

PRINCIPAL'S NEWSLETTER

June 14, 2019

Happy Friday, Vikings!

Every day is a great day to be a Viking, but today was an extra special day! This morning we held a Unity Pep Rally, the pinnacle event of our week focused on celebrating our differences and showing our school unity. Unity Week was spearheaded by some truly amazing students who initiated it in response to a recent cyberbullying event at our school. My deepest appreciation to **Juniors Jacob Bashura** and **Emily Weller**. I am in awe of your compassion and your hearts. When I grow up, I want to be just like you!

I also want to thank their sponsor, **Ms. Trish Ewart**, who is one of our incredible Special Education Teachers. You can see Ms. Ewart, along with other staff members and several of our students in this video (https://mthmountain.com/the-summit-a-broadcast-division-of-the-mountain-news/) created by our remarkable newspaper students and their fantastic teacher, **Ms. Rachel Fulchino** (Shout out to her completely adorable son, Paolo, who makes a cameo appearance!) All of our students watched the video in their English classes this week. The video does a beautiful job of educating about common misconceptions regarding disabilities and creating awareness about how, though we may learn differently, we all have the same feelings and desire to be included and make friends.



Other Unity Week activities included morning announcements celebrating friendships and ways to show support and kindness to one another, wearing either blue or our Hebron for Hope (H4H) t-shirts today, a Unity Mural created by our AP Art Class under the guidance of their teacher, Ms.

Mary Kate Hannah, writing positive messages and words of kindness on hearts that have been displayed in our hallways this week, and students recognizing each other for acts of kindness or

demonstrations of friendship by filling out an Act of Kindness card in the media center. All cards were then entered in a prize drawing held today as well!

The above poster hangs on a door in one of our hallways, and I pass it daily as I make my rounds. It was created by a 4th grader at Hanover Hills Elementary School, and it reminds us that regardless of where you go to school in our diverse county, you are welcome. No matter your story, your background, your ethnicity, your beliefs, or the hundreds of other facets that make each of us unique, we are all still more alike than we are different. And in Viking Country, we celebrate our differences and welcome everyone. Always. I couldn't be prouder to call myself a Viking, and if you'd seen your kids in action this week, you'd feel exactly the same.

I've always said that the teachers in our building are unequivocally some of Howard County's finest, but this week, many of our students became our teachers. Our future is in excellent hands.

Joelle

P.S. Here is a complete list of students involved in Unity Week. These kids are phenomenal! If you see them, please let them know how proud you are of them! They've started a new Viking tradition. What a legacy they're going to leave!!

THANK YOU to the following students who helped Jacob & Emily plan and organize Unity Week.

Sarah Cangialosi Sam Williams Delila Ives Alex Wendt Kevin Aguilera Tommy Pearce Alex Masse Sophie LeClaire Kelsea Wisniewski

Kelsey Scamon
Tanith Thorogood

Emily Weller

Jacob Bashura

Frin Park

Eleanor Karveh Emily Rager

Callie Shad Trisha Anand

Yaonjae Choi Ashley Carden

Nathaniel Mainor Jason Grafton Corey Harman

Tess Harris
Juliet Bosilovich

Ha Neal Kim

Grace Chaffinch

Mara Poole Lexi Croft

Alana Brown

Noel Quijada Kevin Watts

Emily Weller

Lara Szabo-Banciz

Morena Mooney Dominic Martin

Justin Im

Justin Richter Alejandra Avala

Olga Cobo-Raymundo

Mariela Hernandez-Barrera

Geneva Dash

Kent Ryu

Derrick Howard Shazim Moriani Malcolm Truett

Josh Jung

Mona Abdel-Halim Simarna Singh

FOLLOW US & STAY CONNECTED

Twitter: @hcpss_mhhs

Website: http://mhhs.hcpss.org/

Student Online Newspaper: The Mountain: https://mthmountain.com/

UPCOMING DATES/EVENTS

See the <u>calendar</u> on our website for additional dates.

Date	Time	Event	
June 14	6-8pm	Color Guard Mini Camps Meet in the Main Lobby	
June 17-22	4-7pm	MHHS Youth Football Camp @Turf Field	
June 18		1st period Final Exam (Full Day)	
June 19, 20, 21		Final Exams for HS/ Early Dismissal @ 11:10am	
June 21	11:10am	Last Day of School	
August 12	6:30pm	Parent Meeting for the Fall Sports	
August 14		Fall Athletics Begin	
August 29	9-12pm	New Student Orientation	
September 5	6:30pm	Back to School Night for 2019-2020	

CELEBRATIONS!

**For even more celebrations & good news, follow us on Twitter: @hcpss_mhhs

Congratulations to our extremely dedicated and exceptional Special Ed Instructional Team Leader, **Colleen Garrant**, who has accepted a position with the department of Special Education as a secondary resource teacher for the 2019-2020 who year. Central Office's gain is our loss, but we are so happy for Colleen! Best of luck in your new position, Colleen!

Congratulations to Junior **Pradyumna Kotla** who received The George Washington University Book Award Certificate of Recognition for his academic excellence, leadership outside of the classroom, diversity of thought, and ability to put knowledge into action. George Washington honors students who have committed to becoming their best selves. So proud of you Pradyumna!

Congratulations to the Math Students of the Month!!

Common Core Algebra I: Antonio Partipilo, Grace Shanley

Trig & Math Analysis: **Jason Brown**Common Core Algebra II: **Alex Graham**

Trigonometry: Caroline Barrett
Algebra II GT: Connor Croft
PreCalculus GT: Jennifer Lee

Common Core Geometry: Ben Peters, Connor Hamill, Dylan Vogelpohl

Math Analysis: Jessica Y

Calculus C: Aditya Krishna, William Li

Geometry GT: Sascha Carrico

Congratulations to the following students who were voted Math NHS Leadership 2019-2020.

President: **David Wang** Vice President: **Karen Yi** Secretary: **Sachi Pawar** Webmaster: **Grant Kay**

Congratulations to the following staff members who are celebrating milestone anniversaries with our school system!

25 years

Jennifer Green Dina Reyes Kathleen Vandecastle Shannon Milam

20 years

Christopher Hettenbach Karen Mckenzie Michael Tittsworth Katie Clark David Shumway Mary May

15 years

Mike Gorleski
John K Hale
Jerdine Nolen
Jamie Kim
Alana Alkire
Tommy Tittsworth



Congratulations to **Satori Valentine** who is the 2019 Outdoor Female Track & Field Athlete of the Year!!



Thank you so much to our PTSA Staff Appreciation Committee who continues to delight us with surprises! You never fail to bring a smile to our faces!!

NEW NEWS

FINALS ARE NEXT WEEK!!

Tuesday, June 18 (Full day of school; B Day)

- Period 1 Exam, 7:25-9:05 a.m.
- Period 2 Class, 9:10-9:50 a.m.
- Period 3 Class, 9:55-10:35 a.m.
- Period 4B Class and lunch, 10:40 a.m.-12:40 p.m.
- Period 5 Class, 12:45-1:25 p.m.
- Period 6 Class, 1:30-2:10 p.m.

Wednesday, June 19 (Schools Dismiss Three Hours Early)

- Period 2 Exam, 7:25-9:05 a.m.
- Brunch, 9:05-9:25 a.m.
- **Period 3 Exam**, 9:30-11:10 a.m.

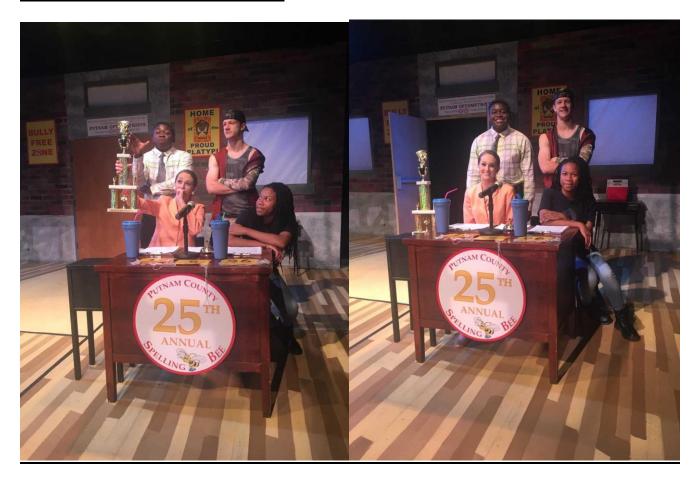
Thursday, June 20 (Schools Dismiss Three Hours Early)

- Period 4A Exam, 7:25-9:05 a.m.
- Brunch, 9:05-9:25 a.m.
- **Period 4B Exam**, 9:30-11:10 a.m.

Friday, June 21 (Schools Dismiss Three Hours Early; Last Day of School)

- Period 5 Exam, 7:25-9:05 a.m.
- Brunch, 9:05-9:25 a.m.
- Period 6 Exam, 9:30-11:10 a.m.

Hebron Students in "Spelling Bee"



While the Scripps National Spelling Bee is over, *The 25th Annual Putnam County Spelling Bee* starts this Friday! This heartfelt musical comedy about a group of larger-than-life characters competing in a local Bee features the work of 4 very talented Mt. Hebron students:

Nina St. Hillaire, Max Nzone, Nick Brogan, & Leah Reineck (plus it's directed by our amazing Interim Drama Teacher, Stephanie Williams!)

Performances are this weekend and next <u>at Drama Learning Center in Columbia</u>. Use discount code "hebronstudent" to get \$15 tickets.

The cast is comprised of High School and College performers who are members of Drama Learning Center's professional training program, Teaching Young Artists. Tickets available by calling the box office at 410-997-9352 or online at https://dramalearningcenter.com/tya-spelling-bee/

Show dates & Times: June 14-15, 20-22 at 7:30pm, June 16 at 2pm

WORTH REPEATING

Academic Coaches SAT Prep Class (@ MHHS)

In preparation for the August 24th SAT

OPEN FOR REGISTRATION

Register at: http://academic-coaches.com/

Academic Coaches has teamed up with the MHHS PTSA to offer the most complete school-sponsored class for the SAT!

*Completion of Algebra II is recommended

When:

Tuesday, July 23, Diagnostic Test 3:30pm-7:45pm
Tuesday, July 30, Mathematics 3:30 pm-6:30pm
Thursday, August 1 Reading/Writing 3:30pm-6:30pm
Tuesday, August 6, Mathematics 3:30pm-6:30pm
Thursday, August 8, Reading/Writing 3:30pm-6:30pm
Tuesday, August 13, Mathematics 3:30pm-6:30pm
Thursday, August 15, Reading/Writing 3:30pm-6:30pm
Tuesday, August 20, Mathematics 3:30pm-6:30pm
Thursday, August 22, Reading/Writing 3:30pm-6:30pm
Saturday, August 24 SAT!

Where: Classes will be meeting in Room 101.

How to register: academic-coaches.com

Moving During the Summer?

Parents/Students, if you plan to move during the summer, please contact the registrars to learn what is required. They can be reached by email, sheila_winters@hcpss.org and Kimberly_tracy@hcpss.org, or phone, 410-313-2883.

MHHS Youth Football Camp

Dates: June 17th-22nd **Time**: 4:00pm-7:00pm **Location**: MHHS Turf Field

Cost: \$125

Registration: https://docs.google.com/forms/d/e/1FAIpQLSe0Ls5OA6gy4qi_MFxXTSR5devc2v

<u>PnERavnyJjc8PMGCmnRA/viewform</u> **Contact**: <u>Coachfrederick75@gmail.com</u>

Audition Alert

The Mt. Hebron Marching Unit Color Guard (The Cavaliers) will be hosting a series of minicamps for new members. Members of the MtH Color Guard (known as the Cavaliers) spin flags, rifles, and sabres and also manipulate other props, adding an important visual element to the Marching Unit.

This auxiliary group is open to any Mt. Hebron student interested in being a part of our family.

No prior experience is required and students do not have to be enrolled in a performing ensemble to participate. Color Guard is a nongraded, extracurricular activity. So... talk it up with your friends and consider getting involved.

Color Guard Mini Camps

Wednesday, June 12 - Thursday, June 13 - Friday, June 14 6:00pm - 8:00pm (Meet in the main lobby of Mt. Hebron HS)





MT. HEBRON HS COLOR GUARD

know as the *Gavaliers* is comprised of students from throughout Mt. Hebron High School.

Students learn to spin flags / rifles and perform at football games, parades, and other events.

Students DO NOT have to be enrolled in a music class to participate.

MtHMU COLOR GUARD

"Cavaliers"

Mini (Audition) Camp

June 12, 2019
June 13, 2019
June 14, 2019
Mt. Hebron HS - Auxiliary Gym
6:00pm - 8:00pm,

Students will be provided hands-on instruction on basic flag and dance techniques.

No prior experience is required!

Please wear comfortable (athletic) clothing (including footwear) and bring water with you. We will provide everything else that you need.

Questions?

Email Tori or Mariah at mhhscavaliers@gmail.com

This event is sponsored by the MtHMU Boosters, Inc.

Instructions for Fall Sports Registration

- Go to https://www.hcpss.org/connect/
- 2. Login to your connect portal (must be the parental login. Using your students log in info. will not allow registration)
- 3. Once logged go to the menu on the left and click HS Athletic Registration. (if you have more than one student make sure you have selected the student from the drop down menu at the top of the page.)
- 4. Click on Athletic Registration.
- 5. Complete all forms. Do not skip or leave any boxes blank. Please upload physical dated after April 1, 2019. Older physicals will not be accepted. Please load BG&E bill dated after June 1, 2019. Older BG&E bills will not be accepted.

All Fall Athletics Begin on August 14th, 2019.

Sports Physical Exams



SPORTS PRE-PARTICIPATION PHYSICAL EXAMS

WHEN: Saturday, August 3, 2019

Saturday, August 11, 2019

TIME: 9 am to 12 pm (last patient taken at 11:30 am)

WHERE: University of Maryland Faculty Physicians, Inc.

Urgent Care Building

5890 Waterloo Road, Columbia

WHY: A yearly physical exam is required

by Howard County to participate

in all sports.

COST: \$30 (cash and credit accepted)

Please remember to bring your clearance form to be filled out by our team.



WALK-INS

WELCOME, NO

APPOINTMENT NECESSARY.

Teen Advisory Council

HC DrugFree's Teen Advisory Council (TAC) meets one Monday evening a month from 5:30 p.m. to 7:00 p.m. at The Barn/Teen Center in the Oakland Mills Village Center and is open to all Howard County high school students. Community service hours are available for all meetings and events. To register, please visit www.hcdrugfree.org and go to the Teen Advisory Council page. Refreshments provided at meetings, so must RSVP to Admin@hcdrugfree.org or call 443-325-0040.



Student Mentors Needed from Our Community

Have you ever considered serving as a mentor to a high school student? The Mt. Hebron High School Gifted and Talented Research Program is seeking professionals to be mentors to students enrolled in the Intern/Mentor Program for the 2019-2020 school year. This is a wonderful opportunity for students who wish to evaluate a career or college major through a research-based course while in high school. Students generally spend five hours each week working with their mentor in a variety of ways.

Students receive credit for their time with you and engage in a number of activities! For example, a student with a doctor in an operating room might simply shadow the mentor during various surgeries; a student in a research lab would be assigned part of the research study; a student in a law office might work with documents, sit in on client meetings, and go to court. The opportunities are limitless!

We are currently in need of mentors in the following fields:

Local Politics International Relations/Policy Criminal Law and other areas of Law Broadcast Journalism Investigative Journalism Architecture/Construction -Project development and management Mechanical Engineering Aerospace Engineering Chemical Engineering Electrical Engineering Software Engineering Cybersecurity **Data Analytics**

Pediatrics/NICU nursing
Physical Therapy
Clinical Medicine – Any field
Cardiac Surgery
Anesthesiology
Ophthalmology
Clinical pharmacy
Cardiology (clinical or research)
Neurology/Neuroscience - lab setting
Pharmaceutical Research
Energy/Agriculture - Lab
Microbiology Lab Research

Clinical psych research
Social Work (children)
Mental Health
Finance/Accounting
Marketing
Business/Entrepreneurship
Business/Finance
Business - tech industry
Supply Chain Management
Chef/Restaurant Manager

If you work in one of the fields listed above and might be open to working with a high school student next year, please contact Dr. Melissa Kiehl, GT Resource Teacher, at mkiehl@hcpss.org.

Biotech Lab

Physics Research

2019 Viking Basketball Summer Academy

Boys Week: July 15-19 Co-ed Week: July 22-26 Girls Week: August 5-9

Hours & Location:

9am-2pm Mt. Hebron HS Gymnasium 9440 Route 99, Ellicott City, MD 21042

Age Group:

Campers entering 2nd Grade through 9th Grade. Participants will be grouped by age, ability, and experience level.

Tuition - \$200

*Tuition includes: MTH camp team jersey, awards, and a basketball!

Gift Incentive! Send your child to two weeks of camp and receive an additional takeaway on their second week!

HOW TO REGISTER

- 1. Go to the website: vikingbackers.org
- 2. Click the link "Summer Sports Camps"
- 3. Follow instructions in the "Registration and Fees" Section
- 4. Click link for registration completion
- 5. Click links for payment completion

General Camp Information:

The camp is planned to provide comprehensive skill instruction for beginning, intermediate, and advanced basketball players. Emphasis will be placed on fundamentals, individual skill development, and team strategy. In the first phase of the day, players will work in stations, learning important drills to improve all aspects of their craft. In the second half of day, students will compete in league play and various daily competitions. Campers will also have an opportunity to watch current & former players demonstrate individual and team drills.

Questions?

For Boys & Coed Week: Email <u>jared_ettinger@hcpss.org</u>
For Girls & Coed Week: Email tierney_ahearn@hcpss.org

ATTN: Current and Former MTH Band Students

We are *looking for any MTH band instruments that might be lying around your house*. It seems that several instruments have been borrowed over the years and not returned to the band program upon graduation or leaving the program. If you have an instrument that belongs to Mt. Hebron, please kindly return the instrument to the front office or directly to Mr. Fischer in the Band Room. No questions asked. Thanks for your assistance as we work together to ensure the success of the band program for years to come.

Do you play a Woodwind, Brass or Percussion instrument? If YES, I have just the thing for you... JOIN BAND!

I wanted to reach out and let you know how excited I am to be joining the Mt. Hebron community as the new Band Director. I know that for many of you, band was once an important part of your daily schedule, and I am reaching out to encourage you to consider joining band again. The Mt. Hebron Band Program has a storied history that dates back to 1964 when the band first performed as an integral part of the Mt. Hebron Community. I am looking forward to building on the tradition of excellence that has become the cornerstone of the program.

I recognize that there are many reasons why students choose not to participate in band in high school. I respect that band may no longer be a top priority or even an interest, however I want you to know that I would love to speak with you to discuss ways that you might enjoy band in high school. You can find me in the band room before school or during lunch (4A). There is a place for everyone in our band family. So... If you currently play, used to play or wish you could play an instrument, stop by to see me or feel free to contact me directly at joe fischer@hcpss.org. I look forward to meeting you and building an even greater band program together.

The Howard County Public School System is pleased to announce its participation in the 2019 Summer Food Service Program. Summer meals will be provided to all children ages 18 years and under without charge. Acceptance and participation requirements for the Program are the same for all children regardless of race, color, national origin, sex, age, or disability. Parents or guardians do not need to apply to get free summer meals for their children. They can simply bring their child to the safe summer meal site(s). There will be no discrimination in the course of the meal service.

Free summer meals will be provided at the following sites and times as follows:

2019 Open Site Summer Meals Program

Address	Dates	Time
6520 Freetown Road, Columbia	June 25-August 16	12:30 –1:30 p.m.
6925 Old Waterloo Road, Elkridge	June 25-August 16	12:30 –1:30 p.m.
6501 Ducketts Lane, Elkridge	June 25-August 16	12:30 –1:30 p.m.
8800 Guilford Road, Columbia	June 25-August 16	12:30 –1:30 p.m.
7950 Red Barn Way, Elkridge	June 25-August 16	12:30 –1:30 p.m.
9540 Kilimanjaro Road, Columbia	June 25-August 16	11:30 a.m. –12:30 p.m.
6045 Stevens Forest Road, Columbia	June 25-August 16	12:30 –1:30 p.m.
10481 Cross Fox Lane, Columbia	June 25-August 16	1-2 p.m.
Address	Dates	Time
Address 8700 Old Annapolis Road, Ellicott City	Dates June 25-August 21	Time 1:15–2:15 p.m.
8700 Old Annapolis Road, Ellicott City	June 25-August 21	1:15-2:15 p.m.
8700 Old Annapolis Road, Ellicott City 6000 Tamar Drive, Columbia	June 25-August 21 June 25-August 21	1:15–2:15 p.m. 11:30 a.m.–Noon
8700 Old Annapolis Road, Ellicott City 6000 Tamar Drive, Columbia 5370 Old Stone Court, Columbia	June 25-August 21 June 25-August 21 June 25-August 21	1:15–2:15 p.m. 11:30 a.m.–Noon 12:30 –1:30 p.m.
8700 Old Annapolis Road, Ellicott City 6000 Tamar Drive, Columbia 5370 Old Stone Court, Columbia 5610 Cedar Lane, Columbia	June 25-August 21 June 25-August 21 June 25-August 21 June 25-August 21	1:15–2:15 p.m. 11:30 a.m.–Noon 12:30 –1:30 p.m. 11:30 a.m. –Noon
8700 Old Annapolis Road, Ellicott City 6000 Tamar Drive, Columbia 5370 Old Stone Court, Columbia 5610 Cedar Lane, Columbia 10499 Cross Fox Lane, Columbia	June 25-August 21	1:15–2:15 p.m. 11:30 a.m.–Noon 12:30 –1:30 p.m. 11:30 a.m. –Noon 12:15 –12:45 p.m.
	6520 Freetown Road, Columbia 6925 Old Waterloo Road, Elkridge 6501 Ducketts Lane, Elkridge 8800 Guilford Road, Columbia 7950 Red Barn Way, Elkridge 9540 Kilimanjaro Road, Columbia 6045 Stevens Forest Road, Columbia	6520 Freetown Road, Columbia June 25-August 16 6925 Old Waterloo Road, Elkridge June 25-August 16 6501 Ducketts Lane, Elkridge June 25-August 16 8800 Guilford Road, Columbia June 25-August 16 7950 Red Barn Way, Elkridge June 25-August 16 9540 Kilimanjaro Road, Columbia June 25-August 16 6045 Stevens Forest Road, Columbia June 25-August 16

The Summer Food Service Program is funded by the U.S. Department of Agriculture (USDA), through the Maryland State Department of Education (MSDE) and is an extension of the National School Lunch Program, which is designed to guarantee eligible children free and nutritious breakfasts and lunches during the school year. Meals served will be healthy and will follow USDA nutrition guidelines.

All meals will be served on a first-come first-served basis and all meals must be eaten on site. No portion of the meal may be taken out of the meal serving area(s) and adults may not eat any portion of a child's meal. Small children must have adult supervision. The days/hours of operation and start/end dates may vary, based on participation levels.

For more information, please contact the Howard County Public School System, Food and Nutrition Service at 410-313-6743.

This institution is an equal opportunity provider.