



PRINCIPAL'S NEWSLETTER

June 21, 2019

It's our last Friday, Vikings, (and the first official day of summer)!

Thank you for another amazing and productive school year filled with countless celebrations and happy memories! I am so grateful to be leading such a remarkable community of students, parents, and staff and there are not enough words to express my deep gratitude and appreciation for the endless hours of volunteering, planning, chaperoning, organizing, driving, donating and doing whatever is necessary to support our students, both at home and at school. I owe a special note of thanks to our **PTSA** and **Viking Backers** who continue to provide endless supports, small, large and unimaginable to enrich the experience for our students as well as our staff.

That experience could not occur without the endless energy, skills and devotion of our Viking staff. Both our teachers in the classroom and our dedicated staff who work outside the classroom are an incredible group of professionals who make it a pleasure to come to work each and every day and watch the ways in which they engage your students and help guide their paths to success.

Over the summer vacation, I will be working with colleagues to put into place a smooth opening to the new academic year and setting priorities to build upon our current successes and implement several new, exciting initiatives. Just as we seek to continually challenge our students, we seek, too, to challenge ourselves to do better and be better, holding ourselves to the same high standards we expect of our students. If you're looking to stay engaged with us over the summer, our PTSA will be leading 3 book discussions (you only need to attend one) on **Restorative Justice**. (See below under New News for more information.)

I will write to you next on Friday, August 30th in anticipation of starting our new academic year on Tuesday, September 3rd!! Are you ready Class of 2020? Until then, I wish you all a restful and restorative summer vacation with time to reflect on all that we've shared together this past year. The passion and strength within our community make our school a truly special place for our students and staff, and I am deeply honored to be your principal.

From the bottom of my grateful and overflowing heart, THANK YOU FOR EVERYTHING!!!!

Until next year, wishing you love, laughter & learning,
Joelle

FOLLOW US & STAY CONNECTED

Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)

Website: <http://mhhs.hcpss.org/>

Student Online Newspaper: The Mountain: <https://mthmountain.com/>

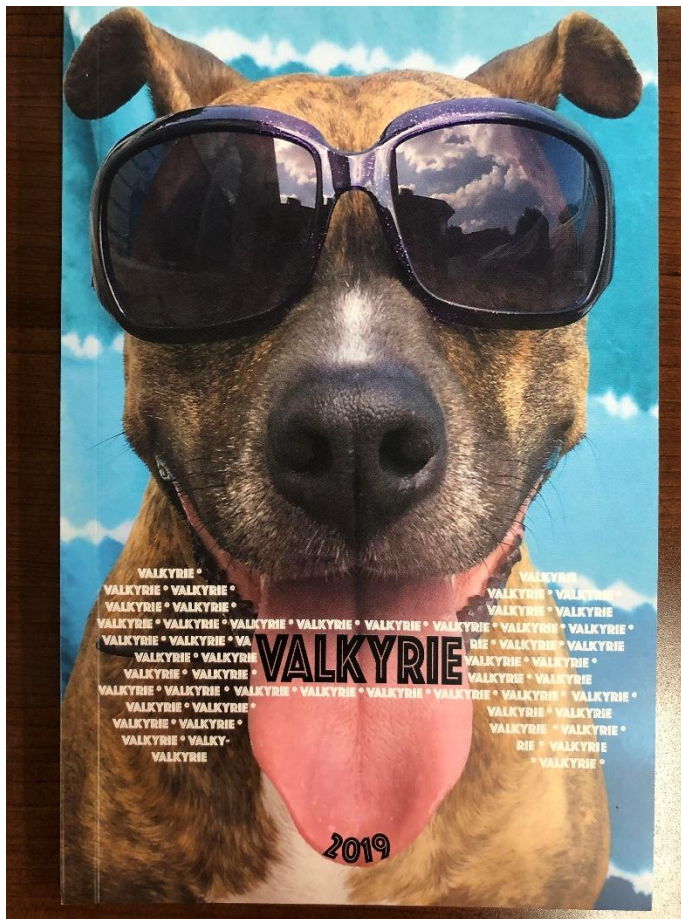
UPCOMING DATES/EVENTS

See the calendar on our website for additional dates.

Date	Time	Event
June 17-22	4-7pm	MHHS Youth Football Camp @Turf Field
June 21		2019 Yearbook Sales Close
June 21	11:10am	Last Day of School
August 12	6:30pm	Parent Meeting for the Fall Sports
August 14		Fall Athletics Begin
August 29	9-12pm	New Student Orientation
September 5	6:30pm	Back to School Night for 2019-2020

CELEBRATIONS!

****For even more celebrations & good news, follow us on Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)**



Congratulations to Lorin Rocheleau

(Class of 2019) whose photograph of her dog, Reese, was chosen for the cover of this year's ***Valkyrie!*** Congratulations also go to all of the other students whose submissions were chosen for publication in our 2019 literary magazine. From poetry to short stories to artwork, screenplays, photographs and more, this literary compilation is an incredible tribute to the multi-talented students we have at Hebron.

A huge shout-out also go to this year's Managing Editor, **Jennie Hardman**, (Class of 2019) as well as their terrific and tireless sponsor, **Ms. Jennifer Goodwin**. We look forward to this publication every year, a long-standing Hebron tradition, and are so grateful to everyone who submitted an entry!

UNITY DAY RALLY PICTURES!!







Congratulations to the Mt. Hebron Drumline who was involved in an amazing project with the U.S. Army. Click below to see their “We Won’t Be Defeated” video, featuring several of our talented musicians!

<https://www.facebook.com/ArmyFieldBand/videos/454018278489566?s=1058857994&v=e&sfns=mo>

Congratulations to Caelia Chung, Lexi Cucchiaro, and Aboli Dahiwadkar for being selected to participate in the Howard County Gifted and Talented Orchestra. Each of these talented musicians received a certificate of recognition from Senator Katie Fry Hester, Legislative District 9. We are so proud of you!!

Congratulations to the following Track and Field students for their outstanding Season and Nationals!!

Satori Valentine

- Made the Baltimore Sun first Team
- All-Met (Washington Post) First Team
- Howard County Female Outdoor Runner of the Year
- Nationals broke the 400m school record with a time of **55.34**

Jaiden Ritter

- Howard County first team
- Baltimore Sun Second Team

Joel Evan

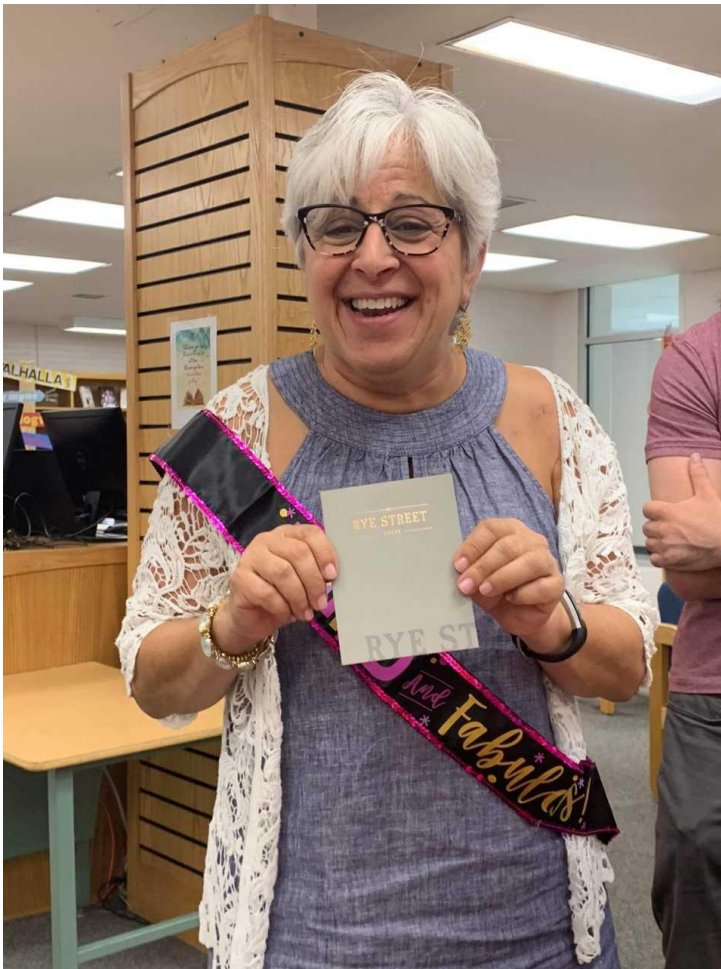
- Howard County first team

Nationals

- Boys 1600 meter relay placed 4th
 - The first relay to score at Nationals in school history (**Tyler Lizzo, Justin Evans, Kobe Hill, Joel Evans**)
- Girls Swedish Relay (400, 300, 200, 100) **ALL-AMERICANS PLACED 6TH**
 - **Satori Valentine, Sierrah Matthews, Jaiden Ritter, Blaire Ridgely**
 - **BROKE SCHOOL RECORD (2:13)**
- Girls 4x100 Placed 8th
 - **BROKE SCHOOL RECORD (48.23)**
 - **Jaiden, Blaire, Garcelle Pierre, Jordan Foster**
- Girls 4x200 placed **(1:40.96)**
 - **BROKE SCHOOL RECORD**
 - **Sierrah, Garcelle, Blaire, Jaiden**
- Girls 4x400 placed 10th
 - **BROKE SCHOOL RECORD (3:48.97)**
 - **Sierrah, Garcelle, Jaiden, Satori**



Thank you to **Terri Gainey & Erin Lanthier** and all of the people who donated to our end of year staff luncheon. It was truly a wonderful celebration to conclude yet another spectacular year! We appreciate everything you do for us so very much!! Thank you!!



Congratulations to Special Education Teacher, **Michelle Mann**, who is retiring after 30 years of service to our students! She has touched countless lives with her passion, her kindness, and her huge heart. We will miss her and her smile and wish her every happiness as she embarks on the next chapter in her journey.

"A hundred years from now, it will not matter what kind of car I drove, what kind of house I lived in, how much money I had in the bank...but the world may be a better place because I made a difference in the life of a child."

— Forest Whitcraft

The following staff members are leaving Mt. Hebron. Each of you has made invaluable contributions to our community, and we will miss you dearly even as you wish you joy and success!

Mr. Dwayne Williams, Assistant Principal
Ms. Christine Aragon, Social Studies Teacher
Ms. Christine Maynard, Special Education Paraeducator
Betsy Rice, Pupil Personnel Worker
Gwen Tyrie, Student Assistant
Kimberly-Ann Wilson, Speech Pathologist

Congratulations to Dianne Owsley, who has been promoted from Night Custodian to Night Chief at Mt. Hebron! We are so happy for you, Dianne and know our building is in great hands in the evenings!

NEW NEWS

Restorative Justice in Education: PTSA Book Discussion for Families

What is *Restorative Justice in Education (RJE)*? It is a school culture that encompasses the core beliefs that all human beings are worthy and interconnected, and supports the three key values of respect, dignity, and mutual concern. Mt. Hebron High School is adopting an RJE culture. Want to learn more? Attend one of three repeating book discussions over the summer (you only need to attend one):

Wednesday, July 17 7:00-8:30pm at Mt Hebron media center [Register HERE](#)

Tuesday, July 23 @ 7:00-8:30pm at Miller Library Avalon Room [Register HERE](#)

Thursday, August 8 @ 7:00-8:30pm at Mt. Hebron media center [Register HERE](#)

Reserve your spot early and the PTSA will provide you with a free copy of the book: “The Little Book of Restorative Justice in Education: Fostering Responsibility, Healing, and Hope in Schools” by Katherine Evans and Dorothy Vaandering.

Questions? Email mthebronptsa@gmail.com.

Yearbook Sales

2019 yearbook sales close next Friday, June 21st—the last day of school! Make sure you purchase your yearbook before they run out!! Go to Jostens.com today.

Class of 2020—Senior portraits start Monday, June 17th. Make sure you check your appointment card for your appointment time. See Ms. Fischetti with any questions.

WORTH REPEATING

Hebron Students in "Spelling Bee"



While the Scripps National Spelling Bee is over, *The 25th Annual Putnam County Spelling Bee* starts this Friday! This heartfelt musical comedy about a group of larger-than-life characters competing in a local Bee features the work of 4 very talented Mt. Hebron students:

Nina St. Hillaire, Max Nzone, Nick Brogan, & Leah Reineck
(plus it's directed by our amazing Interim Drama Teacher, Stephanie Williams!)

Performances are this weekend and next **at Drama Learning Center in Columbia**. Use discount code "hebronstudent" to get \$15 tickets.

The cast is comprised of High School and College performers who are members of Drama Learning Center's professional training program, Teaching Young Artists. Tickets available by calling the box office at 410-997-9352 or online at <https://dramalearningcenter.com/tya-spelling-bee/>

Show dates & Times: June 20-22 at 7:30pm

Academic Coaches SAT Prep Class (@ MHHS)

In preparation for the August 24th SAT
OPEN FOR REGISTRATION

Register at: <http://academic-coaches.com/>

Academic Coaches has teamed up with the MHHS PTSA to offer the most complete school-sponsored class for the SAT!

**Completion of Algebra II is recommended*

When:

Tuesday, July 23, Diagnostic Test 3:30pm- 7:45pm

Tuesday, July 30, Mathematics 3:30 pm-6:30pm

Thursday, August 1 Reading/Writing 3:30pm-6:30pm

Tuesday, August 6, Mathematics 3:30pm-6:30pm

Thursday, August 8, Reading/Writing 3:30pm-6:30pm

Tuesday, August 13, Mathematics 3:30pm-6:30pm

Thursday, August 15, Reading/Writing 3:30pm-6:30pm

Tuesday, August 20, Mathematics 3:30pm-6:30pm

Thursday, August 22, Reading/Writing 3:30pm-6:30pm

Saturday, August 24 SAT!

Where: Classes will be meeting in Room 101.

How to register: academic-coaches.com

Moving During the Summer?

Parents/Students, if you plan to move during the summer, please contact the registrars to learn what is required. They can be reached by email, sheila_winters@hcpss.org and Kimberly_tracy@hcpss.org, or phone, 410-313-2883.

Instructions for Fall Sports Registration

1. Go to <https://www.hcpss.org/connect/>
2. Login to your connect portal (must be the parental login. Using your students log in info. will not allow registration)
3. Once logged go to the menu on the left and click HS Athletic Registration. (if you have more than one student make sure you have selected the student from the drop down menu at the top of the page.)
4. Click on Athletic Registration.
5. Complete all forms. Do not skip or leave any boxes blank. Please upload physical dated after April 1, 2019. Older physicals will not be accepted. Please load BG&E bill dated after June 1, 2019. Older BG&E bills will not be accepted.

All Fall Athletics Begin on August 14th, 2019.

Sports Physical Exams



SPORTS PRE-PARTICIPATION PHYSICAL EXAMS

- WHEN:** Saturday, August 3, 2019
Saturday, August 11, 2019
- TIME:** 9 am to 12 pm (last patient taken at 11:30 am)
- WHERE:** University of Maryland Faculty Physicians, Inc.
Urgent Care Building
5890 Waterloo Road, Columbia
- WHY:** A yearly physical exam is required by Howard County to participate in all sports.
- COST:** \$30 (cash and credit accepted)

**WALK-INS
WELCOME, NO
APPOINTMENT
NECESSARY.**

**Please remember to bring
your clearance form to be
filled out by our team.**



UNIVERSITY of MARYLAND
SPORTS MEDICINE

For more information, call **667-214-2736**.

Teen Advisory Council

HC DrugFree's Teen Advisory Council (TAC) meets one Monday evening a month from 5:30 p.m. to 7:00 p.m. at The Barn/Teen Center in the Oakland Mills Village Center and is open to all Howard County high school students. Community service hours are available for all meetings and events. To register, please visit www.hcdrugfree.org and go to the Teen Advisory Council page. Refreshments provided at meetings, so must RSVP to Admin@hcdrugfree.org or call 443-325-0040.

ATTN: Current and Former MTH Band Students

We are *looking for any MTH band instruments that might be lying around your house*. It seems that several instruments have been borrowed over the years and not returned to the band program upon graduation or leaving the program. If you have an instrument that belongs to Mt. Hebron, please kindly return the instrument to the front office or directly to Mr. Fischer in the Band Room. No questions asked. Thanks for your assistance as we work together to ensure the success of the band program for years to come.

Do you play a Woodwind, Brass or Percussion instrument? If YES, I have just the thing for you... JOIN BAND!

I wanted to reach out and let you know how excited I am to be joining the Mt. Hebron community as the new Band Director. I know that for many of you, band was once an important part of your daily schedule, and I am reaching out to encourage you to consider joining band again. The Mt. Hebron Band Program has a storied history that dates back to 1964 when the band first performed as an integral part of the Mt. Hebron Community. I am looking forward to building on the tradition of excellence that has become the cornerstone of the program.

I recognize that there are many reasons why students choose not to participate in band in high school. I respect that band may no longer be a top priority or even an interest, however I want you to know that I would love to speak with you to discuss ways that you might enjoy band in high school. You can find me in the band room before school or during lunch (4A). There is a place for everyone in our band family. So... If you currently play, used to play or wish you could play an instrument, stop by to see me or feel free to contact me directly at joe_fischer@hcpss.org.

Student Mentors Needed from Our Community

Have you ever considered serving as a mentor to a high school student? The Mt. Hebron High School Gifted and Talented Research Program is seeking professionals to be mentors to students enrolled in the Intern/Mentor Program for the 2019-2020 school year. This is a wonderful opportunity for students who wish to evaluate a career or college major through a research-based course while in high school. Students generally spend five hours each week working with their mentor in a variety of ways.

Students receive credit for their time with you and engage in a number of activities! For example, a student with a doctor in an operating room might simply shadow the mentor during various surgeries; a student in a research lab would be assigned part of the research study; a student in a law office might work with documents, sit in on client meetings, and go to court. The opportunities are limitless!

We are currently in need of mentors in the following fields:

Local Politics	Pediatrics/NICU nursing	Clinical psych research
International Relations/Policy	Physical Therapy	Social Work (children)
Criminal Law and other areas of Law	Clinical Medicine – Any field	Mental Health
Broadcast Journalism	Cardiac Surgery	Finance/Accounting
Investigative Journalism	Anesthesiology	Marketing
Architecture/Construction – Project development and management	Ophthalmology	Business/Entrepreneurship
Mechanical Engineering	Clinical pharmacy	Business/Finance
Aerospace Engineering	Cardiology (clinical or research)	Business - tech industry
Chemical Engineering	Neurology/Neuroscience - lab setting	Supply Chain Management
Electrical Engineering	Pharmaceutical Research	Chef/Restaurant Manager
Software Engineering	Energy/Agriculture - Lab	
Cybersecurity	Microbiology Lab Research	
Data Analytics	Biotech Lab	
	Physics Research	

If you work in one of the fields listed above and might be open to working with a high school student next year, please contact Dr. Melissa Kiehl, GT Resource Teacher, at mkiehl@hcpss.org.

2019 Viking Basketball Summer Academy

Boys Week: July 15-19

Co-ed Week: July 22-26

Girls Week: August 5-9

Hours & Location:

9am-2pm

Mt. Hebron HS Gymnasium

9440 Route 99, Ellicott City, MD 21042

Age Group:

Campers entering 2nd Grade through 9th Grade. Participants will be grouped by age, ability, and experience level.

Tuition - \$200

***Tuition includes: MTH camp team jersey, awards, and a basketball!**

Gift Incentive! Send your child to two weeks of camp and receive an additional takeaway on their second week!

HOW TO REGISTER

- 1. Go to the website: vikingbackers.org**
- 2. Click the link "Summer Sports Camps"**
- 3. Follow instructions in the "Registration and Fees" Section**
- 4. Click link for registration completion**
- 5. Click links for payment completion**

General Camp Information:

The camp is planned to provide comprehensive skill instruction for beginning, intermediate, and advanced basketball players. Emphasis will be placed on fundamentals, individual skill development, and team strategy. In the first phase of the day, players will work in stations, learning important drills to improve all aspects of their craft. In the second half of day, students will compete in league play and various daily competitions. Campers will also have an opportunity to watch current & former players demonstrate individual and team drills.

Questions?

For Boys & Coed Week: Email jared_ettinger@hcpss.org

For Girls & Coed Week: Email tierney_ahearn@hcpss.org



HOWARD COUNTY PUBLIC SCHOOL SYSTEM

2019 Summer Meals Program

SURF INTO SUMMER WITH FREE MEALS!

The Howard County Public School System is pleased to announce its participation in the 2019 Summer Food Service Program. Summer meals will be provided to all children ages 18 years and under without charge. Acceptance and participation requirements for the Program are the same for all children regardless of race, color, national origin, sex, age, or disability. Parents or guardians do not need to apply to get free summer meals for their children. They can simply bring their child to the safe summer meal site(s). There will be no discrimination in the course of the meal service.

Free summer meals will be provided at the following sites and times as follows:

2019 Open Site Summer Meals Program

School Sites	Address	Dates	Time
Atholton HS	6520 Freetown Road, Columbia	June 25–August 16	12:30 –1:30 p.m.
Deep Run ES	6925 Old Waterloo Road, Elkridge	June 25–August 16	12:30 –1:30 p.m.
Ducketts Lane ES	6501 Ducketts Lane, Elkridge	June 25–August 16	12:30 –1:30 p.m.
Hammond HS	8800 Guilford Road, Columbia	June 25–August 16	12:30 –1:30 p.m.
Mayfield Woods MS	7950 Red Barn Way, Elkridge	June 25–August 16	12:30 –1:30 p.m.
Oakland Mills MS	9540 Kilimanjaro Road, Columbia	June 25–August 16	11:30 a.m. –12:30 p.m.
Stevens Forest ES	6045 Stevens Forest Road, Columbia	June 25–August 16	12:30 –1:30 p.m.
Wilde Lake MS	10481 Cross Fox Lane, Columbia	June 25–August 16	1 –2 p.m.
Mobile Sites	Address	Dates	Time
Howard HS (Parking Lot)	8700 Old Annapolis Road, Ellicott City	June 25–August 21	1:15–2:15 p.m.
Jeffers Hill ES (Parking Lot)	6000 Tamar Drive, Columbia	June 25–August 21	11:30 a.m.–Noon
Phelps Luck ES (Parking Lot)	5370 Old Stone Court, Columbia	June 25–August 21	12:30 –1:30 p.m.
Swansfield ES (Parking Lot)	5610 Cedar Lane, Columbia	June 25–August 21	11:30 a.m. –Noon
Wilde Lake Tennis Club (Parking Lot)	10499 Cross Fox Lane, Columbia	June 25–August 21	12:15 –12:45 p.m.
Community Sites	Address	Dates	Time
Howard County Library System East Columbia Branch	6600 Cradlerock Way, Columbia	June 25–August 21	Noon –1:30 p.m.
North Laurel Community Center	9411 Whiskey Bottom Road, Laurel	June 25–August 21	Noon –1:30 p.m.

The Summer Food Service Program is funded by the U.S. Department of Agriculture (USDA), through the Maryland State Department of Education (MSDE) and is an extension of the National School Lunch Program, which is designed to guarantee eligible children free and nutritious breakfasts and lunches during the school year. Meals served will be healthy and will follow USDA nutrition guidelines.

All meals will be served on a first-come first-served basis and all meals must be eaten on site. No portion of the meal may be taken out of the meal serving area(s) and adults may not eat any portion of a child's meal. Small children must have adult supervision. The days/hours of operation and start/end dates may vary, based on participation levels.

For more information, please contact the Howard County Public School System, Food and Nutrition Service at 410-313-6743.

This institution is an equal opportunity provider.