

PRINCIPAL'S NEWSLETTER

October 5, 2018

Happy October Viking Families!

Did you see THE FANTASTICKS last weekend? The show was, well, fantastic! Bravo to Jennie Hardman, our first-ever student director and her extraordinarily talented cast and crew. Whether I'm applauding with a standing ovation, cheering on the sidelines at a sporting event, giving high fives in the hallway or observing from the back of a classroom as a student perseveres on a particularly challenging math problem, your kids awe and inspire me every day. One of our jobs as educators is to give our students opportunities to explore in a safe environment, to problem solve, and to discover their unique gifts and strengths. And I'm incredibly proud to say that our remarkable teachers are masters at creating opportunities for your kids to shine even as they explore. Like directing a play for the first time. It's a beautiful collaboration, and I'm humbled to bear witness. In a word, it's just...fantastic.

Joelle

P.S. We know your time is valuable. We've separated the news between "new" and "repeating," in hopes that this will help you find what you're looking for faster. You can click the links below to take you directly to that section of the newsletter or scroll down to read all the news.

Follow Us
Upcoming Dates/Events
Celebrations
New News
Worth Repeating

FOLLOW US & STAY CONNECTED

Follow us on twitter: @hcpss_hebron
School Website: http://mhhs.hcpss.org/

The Mountain: Hebron High School's Online Newspaper: https://mthmountain.com/

UPCOMING DATES/EVENTS

See the <u>calendar</u> on our website for additional dates.

Date	Time	Event
October 7	9am	Viking 5K & 1mile Fun Walk
October 8	6:30pm	Viking Backers meeting in the Media Center
October 9		Interim Progress Reports Issued for Quarter 1
October 9		Flu Clinic @ Health Room
October 9	6-8:30pm	PTSA meeting in the Media Center
October 9	3:45-	Voter Registration Volunteer Training @Howard
	4:45pm	County Board of Elections Office
October 10		PSAT for 9 th , 10 th , & 11 th Grade Students
October 10		Seniors discretionary day to visit colleges
October 10	6-8pm	Internet Safety Session @Rouse Theater
October 11		Homecoming Guest Form Due
October 13		Homecoming Festivities & Dance
October 15		Transcript Request Deadline for November 15th
		college application
October 19		Professional Learning Day- No school for students
October 22	6:30-8pm	PTSA Cafe Conversations
October 31		Deadline for Science National Honor Society Application
November 14		Report Cards Issued for Quarter 1
December 19		Interim Progress Reports Issued for Quarter 2
January 17, 2019	7:30-9am	PTSA Cafe Conversations
March 5, 2019	7-8:30pm	PTSA Cafe Conversations
April 27, 2019		Prom @ The Hotel at Arundel

CELEBRATIONS

Welcome to our New Athletic Trainer!

Jessica Giaccone has been appointed as the new Athletic Trainer at Mt. Hebron High School. We are very excited to welcome Jessica to the Mt. Hebron Community.

Congratulations to Shreya Santhanagopalan and Rashi Kejriwal who were selected as the National Student Trophy Design Winner by Association for Career and Technical Education (ACTE)! Their submission was selected by ACTE's Board of Directors out of 438 entries from students all across the country. In addition to having their design used to create this year's trophies, Shreya and Rashi will each receive a \$500 scholarship and Mount Hebron High School will receive a free one-year lease of a 3D printer, courtesy of Stratasys, Ltd. ACTE will also provide Shreya and Rashi and Mr. Lucania with a trip to San Antonio to be honored at the awards banquet.



Congratulations to Steven Barker, Tom Sankey, student director, Jennie Hardman, and the cast and crew of the Fantasticks! The show was great and the kids did an awesome job! **Thank you** for everyone who came out to support The Fantasticks!

Congratulations to Lorelei Loraine who has been selected as the Mount Hebron High School representative for the Ellicott City Student Task Force!

Congratulations to Evan Kocsis for a third place win in the Varsity boys of Interscholastic Cycling League Also to Trevor Grieff, Andrew Young, Evan Kocsis, and Jared Bennett for the overall third place Team win. The Maryland Interscholastic Cycling League features High School and Middle School teams from all over Maryland where Girls and Boys race others in their grade level.



Congratulations and thank you to Justin Cargiulo, one of six students in the county, invited to be a part of the Superintendent's Diversity, Equity, and Inclusion Advisory Committee. So proud!!!

NEW NEWS

Homecoming Tickets Go On Sale Monday!!!

Just a reminder that in order to purchase a Homecoming Dance ticket, the following FIVE obligations must be met:

 Your Family File has been updated for this school year. (Even if nothing has changed, you still need to log in & go through each page and hit submit at the end.) You can click on the link if you need to update your Family File.

https://www.hcpss.org/connect/

- You've turned in the MHHS Honor Code
- You've turned the HCPSS Student Code of Conduct & Related Policies
- You have no outstanding Media books
- Athletic uniforms from past seasons have been turned in

Would you like **to bring a guest to Homecoming who is not a student at MHHS**? In order to bring your guest, stop by the front office for a form.

MHHS County Dance Guest Forms are due by October 11.

Detailed Directions for Parents to Access the Family File

To access the Family File you go through your HCPSS Connect account (also referred to as "Synergy" and "Parent Portal").

- 1) Go to the Mt Hebron website https://mhhs.hcpss.org/
- 2) Scroll down to Essential Applications and click on the first one, HCPSS Connect
- 3) Click on the blue bar that says HCPSS Connect Login. (There are also several Guides and Tutorials on this page which can help you.)
- 4) On the login screen enter your full email address as your Username and your Password and then click Login. The Family File will be one of the choices on the left side of your screen.
- 5) If you have forgotten your password or haven't set up an account yet, click on the blue words "Account Activation and Forgot Password" below the login area and follow the prompts.
- 6) If you need assistance, contact Mary May at 410-313-2880 or Mary_May@hcpss.org

News From the Health room

Flu clinic will be held Tuesday, October 9th for all those students that were registered by on-line or hard copy consent **prior to** the deadline of September 21st. If you filled out the on line flu consent form after the September 21 deadline, your child will not be receiving the vaccine. That includes hard copy consents that were handed in late. If you have any questions please contact: Health Room Direct Line: 410-313-8178 or email Karen_Torpey@hcpss.org.

Picture Day Is Coming NEXT WEEK!

Freshmen, Sophomores and Juniors will have their picture taken during English classes next week on Monday, October 8 or Tuesday, October 9. English teachers will be sending forms home with students and letting them know which date they will be photographed. You may choose to place a picture order using the form that comes home or you can order online. Orders can wait to be placed until after you view the proofs, if desired.

Seniors and Parents

We are very fortunate to have Ms. Velma Green, from the Maryland Educational Opportunity, at Mt. Hebron to help navigate through the financial aid process for your student's college education. She is knowledgeable in working on the FAFSA, as well as with many grants/loans. This is a FREE service.

She will be available by appointment on Mondays beginning Oct. 8th in Student Services office between 9am-1pm (last appointment). There is limited space.

Contact Ms. Mathias in Student Services, or your student's counselor, to schedule an appointment. You are encouraged to bring any pertinent financial statements.

Youth in Conversation

Youth in Conversation is a group of high school students who want to "talk about the things no one talks about." The goal is to build community by having conversations about identities we have in common and issues that separate us, such as race, culture, religion and gender.

All HCPSS high school students are welcome & free dinner will be provided by #OneHoward and the Columbia Association each evening we meet

We will meet the second and fourth Monday of every month from 6:30 – 8:30 p.m. at Oliver's Carriage House, 5410 Leaf Treader Way, Columbia, MD 21044 (also known as Kittamaqundi Community Church)

Meeting Dates in 2018/2019: 10/8 & 10/22, 11/12 & 11/26, 12/10, (We will not meet the fourth Monday in December because of Winter Break) 1/14 & 1/28, 2/11 & 2/25, 3/11 & 3/25, 4/8 and 4/29 (In April we will meet the 5th Monday instead of the 4th Monday because of Spring Break), 5/13

Please see the FRONT OFFICE for a form if you would like to participate.

Best Buddies

The first chapter meeting for Best Buddies will be held Wednesday, Oct. 10th after school in the cafeteria. The meeting will end at 3:30pm. Chapter meetings will happen on the 2nd Wednesday of each month. Please be sure to register at bestbuddiesonline.org.

Viking 5K and 1 Mile Fun Run, This Sunday!

This Sunday, the Mount Hebron Viking 5K, race starts at 9AM! Shirts are on the way, a gold colored wicking material with black lettering. We will have two special raffles (Clark's ACE hardware, and a kid's raffle) and also **door prize raffles**! Giant is providing the hospitality table. The top prizes are \$120 shoe certificates for Feet First! This year we have a solid second prize in \$20 Dick's Sporting Goods Cert!

Thanks to those who have registered! If you have not registered yet, online registration is open until Midnight Thursday. If you are looking for the family discount, best would be to register at packet Pickup Friday evening at Feet First, or Saturday evening at the MHHS Lobby. Feet First will be providing 15% discount on shoes and 10% on accessories for packet pickup, please stop there! Keep in mind race prices increase on race day.

No Volunteer will be refused! Students, this is a fun social event to add some volunteer hours. Parents, the more we spread it out, the more fun it is! Reg link: https://www.athlinks.com/event/viking-5k-cross-country-race-2018-210846 Packet Pick up and race iinfo here: http://www.vikingbackers.org/viking-5k-race-details.html

Lastly, a big thank you to the race sponsors: American Pest, Revive PT, O'Donnel Honda, ACNC, and Feet First And the Prize Sponsors, Clark's ACE Hardware, Dick's, Pie Five and Soft Stuff.

The weather dice are still tumbling, stay tuned!

Questions, comments and suggestion: Mth.Viking5K@gmail.com
Thanks, and hope to see you next Sunday!

Leadership and Service Opportunity for All Middle and High School students

Are you interested in:

- Sharing the Student Voice on HCPSS Policy and Community Issues
- Gaining Leadership Skills
- Practicing Community Service
- Working with student leaders from across HCPSS

Please attend Howard County Association of Student Councils (HCASC) meetings throughout the year on the second Wednesday evening of each month.

Next Meeting Wednesday 10/10 7-8:30 at the Board of Education 10910 Clarksville Pike, Ellicott City, MD 21042

For more information please contact: cindy drummond@hcpss.org

Launching the Mt. Hebron Cycling Club

Does the student have to compete in order to be a part of the Mt Hebron Cycling Club?

No: A student simply needs to own a bicycle and share their enthusiasm for the two wheeled sport

How can the student join the club

Go to Canvas Clubs and Activities and join the Mt. Hebron Cycling Club. Participate in any club meetings during Viking time. Participate in student led rides. Last of all, stay positive and have a great time pedaling your bike

Are there any rides the student can participate?

Yes: Students organize and lead their own rides.

Is there an advisor for the Mt Hebron Cycling Club?

Yes: Mr. Champney is the lead advisor. He can be found in room 001 or contacted via email dennis_champney@hcpss.org Also, Mr. Young and Mr. Bennett are also certified NICA coaches working with the students on race days and at practices. They are both parents of active Mt. Hebron Students

Who are the Mountain Lions?

They are the Composite Racing Team in Howard County. There are currently 21 team members from Mt. Hebron, Marriott's Ridge, Reservoir and the feeder Middle Schools in the Norther Howard County Area. Since the team is not school based we have the luxury of joining other schools to increase the number of students on the team. The composite team is led by numerous male and female coaches representing different school areas in the county.

How do I join the Maryland Interscholastic Cycling League?

Students can register with the Mountain Lion Cycling Club by visiting https://mtlionmtb.weebly.com/ Students may attend a practice ride with their parents in order to see if this is a club they want to join. All NICA certified coaches are more than happy to answer any questions at any time. Students must be of Middle School age or High School age.

What is the National Interscholastic Cycling League (NICA) and the Maryland Interscholastic Cycling League (MICL)

Founded in 2009, the National Interscholastic Cycling Association ("NICA") develops interscholastic mountain biking programs for student-athletes across the United States. NICA provides leadership, services and governance for regional leagues to produce quality mountain bike events, and supports every student-athlete in the development of strong mind, strong body and strong character through interscholastic cycling.

NICA sees a future where every American youth has the opportunity to build strong body, mind and character through interscholastic cycling. To this end, NICA will continue to work diligently to:

- Promote athlete skills development, excellence, teamwork, professionalism and respect for the community and the environment;
- Promote the sport of mountain biking and the benefits of mountain biking as a healthy, low impact, outdoor recreational lifestyle;
- Provide national leadership and governance through comprehensive policies, rules and guidelines to establish fair rules of play and codes of conduct;
- Provide comprehensive Coaches Training and licensing program to establish and maintain national standards and best practices;
- Provide comprehensive risk management guidelines for mountain bike programming to establish and maintain national standards and best practices;
- Provide technical assistance and support for League formation, team formation, races, camps and special events;
- Provide successful models of League development, sustainable fiscal growth, and corporate and individual donor development; and
- Advocate for the environmental conservation of natural areas and parklands, mountain bike trail access, and the development of sustainable trail systems

MICL

The Maryland Interscholastic Cycling League was organized in 2017 to provide a fun, safe and high quality mountain biking program for students in grades 6 to 12. With the cooperation of our partners and our sponsors, we are able to provide a competitive mountain bike racing experience. Regardless of ability level, the Maryland League is committed to providing a positive experience for all student-athletes in accordance with NICA's Five Core Principles: Inclusive, Equal, Strong Body, Strong Mind and Strong Character. In turn, Maryland's goal is to create life-long cyclists who are conscientious, responsible and empowered.



JOIN TODAY!!!!!!!!!!!!!!!!!

Where can I see the Cycling Club in action?

Sunday, October 14 at Rosaryville State Park

Sunday, October 21 at Button Farm Living History Center

Race #4: Sunday, November 4 at Rivers Edge Trails in Brunswick, MD

WORTH REPEATING

Yearbooks are here!

Those who have not purchased a 2018 yearbook (they're \$85) can do so during lunches October 9th, and 11th. Students can also purchase yearbooks before school in room 232 or after school until 2:40pm. Yearbooks are limited—only 18 remain! Don't miss your chance to hold onto your Viking memories from the 2017-2018 school year. Please email Lauren_Fischetti@hcpss.org with any questions!

Transcript Request Deadline for College Application

The deadline for requesting transcripts for November 15th college applications is October 15th.

Science National Honor Society

If you are interested in applying for the Science National Honor Society you may click on the link to access the application. Science National Honor Society Application Completed applications must be turned in to Mr. Blocklin or Ms. Mongano by Wednesday, October 31, 2018. Please see/e-mail Mr. Blocklin or Ms. Mongano with any questions. daniel blocklin@hcpss.org or amy mongano@hcpss.org

Innocent Stolen: Protecting Our Children Online

Think about what life would have been like if you faced internet dangers when you were impulsive and your brain was not fully developed.

HCEA in collaboration with the Howard County Public School System is sponsoring a free event from 6-8 pm on October 10th at Rouse Theater located at 5460 Trumpeter Rd. Columbia, MD. The presentation will be facilitated by Department of Justice Community Engagement Specialist, Vincent DiVivo. This session will discuss topics such as protecting internet privacy, online predators, sexting, and other topics that present a risk to our students who have access to the Internet, especially their own devices. Mr. DeVivo will also share recommendations that families can implement to help keep their children safe as well as protect their own privacy while using the Internet.

Registration is requested in order to guarantee adequate seating. Please copy and paste the link below into your web browser to register

https://marylandeducators.wufoo.com/forms/protecting-our-students-october-10-2018/?link_id=1&can_id=c07b7dc73e34612ac2c54ad314262f38&source=email_innocence-stolen&email_referrer=email_429380&email_subject=innocence-stolen

Beyond School Hours Programs

Several intervention initiatives are available this year to support the academic success of our students:

- 1. The **Media Center** is open until **3:45PM** on **Tuesday** & **Thursday** for students who would like to study, use the computers, work on group projects, or receive tutoring.
- 2. An After School Activities Bus is available on Tuesdays and Thursdays beginning September 25 and continuing until May 16. The bus will depart at approximately 4:00pm from the front of the school and make stops at four major areas: Liter Court & Liter Drive, Hollifield Station Elementary School, Town & Country & West Spring Drive, and Worthington Elementary School. Students may use the After School Activities Bus if they need to: make-up work, attend club meetings, serve detention or study in the Media Center. This should be especially useful for our Freshmen and Sophomore students who do not drive to school. If you would like your son or daughter to ride the After School Activities Bus, please have them pick-up a permission form in the front office.
- 3. Tutoring in major academic subjects, English, Math, Social Studies, Science and World Language will become available on **Tuesdays and Thursdays** in the **Media Center**.

Please direct any questions to Danielle Borgia and Dwayne Williams.

Withdrawal Date for Students to Drop Classes

Please note that the county *withdrawal date for students to drop courses is*Thursday, October 18th. This is different than what is listed in the county calendar that went out.

Play It Safe Poster Contest

An amazing opportunity for all of our creative and talented students. Check out our website & click on "Play It Safe Poster Contest" under our News section for more information. https://mhhs.hcpss.org/news

The PSAT Is Right around the Corner

Another "save the date" for your calendar! On Wednesday, October 10, the PSAT will be administered to student in grades 9-11 in the morning. Students will attend regular classes in the afternoon. The schedule will be adjusted once testing is complete.

There will not be a make-up day for the PSAT. Students will need to bring #2 pencils and an approved calculator such as the TI-83. Calculators may not be shared. Late students will not be allowed to enter a testing classroom once the test has begun, so please help ensure your student arrives to school on time. We have over 1200 students taking the PSAT, and we need to start immediately at 7:25am.

Other than for emergency purposes, please do not plan on picking up your child for early dismissal until the test is completed.

<u>If you are a SENIOR</u>, we encourage you to use this day (October 10th) as a discretionary day to visit colleges, set up appointments etc. If seniors are in need of assistance on their college essays, English teachers will be available to help in the Media Center. Please note: if you enter the Media Center for assistance, you will be required to remain in the media center for the duration of the test as all other teachers will be proctoring the exam.

As a reminder, your VALHALLA VOICE is coming on Monday with the latest news from your parent advocacy groups and community.