



PRINCIPAL'S NEWSLETTER

February 7, 2019

Happy Friday Vikings!

On January 23, 2020, the Howard County Board of Education unanimously passed a [resolution](#) in support of the Black Lives Matter at School Week of Action (BLMWA), which took place this week, February 3-7, 2020.

According to our BOE, BLMWA emphasizes the importance of practicing equity at school, which should be a place to build understanding and actively engage students in creating pathways to freedom and justice for all people. The event was intended to highlight, uplift and affirm the rich history and contributions of the Black community and cultivate a sense of pride, empathy and understanding in all students.



Further, this week encourages ongoing critical reflection and conversations about systemic racism, social injustice, racial and ethnic bias and affirms the right of Black students to be treated with respect and dignity within schools and communities.

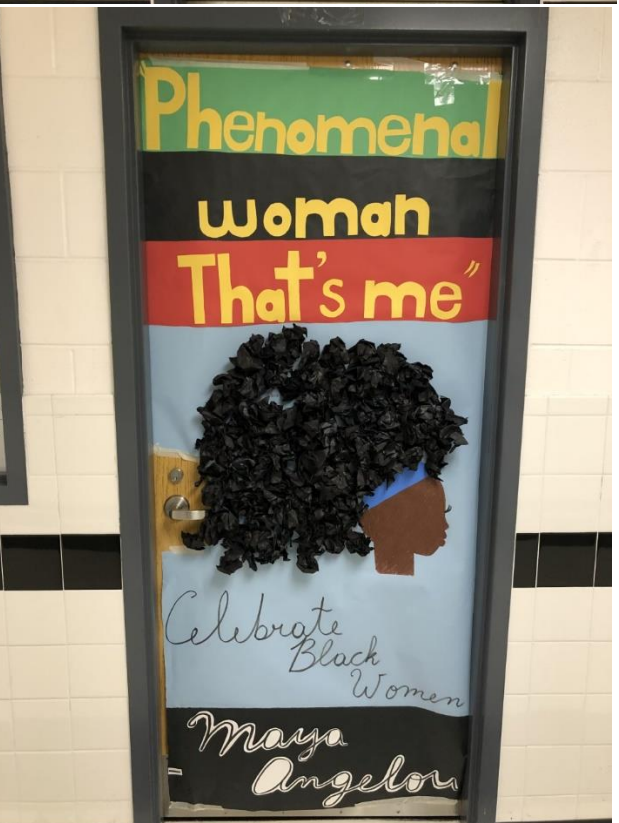
Here at Hebron, we're mindful, motivated and on a mission to ensure that all of our students are treated with respect and feel uplifted and affirmed. You may remember that last year, our Black Student Union led a diverse group of students in decorating doors (and bulletin boards) for Black History Month and back by popular demand, they've done it again! I Tweeted some pictures and have included more below, but to see them all, you'll have to roam our halls. 😊 We'll leave them up until the end of the school year, so if you're in our building (*maybe volunteering for the Science Olympiad on March 7? ..shameless plug, I know 😊*), I hope you'll get to see some of them in person.

It was 150 years ago this month on February 3rd that the 15th Amendment to the U.S. Constitution was ratified, yet despite Constitutional Amendments and other legal remedies, we still see the impact of systemic racism play out across our nation, including in opportunity and achievement gaps in our schools. Howard County continues to grow in its diversity, and our school system is committed to creating safe and equitable learning opportunities for students of all races and ethnicities, religions, socio-economic backgrounds, gender identities, sexual orientations, and learning differences.

Valuing differences helps facilitate cooperation and collaboration and encourages students to be creative thinkers. We all benefit when we make time to explore our differences and educate each other.

Joelle

CELEBRATING BLACK HISTORY MONTH



FOLLOW US & STAY CONNECTED

Twitter: [@hcpss_mhhs](https://twitter.com/hcpss_mhhs)

Website: <http://mhhs.hcpss.org>

Student Online Newspaper: The Mountain: <https://mthmountain.com>

UPCOMING DATES/EVENTS

See the [calendar](#) on our website for additional dates.

Date	Time	Event
February 8	10am	It's Academic Team competition airs on WJZ-channel 13
February 17		Schools closed for Presidents' Day
February 24	6pm	Spring Sports Parents Meeting in the Auditorium
February 28	7-8am	Restorative Justice in Education Book Discussion over Coffee Sponsored by PTSA in the Media Center
February 28		Deadline for Spring Sports Registration
February 29		Spring Sports Tryouts Start
March 6		National Day of Unplugging (#unplugged) MHHS will be participating
March 7		Science Olympiad @ Hebron
March 18-22	3/18, 10am 3/19-21, 7pm 3/22, 2pm	"Beauty and the Beast" Musical Production
March 26	6-7:30pm	College Night (College Park, HCC, Armed Services and UMBC) in the Auditorium
March 28	9am-2pm	Becca's Closet Free Prom Dress @Atholton High Senior Cafeteria
April 2	6pm	HebronFest
April 3		3-hour early dismissal/ Professional Work Day for Staff
April 6-13		Schools closed for Spring Break
April 14	6:30-7pm	Guest Speaker on Restorative Justice in Education
April 14	7pm	PTSA Meeting in the Media Center
April 28		Schools closed for Primary Election Day
May 15		3-hour early dismissal/Professional Work Day for Staff
May 18-28	TBD	Graduation Window @ Merriweather Post Pavilion
May 25		Schools closed for Memorial Day
June 22		Last possible school day if all 5 snow days are used
June 22-July 31		HCPSS Summer School
August 25, 2020		First School Day for Students 20-21 School Year



CELEBRATIONS!

****For even more celebrations & good news, follow us on Twitter: @hcpss_mhhs**
We now have over 2,000 followers!!! Go Vikings!!

Congratulations to the **Lancers Dance Team** who will compete tomorrow, February 8th at Atholton High School at 2:00pm. Captains **Audrey Hill, Victoria Iveljic, Lorelei Lorraine,** and **Paris Buckman** have choreographed two stunning performances. Come on out to cheer on the team!

Congratulations to senior, **Bethany Jackson** for winning the highest honor, a Gold Key, in the 2020 National Scholastic Art and Writing Competition!

Congratulations to our **Wrestling Team** for qualifying the State Duals Tournament! The State Duals will take place at Manchester Valley High School on February, 12th starting at 5:30pm. Go Vikings!



Congratulations to seniors **Caroline Kasuba, Rashi Kejriwal** and **Shreya Santhanagopalan** who recently won the 2019 Congressional App Challenge for Maryland's 7th Congressional District for their application, [Safe Haven](#). The app is designed to provide safe, comfortable temporary homes through crowd-sourced volunteers for people who have been displaced by natural disasters. They were recently highlighted through HCPSS News, which we're thrilled to share here! They are truly remarkable and impressive young women.

<https://news.hcpss.org/news-posts/2020/01/mount-hebron-seniors-win-congressional-app-challenge/>



Congratulations to National English Honor Society inductees as follows:

Mallery Baisley, Pranav Bolla, Isabella Broccolino, Adora Brown, Ramsha Chaudhary, Alexis Cucchiaro, Megan Eisentraut, Ayeesha Fadlaoui, Bushra Fatima, Anwasha Gorantla, Diana Imre, Ashmitha Julius Aravind, Kaylee Kim, Tara Kim, Katherine Koung, Julia Lovas, Alexandra Masse, Megan McCluskey, Nashrah Rahman, Isha Raje, Caroline Rodriguez, Abigail Ruby, Meera Sevalia, Jayshree Srinivasan, Varshini Suresh, Nicholas Snyder, Sudharsan Sundar, Lauren Taylor, Dharshan Varia and Nicholas Venginickal.

Congratulations to the following athletes who are going to State Championships for Track!

300 Meters

- **Sierrah Matthews 1st**
- **Justin Evens 5th**

500 Meters

- **Sierrah Matthews 1st**
- **Lara Abedin 5th**
- **Justin Evans 4th**
- **Evan Kocsis 5th**

800 Meters

- **Lara Abedin 5th**
- **Evan Kocsis 5th**
- **Will Jones 8th**

1600 Meters

- **Will Jones 6th**

3200 Meters

- **Jake Hauf 7th**

4x200 Relay

- **Sierrah Matthews, Garcelle Pierre, Meghan Porter, Jordan Foster 3rd**

4x400 Relay

- **Sierrah Matthews, Garcelle Pierre, Natalie Lewis, Lara Abedin 2nd**
- **Justin Evens, Evan Kocsis, Aaron Abedin, Zion Holcome, John Pitt 4th**

4x800 Relay

- **Ryan Ververs, Connor Croft, Nick Snyder, Jocab Hauf 7th**

Pole Vault

- **Maison Holcome 3rd**
- **Kaylee Kim 6th**

STAFF FOCUS



Mt. Hebron high has an excellent **FACS teacher/track coach** who is always guiding students in her classes and on the track through her positive approach for success with the hope that it will help her student's lives beyond the classroom and school environment. Whenever you visit her classes, the students are engaged in small groups, supporting and collaborating with each other.

Ms. Carter is very supportive of the Mt. Hebron Learning Environment, where all students are welcome in her classroom. Her classroom culture is a cognitively busy place, where shared belief in learning is the focus. She conveys high expectations for her students, insisting on hard work.

SWOT

To do a **SWOT** analysis (also called a situation assessment), identify an operation's Strengths, Weaknesses, Opportunities, and Threats.

STRENGTHS	WEAKNESSES	OPPORTUNITIES	THREATS

- **Strengths:** List all of the strengths of the operation; areas where it excels.
- **Weaknesses:** Identify the operation's shortcomings.
- **Opportunities:** These are areas where the operation could either increase revenues or decrease costs.
- **Threats:** These are the factors outside the operation that could decrease revenues or increase costs.

Chapter 7: Marketing

She challenges our student athletes with high intensity training which has resulted in outstanding performances. The students always say Ms. Carter "challenges us to be the best we can be in the classroom and on the track. She always tell us, we must apply what we learn in the classroom to the track and what we learn on the track to the classroom."

Ms. Carter is a great asset to the Mt. Hebron learning Community!

NEW NEWS

Leadership U Class of 2020

Are you thinking of college for your child? Let **Leadership U** help your current sophomore build their 21st century skills that will help them succeed in life! **Leadership U** can provide him or her a memorable week-long program of leadership development, networking, and community awareness. Beginning the end of July and continuing through the fall of their junior year with nine Sunday afternoon group meetings, **LU** will give your child the opportunity to build their confidence, learn to network, strengthen their leadership skills, meet new students, and work on a community service project of their choice. **Come learn more and speak to some of our grads at one of our final two information sessions: February 13 at HCLS-Central Branch from 7-8pm or March 1 at HCLS-Miller Library from 3-4pm.** Parents and students in 10th grade are encouraged to attend. Additional information is available at <http://www.leadershiphc.org/leadership-u-2/> or email Meg Ignacio mignacio@leadershiphc.org. Online applications are due no later than March 12, 2020.

Pennies for Patients Fundraising by Viking Service Club

February 10th-28th, the Viking Service Club will be running a Pennies for Patients fundraiser in partnership with the Leukemia and Lymphoma Society! LLS is a voluntary health organization dedicated to funding research, finding cures and ensuring access to treatments for blood cancer patients. Mount Hebron has set a goal to raise \$3,000 for this incredible organization and it is a competition between the classes to see who can bring in the most! Be on the lookout for a CANVAS announcement on Monday, February 10th, with online donation links! We can cure blood cancer together!

Summer Student Leadership and Volunteer Opportunities

HCASC serves as a way for students to gain the skills they need to work alongside parents, teachers, and administrators to shape their school communities. HCASC (The Howard County Association of Student Councils) **welcomes ALL students** to our meetings those involved in Student Council and those interested in learning how to **share their student voice to strengthen their school communities through extracurricular clubs, sports, and the arts.**

HCASC **Welcomes All Middle and High School Students** to attend HCASC Meetings the second Wednesday evening of each month.

Middle and High School students who attend will:

- Work with student leaders from across HCPSS
- Meet with the Student Member of the Board of Education
- Gain Leadership Skills
- Turn ideas into actions
- Learn about Leadership and Community Service opportunities
- Practice civic engagement and serve as an informed citizens

Next Meeting Wednesday 2/12 7:00pm-8:30pm at the Homewood School
For more information please contact cindy_drummond@hcpss.org

Counselors' Corner

- Counselors are in full swing meeting with students every 10 minutes through February 12. If you are trying to get in touch with your child's counselor at this time, please be patient, we will get back to you!
- Many colleges require MIDYEAR REPORTS to complete applications. Counselors will be sending midyear reports out to all schools after February 14 automatically. There is no need to contact your child's counselor unless there have been changes to the application list.
- Now is the time to look for scholarships! There are many local and national scholarships on the Naviance scholarship database. Below are new scholarship opportunities:
 - Champions Against Cancer – For graduating high school seniors whose lives have been affected by cancer. Applicants must have a parent/guardian who has cancer or lost a parent/guardian to cancer and will be attending an institution of higher education in fall 2020. Students should see their counselor for the application.
 - Maggie J. Brown Spirit of Columbia 2020 Scholarship Award offers up to \$2,500 education awards to seniors who exhibit exceptional efforts in providing community service to benefit Columbia residents. Applications are available at www.ColumbiaAssociation.org/Scholarship. Application deadline is March 15, 2020.
 - Howard County General Hospital is offering the Aronson/Willis Memorial Award, providing two \$2,000 scholarships (one male, one female) who have participated in at least 2 varsity sports in high school while maintaining a high GPA. Deadline to apply is March 30, 2020. Students should see their counselor for the application.
- More summer opportunities
 - HCC Kids on Campus: <https://www.howardcc.edu/programs-courses/continuing-education/courses/kids-on-campus/>
 - Bold @ Olin is a business and leadership program at Washington University in St. Louis for young women entering grades 11 or 12. <https://olinwustl.campusgroups.com/bsba/bold@olin/>
 - Lehigh University Summer Academy is for students in rising grades 6-11. Visit the website for more information. www.summeracademy.lehigh.edu
 - Explore media production and unleash your talent at Boston University's Academy of Media Production. <https://combeyond.bu.edu/workshop/academy-of-media-production/>

SPECIAL SECTION for SENIORS

PTSA Scholarships – Get Ready

PTSA is offering seven \$1,000 scholarships to seniors to pay for college or *any other post-high school adventure*. The application will be available on the PTSA website February 1 and the due date is April 15. Please remember that to be eligible, *the senior student and at least one adult family member must be PTSA members*. To become a member, [join online](#).



Graduation Window Announced

HCPSS has confirmed the window for the 2020 high school graduations as Monday, May 18 to Thursday, May 28, 2020. The 12 HCPSS comprehensive high schools will hold ceremonies at Merriweather Post Pavilion. The Cedar Lane School ceremony will be held at that school.

HCPSS has made this early announcement to accommodate planning by parents, students, schools and community members. We will provide the specific dates and times of each school's graduation ceremony after Merriweather finalizes its concert schedule, historically in the early spring.

Senior Portraits

Senior Portraits are due by Friday, January 31, 2020, if you want your portrait to be in the yearbook. Any outside portraits should be mailed to the yearbook email: yearbook.mounthebron@gmail.com
All other questions can be answered from the FAQ on the yearbook webpage <https://mhhs.hcpss.org/yearbook>.

Senior Events Calendar

Event	Date/Time	Location
PTSA Scholarship Application Available (Eligible for PTSA Memebers)	February 1, 2020 - April 15, 2020	PTSA Website: www.mthebronptsa.com/ mthebronptsa@gmail.com
Deadline to Submit Casual Portraits and from Outside Photographer	February 14, 2020	Submit to: yearbook.mounthebron@gmail.com
Prom	May 2, 2020, 8-11pm	Turf Valley
Class Night Dinner & Dance	May, 2020	TBD
Senior Picnic	May, 2020	TBD
Graduation Window	May 18-28, 2020	Merriweather Post Pavilion

NEWS WORTH REPEATING

Science Olympiad Needs You

Thank you for volunteering on Saturday, March 7th, 2020 at our 2nd Annual Science Olympiad competition at Mt. Hebron High School! Please sign up for all jobs you feel most comfortable in doing. If you are an "Event Volunteer" we will notify you which one you are covering ahead of time. If you want to help with a specific event like Forensics or Ornithology please leave a comment. Note: if you sign up for an event we will need help grading the tests. *Please note this is a Div. C (high school) tournament.

Students age 16 and up may volunteer on their own; high school students under age 16 may volunteer with an adult. Any age student may volunteer for setup and cleanup. All students may earn service hours for volunteering.

We also need people to work set-up after school on Friday 3/6/20, early set-up Saturday morning before the event, and clean-up after the awards that same Saturday.

Email the Director, Paul Sabota, at paul_sabota@hcpss.org for further clarification or if you want to see a list of events. The address of the venue is 9440 Old Frederick Road Ellicott City MD 21042.

<https://www.signupgenius.com/go/20f0b4da9a62fa31-mthebron1>

This Sign-Up Genius will be updated. You will receive an email if you signed up.

Muslim Interscholastic Tournament

MIST is coming! **MIST** is the Muslim Interscholastic Tournament that takes place every year around the United States and in Canada. This year students in the DC and surrounding counties will participate at the Universities of Shady Grove April 03, 2020-April 05, 2020. Students interested in participating should go to <https://my.getmistified.com/> to register or to <http://www.dcmist.com/> for more information. Stay tuned to the announcements for MSA meetings or see Mrs. Brooks-Odom in room 149 for details.

FREE Prom Dresses!

Atholton High School's Becca's Closet student club is hosting our 4th annual A Pretty and Polished Affair! We want to help your students get a prom dress for this year's prom season! The event is 100% free and not only includes a dress, but accessories, alterations, hair and make-up, refreshments, and giveaways! Free Prom Dresses from Becca's Closet @ Atholton High Senior Cafeteria on March 28th from 9am-2pm.

7th Annual
A PRETTY & POLISHED AFFAIR
Cherice Daniel, President & Kristin Bopst, Advisor
Becca's CLOSET
Hosted by
Zeta Phi Beta Sorority, Inc. Lambda Gamma Zeta Chapter of Howard County, MD
Becca's Closet of Atholton High School

PROM

Students, you are cordially invited to a one of a kind boutique experience.....

Each student will receive assistance from a personal shopper and access to hundreds of free dresses, accessories, and expert fashion, and makeup advice.

Get your **FREE** ticket today at
WWW.APPA2020.Eventbrite.com

Organizations & groups are welcomed!

For more information, email APPA@zphiblgz.org or beccascloset@gmail.com.

SATURDAY MARCH 28th
9:00 AM TO 2:00 PM
ATHOLTON HIGH SCHOOL, SENIOR CAFETERIA
8320 FREETOWN ROAD COLUMBIA, MD 21044

Suicide Prevention: from the office of our School, Psychologist, Mr. Klyap

Here is some helpful information from the National Association of School Psychologists regarding suicide prevention:

1. Youth suicide is a serious problem. Suicide is the leading cause of death among school age youth. In 2015, approximately 18% of 9th to 12th graders seriously considered suicide with 9% having made an attempt one or more times.

2. Suicide is preventable. Youth who are contemplating suicide typically give warning signs of their distress. Most important is to never take these warning signs lightly or promise to keep them secret.

3. Suicide Risk Factors. Certain characteristics are associated with increased suicide risk include:

- Previous suicide attempt(s)
- Isolation and aloneness
- Non-suicidal self-injury (e.g., cutting)
- Mental illness including depression, conduct disorders, and substance abuse
- Family stress/dysfunction
- Family history of suicide
- Environmental risks, including presence of a firearm in the home
- Situational crises (e.g., the presence of a gun in the home, bullying and harassment, serious disciplinary action, death of a loved one, physical or sexual abuse, breakup of a relationship/friendship, family violence, suicide of a peer)

4. Suicide Warning Signs. Most suicidal youth demonstrate observable behaviors signaling suicidal thinking:

- Suicidal threats in the form of direct statements (e.g., "I am going to kill myself") and indirect (e.g., "I wish I could fall asleep and never wake up again")
- Suicide notes and plans (including online postings)
- Making final arrangements (e.g., giving away prized possessions)
- Preoccupation with death
- Changes in behavior, appearance, thoughts, and/or feelings.

5. There are protective factors that can lessen the effects of risk factors. These can include family and peer support, school and community connectedness, healthy problem-solving skills, and easy access to effective medical and mental health services.

We are fortunate in Howard County to have access to the **Grassroots Crisis Intervention Center**. Their 24-hour Crisis Phone Line (410-531-6677) provides immediate support. (All HCPSS high schoolers have the Grassroots contact information on the back of their school ID cards). Help is also available through "live chat" (<http://www.help4mdyouth.org/chat/>) or by texting your zip code to 898-211. Grassroots also offers drop-in crisis counseling at their facility (located at 6700 Freetown Road in Columbia; near Atholton High School). For more tips for parents and educators, view the documents below:

[Preventing Youth Suicide: Tips for Parents and Educators](#)

[Prevención del suicidio juvenil: consejos para padres y educadores](#)

HC DrugFree Updates

HC DrugFree's Teen Advisory Council (TAC) will meet on Monday, February 10 from 5:30 p.m. to 7:00 p.m. at The Barn/Teen Center in the Oakland Mills Village Center. TAC meets one Monday evening a month and is open to all Howard County high school students. Community service hours are available for all meetings and events. To access the registration form, please visit <http://www.hcdrugfree.org/teen-advisory-council-1>. Refreshments provided at meetings, so must RSVP to Admin@hcdrugfree.org or call 443-325-0040.

TAC is open to all Howard County high school students (public, private and home school), but students must RSVP to Admin@hcdrugfree.org for each meeting. TAC follows the HCPSS school cancellation policies. Registration forms can be found on the TAC page at <http://www.hcdrugfree.org/teen-advisory-council-1/>. Refreshments provided.

Health Guidelines to Help Prevent and Limit the Spread of Flu and Flu-Like Illnesses

According to the Centers for Disease Control and Prevention (CDC), flu activity typically peaks between December and February and can continue into May. School custodians do a wonderful job of keeping our schools clean, but the spread of flu and other illnesses in a school building is a concern for all parents and school staff.

With concerns of the flu spreading each year and recent concerns on the coronavirus, here are recommendations and information on Influenza-Like Illnesses (ILI) and the 2019 Novel Coronavirus to help prevent and avoid spreading infections.

Influenza-Like Illness (ILI)

Influenza and ILI viruses are spread through the air by coughing or sneezing. Here are a few recommendations to help prevent the spread of ILI:

- Teach children to wash their hands often with soap and water or an alcohol-based hand rub.
- Teach children not to share personal items like drinks, food or unwashed utensils, and to cover their coughs and sneezes with tissues or the elbow, arm or sleeve instead of the hand, when a tissue is unavailable.
- Get a flu vaccine. To help prevent flu and reduce its impact, everyone 6 months of age and older should get vaccinated every year.
- Know the signs and symptoms of the flu. Symptoms include fever (100 °F or greater), cough, sore throat, runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- Do not send children to school if they are sick. A child who is determined to be sick while at school will be sent home.
- [Keep sick children at home for at least 24 hours](#) after they no longer have a fever or do not have signs of fever, without using fever-reducing drugs like acetaminophen (Tylenol) or ibuprofen (Motrin/Advil). Keeping children with a fever at home will reduce the number of people who may get infected.

If your child exhibits symptoms associated with influenza, such as a fever (100 °F or higher), consult your primary care physician for evaluation. Infants, toddlers, seniors, pregnant women, and people with certain underlying health conditions are at increased risk of severe illness or complications from influenza, and should consult with their primary care physician if they develop symptoms of influenza.

For more information on influenza, please check the [HCPSS flu prevention web page](#) and [Maryland Department of Health website](#).

Coronavirus

The CDC provides [guidelines](#) on the 2019 Novel Coronavirus, or 2019-nCoV, a new respiratory virus first identified in Wuhan, Hubei Province, China.

According to the CDC, if you were in Wuhan within 14 days and feel sick or have had close contact with someone who has recently traveled from this area and is showing symptoms of fever, cough or difficulty breathing, you should:

- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Avoid contact with others.
- Not travel while sick.

- Cover your mouth and nose with a tissue or your sleeve, not your hands, when coughing or sneezing.
- Wash hands often with soap and water for at least 20 seconds to avoid spreading the virus to others. Use an alcohol-based hand sanitizer if soap and water are not available.

This is an evolving situation, and HCPSS will follow the guidance of the CDC and [Howard County Health Department](#) who will continue to provide updated information as it becomes available.

Your next VALHALLA VOICE will be published February 10th with the latest news from your parent advocacy groups and community.

School Year Resources

Update Your Emergency Information ANNUALLY

Parents/guardians may now complete/update their Family File emergency information. *Parents must verify or update information for each child, each school year.* Access your Family File by logging in to [HCPSS Connect](#), selecting the Family File tab on the left and then selecting Family File. [Details and resources](#) can be found on the HCPSS website.

Free Drop-In Tutor on Tuesday and Thursday

The Media Center will be open every Tuesday and Thursday until 4pm. National Honors Society tutors will be available for free drop-in tutoring. All students are welcome. Please contact danielle_borgia@hcpss.org with any questions.

After School Activities Bus Schedule

The Activities Bus is available for any student staying after school for academic support or extracurricular activities. The dates for the bus, as well as the stops, are listed below. Both are subject to change. If your child is interested in taking the bus, please fill click on the link & complete the form. **Students may not ride the bus without parent/guardian permission.**

<https://docs.google.com/forms/d/1hfuJg83ak7JXXsSaOv-1Hrly6lVlbQea0HtTzOdfwmo/edit>

Bus Dates:

February: 11, 13, 18, 20, 25, 27

March: 3, 5, 10, 12, 17, 19, 24, 26, 31

April: 2, 14, 16, 21, 23, 30

May: 5, 7, 12, 14

*Hollifield Station ES

*High Ridge Rd and Rosemar Dr

*Town & Country Blvd and West Springs Dr

*Wheaton Way and Normandy Woods Dr

*George Howard Bldg - 3430 Courthouse Dr

*Worthington ES

Bus Stops (Pick up at MTH @ 4:10 pm)

*Maple Rock Dr and East Stayman Dr

Are You A Proud Viking? Become A Viking Backer!

We invite you to join the Viking Backers, Booster Club for Mt. Hebron High School. The Viking Backers is an all-volunteer, parent organization which supports ALL student extracurricular activities including academics, arts & athletics.

Visit www.vikingbackers.org to join online. We no longer are taking paper forms or checks; everything is going through the website. Your membership supports ALL students at Mt. Hebron.

