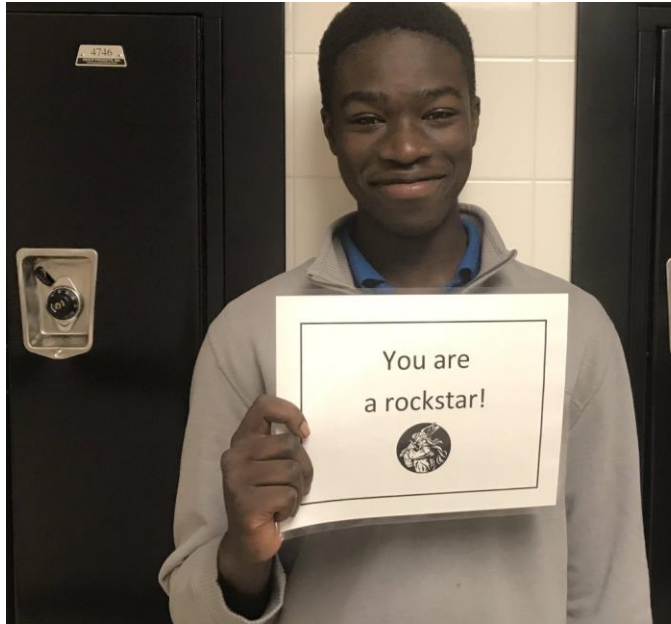
A huge THANK YOU to Viking Backers and After Prom sponsor, **Judy Klein**, who provided an amazing lunch for our entire staff yesterday!

It was a terrific way to warm us up amidst dropping temps and we so appreciate her support of our staff and students! Please support those who support us. Thank you, Judy!

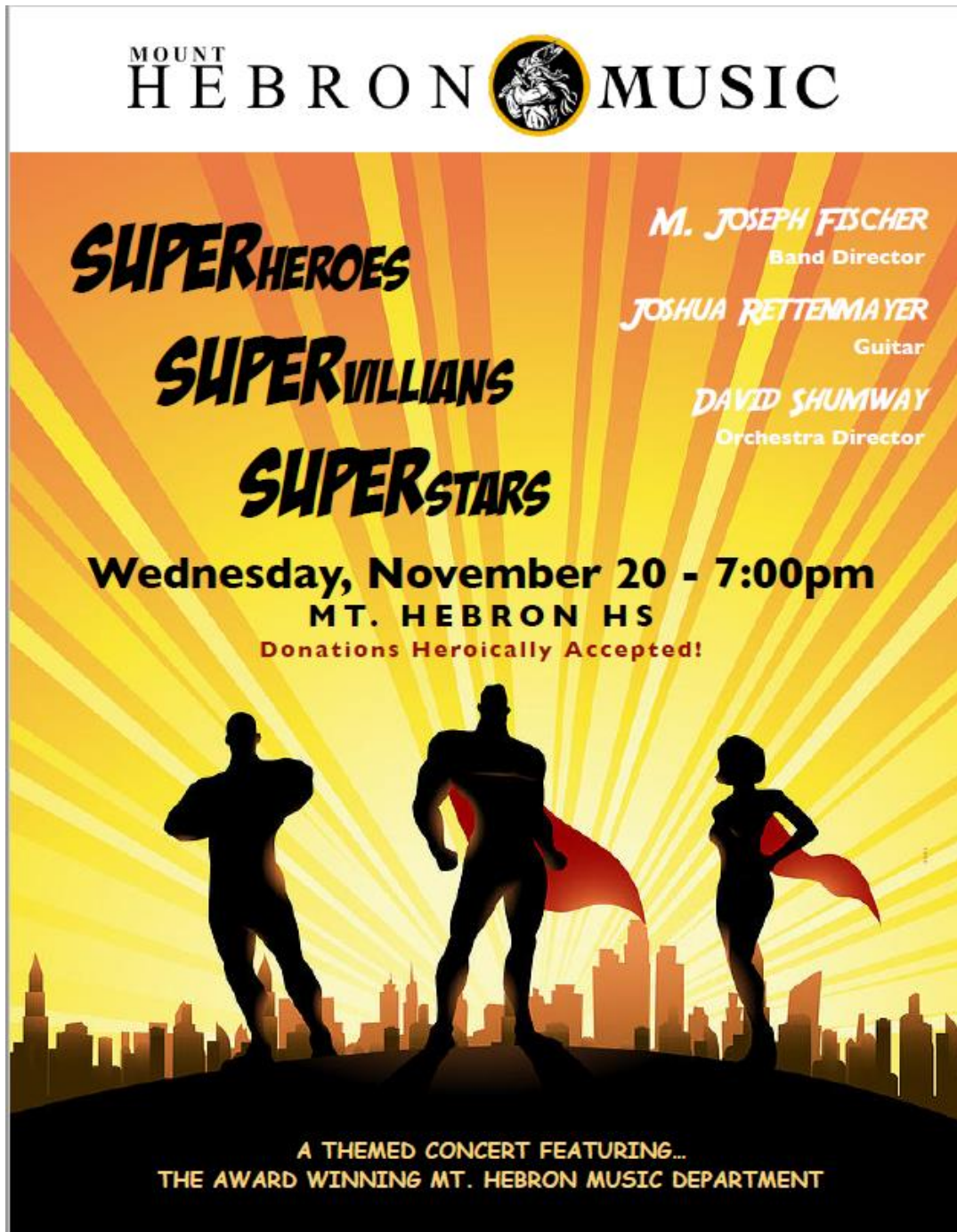


THANK YOU to **Sandi Miller, Joanne DiMaggio** and **Molly Smith** from the PTSA Staff Appreciation Committee for stopping by our mailroom today with a special treat for our staff. We *apREESEate* our Staff Appreciation Committee as well. In fact, I have it on good authority that several of our staff members borrow your ideas for the teachers at their kids' schools! 😊

Feel Good Friday!



NEW NEWS



Please join us for our fall **POPS Concert**. This is our first concert performance of the year and will feature Band, Orchestra, and guitar and a themed showcase of the amazing Mt. Hebron students. Super Heroes, SuperVillians, and SuperStars on Wednesday, November 20 – 7:00pm

**Canned goods and/or cash gratefully accepted at the Pops
Concert next Friday evening!**

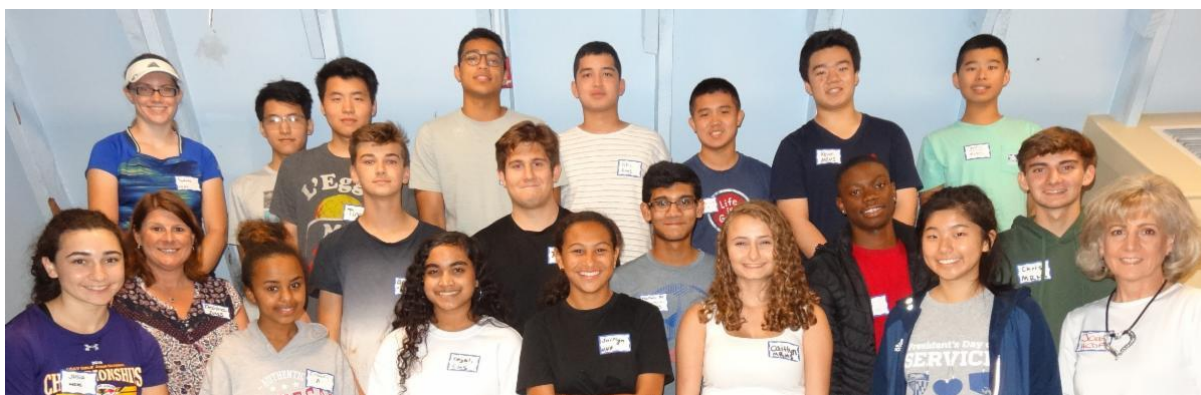
AP Exam Registration Update

Registration for AP exams closed on November 15th at 2:30pm. If a student wishes to register after November 15th, he/she may see Dr. Kiehl in room 109. College Board charges a late fee of \$40 per exam, on top of the \$94 exam fee. Students who registered for exams but wish to cancel will be charged a \$40 cancellation fee from College Board, meaning their refund will be \$54. These students should also see Dr. Kiehl. Registration closes for late orders or cancellations on March 13th.

QPR Suicide Prevention Training

Save a Life - **QPR Suicide Prevention Training Wed., Nov. 20 – 7:00-8:30pm** in the cafeteria. QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying “Yes” to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour. Training provided by Grassroots Crisis Intervention Center certified instructor.

Register here: <https://www.eventbrite.com/e/qpr-suicide-prevention-training-tickets-74014359943>



HC DrugFree Teen Meeting

We encourage all Howard County high school teens to join HC DrugFree's Teen Advisory Council (TAC) where they will have a safe place to learn about risk taking and healthy alternatives, discuss what is happening in and around our community, and much more. Questions? Call 443-325-0040 or email Admin@hcdrugfree.org.

The next two TAC meetings will be held on Monday, **November 18** and Monday, **December 16** from 5:30 p.m. to 7:00 p.m. at The Barn (The Columbia Association's Teen Center) located in The Oakland Mills Village Center.

TAC is open to all Howard County high school students (public, private and home school), but students must RSVP to Admin@hcdrugfree.org for each meeting. TAC follows the HCPSS school cancellation policies. Registration forms can be found on the TAC page at <http://www.hcdrugfree.org/teen-advisory-council-1/>. Refreshments provided.

SPECIAL SECTION for SENIORS

Senior Portrait

Senior Portrait days will be Wednesday, Nov. 20, Thursday, Nov. 21, and Friday, Nov. 22. If you haven't already had your senior portrait done, you will need to contact Lifetouch at 410 644-7700 to schedule an appointment for here at Mt. Hebron on those dates. You should have received an appointment card in the mail. The final date here at Mt. Hebron will be Tuesday, January 7. Portraits are due by Friday, January 31, 2020, if you want your portrait to be in the yearbook.

Any outside portraits should be mailed to the yearbook email:

yearbook.mounthebron@gmail.com

All other questions can be answered from the FAQ on the yearbook webpage

<https://mhhs.hcpss.org/yearbook>.

Free Help Financial Aid Process Help

We are very fortunate to have Ms. Velma Green, from the Maryland Educational Opportunity, at Mt. Hebron to help navigate through the financial aid process for your student's college education. She is knowledgeable in working on the FAFSA, as well as with many grants/loans. This is a FREE service.

She will be available by appointment on Mondays beginning Oct. 7th in Student Services office between 9am-1:00pm (last appointment). There is limited space so please do not delay. Please contact Ms. Linda Mathias in Student Services, to schedule an appointment.

You are encouraged to bring any pertinent financial statements.

We hope that coming onsite to your school is helpful for your students and families, and will encourage early completion of the FAFSA to maximize your student's financial aid opportunity.

Students/parents should bring the following information with them:

- a. The student/parents FSA ID, if they already have one.
- b. The student/parents social security number
- c. A copy of the student and/or the parents 2018 Tax Returns, if they have filed taxes.
- d. A copy of the student and/or parents 2018 W2's and,
- e. All 2018 untaxed income information. Untaxed information includes but is not limited to child support paid or received, housing, food, and other living allowances, veterans non-educational benefits, etc.

Please contact Ms. Linda Mathias in Student Services at 410-313-2883, OR your student's counselor to sign up with the following information:

- a. The student's name

- b. The parent's name. If they plan to attend
- c. Appointment time and,
- d. An email address for us to follow-up

Senior Events Calendar

Event	Date	Location	Cost
Lifetouch Portrait by appt.	November 20-22, 2019	Auditorium	
Final Senior Portrait date from Lifetouch @ Hebron	January 7, 2020		
Senior Portraits Due	January 31, 2020		
Senior T-shirt	January		Free
Prom	May 2, 2020		
Class Night Dinner & Dance	May, 2020	TBD	
Senior Picnic	May, 2020	TBD	
Graduation	Date announced in April	Merriweather Post Pavilion	Free

NEWS WORTH REPEATING

Canned Food Drive

Each year during the Canned Food Drive, Mt. Hebron strives to feed as many families as possible who are living in undesirable situations within our community. We raise thousands of cans and thousands of dollars that are used to purchase fresh produce and bags upon bags of groceries for each family. Each year we increase our goal in order to satisfy the needs of even more families.

Students are encouraged to bring in money and cans to their sixth period class to be donated. There are competitions between classes where prizes are awarded for the class that contributes the most on a particular competition day. SGA is working every day after school calling families, organizing cans, counting money, advertising this major project, and taking attendance for the many students who volunteer their time after school to help retrieve cans from classrooms. The donations continue until right before winter break when the students of Mt. Hebron are sent out to deliver the fresh groceries and cans to the hundreds of families in need. Students who help with retrieving cans after school will be selected to participate on delivery day.

In order to have a successful Canned Food Drive we need participation from not only our students and staff but the community as well. The contributions that are made to our Canned Food Drive are imperative for its success. We are attempting to feed hundreds of families with an abundance of food, and in order to do this, Mt. Hebron will be reaching out to the community for cans and money. Please encourage students, teachers, and other community members to get involved and help out SGA in order to have a successful CFD.

If you have any questions, please contact the SGA co-sponsor Phil Herdman at philip_herdman@hcpss.org

Vikings Service Club Sandwich Making

Viking Service Club is at it again! We will be making sandwiches in the cafeteria on Nov. 20th at 2:15, and all sandwiches will be delivered to Grassroots that afternoon.

Please help us by signing up to contribute sandwich fixings!

<https://www.signupgenius.com/go/5080E48ABA628A1FD0-sandwich1>

If you are a STUDENT who would like to volunteer to help us make sandwiches, please sign up here:

<https://www.signupgenius.com/go/5080E48ABA628A1FD0-volunteers1>

Get Your Mt. Hebron Sideline Jacket!

There is no reason to be cold on the sidelines this year! Get your official Mt. Hebron sideline jacket complete with the Mt. Hebron logo and your name.

This sale is a fundraiser for the Mt. Hebron field hockey team but all sports can benefit from this warm and cozy offer. Go to <http://www.mthebronfieldhockey.com/> to check it out!

Student Delegate Applications Due by November 30th

Students who wish to apply to serve as a delegate to the Student Member Convention on February 18, 2020 and select the final 2 candidates for Student Member of the Board of Education must:

- Submit a Student Delegation Application (found on Student Canvas Page) to the FRONT OFFICE by November 30, 2019.
- Read the Delegate Cover Letter.
- Request staff to complete the Student Delegate Evaluation forms and submit them to the principal by November 30, 2019.
- Complete an interview with the principal in December, 2019.

A successful delegate will:

- Demonstrate an understanding of the role of the Student Member
- Demonstrate respect for the ideas of others
- Work well with other students
- Evaluate the Student Member applicants before convention
- Complete a training program for delegates
- Give and receive constructive feedback
- Serve as a representative leader
- Demonstrate cultural awareness and sensitivity
- Promote the position of Student Member of the Board

Questions? See Mr. Herdman in room 107.

Howard County Student Council Meeting

HCASC welcomes all middle and high school students to attend HCASC Meetings the second Wednesday evening of each month at the Homewood School 10914 Clarksville Pike, Ellicott City

Students who attend will:

- Work with student leaders from across HCPSS
- Meet with the Student Member of the Board of Education
- Gain Leadership Skills
- Turn ideas into actions
- Learn about Leadership and Community Service opportunities
- Practice civic engagement and serve as an informed citizens

Next meeting Wednesday, Dec. 11, 7-8:30pm at the Homewood School

For more information please contact cindy_drummond@hcpss.org

Career Academies Information Sessions

Career and Technology Education (CTE) Career Academies Information Sessions will be held for interested students and their parents on **December 10, 2019** from 7-9pm at the Applications and Research Laboratory on Route 108 near the Board of Education.

Arts Media and Communication

Animation and Interactive Media
Graphic Design

Academy of Health Professions - Certified
Nursing Assistant, Clinical Research in Allied
Health, Emergency Medical Technician,
Physical Rehabilitation
Biotechnology

Apprenticeship Maryland

Business Management and Finance

Academy of Finance
Accounting
Marketing

Human Resource Services

Homeland Security and Emergency
Management
Teacher Academy of Maryland

Career Research and Development

Construction and Development

Architectural Design
Construction
HVAC

Information Technology

Computer Programming
CyberSecurity Networking - Computer
Networking, PC Systems

Consumer Services, Hospitality and Tourism

Culinary Science

Manufacturing, Technology and Engineering

Aerospace Engineering: Project Lead the
Way
Engineering: Project Lead the Way
Systems and Project Engineering

Environmental, Agricultural Natural Resources

Agricultural Science

Health and Biosciences

Transportation Technologies
Automotive Technology

Join the Plastics Student Task Force

Are you concerned about plastics in our waterways?

Students from each high school are encouraged to apply to the plastics student task force.

Please see your teacher for an application.



All meetings will take place at the Howard County Conservancy, 10520 Old Frederick Rd, Woodstock, MD

11/6 5:30-7 Work Group

12/11 5:30-7 Work Group

1/8 5:30-7 Work Group

2/5 5:30-7 Work Group

3/4 5:30-7 Work Group

Your next **VALHALLA VOICE will be published November 18th with the latest news from your parent advocacy groups and community.**

School Year Resources

Update Your Emergency Information ANNUALLY

Parents/guardians may now complete/update their Family File emergency information. *Parents must verify or update information for each child, each school year.* Access your Family File by logging in to [HCPSS Connect](#), selecting the Family File tab on the left and then selecting Family File. [Details and resources](#) can be found on the HCPSS website.

Free Drop-In Tutor on Tuesday and Thursday

The Media Center will be open every Tuesday and Thursday until 4pm. National Honors Society tutors will be available for free drop-in tutoring. All students are welcome. Please contact danielle_borgia@hcpss.org with any questions.

After School Activities Bus Schedule

The Activities Bus is available for any student staying after school for academic support or extracurricular activities. The dates for the bus, as well as the stops, are listed below. Both are subject to change. If your child is interested in taking the bus, please fill click on the link & complete the form. **Students may not ride the bus without parent/guardian permission.**

<https://docs.google.com/forms/d/1hfuJg83ak7JXXsSaOv-1Hrly6lvIbQea0HtTzOdfwmo/edit>

Bus Dates:

November: 19, 21

December: 3, 5, 10, 15, 17, 19

January: 2, 7, 9, 14, 16, 21, 28, 30

February: 4, 6, 11, 13, 18, 20, 25, 27

March: 3, 5, 10, 12, 17, 19, 24, 26, 31

April: 2, 14, 16, 21, 23, 30

May: 5, 7, 12, 14

Bus Stops (Pick up at MTH @ 4:10 pm)

*Maple Rock Dr and East Stayman Dr

*Hollifield Station ES

*High Ridge Rd and Rosemar Dr

*Town & Country Blvd and West Springs Dr

*Wheaton Way and Normandy Woods Dr

*George Howard Bldg - 3430 Courthouse Dr

*Worthington ES

Are You A Proud Viking? Become A Viking Backer!

We invite you to join the Viking Backers, Booster Club for Mt. Hebron High School. The Viking Backers is an all-volunteer, parent organization which supports ALL student extracurricular activities including academics, arts & athletics.

Visit www.vikingbackers.org to join online. We no longer are taking paper forms or checks; everything is going through the website. Your membership supports ALL students at Mt. Hebron.