



## PRINCIPAL'S NEWSLETTER

January 25, 2019

Happy Friday, Vikings!

Mid-terms are over, and now it's time to pause for a few days, to enjoy this treasured weekend between semesters. In ancient Roman religion and myth, Janus is the god with two faces, one looking forward and one looking backward. In fact, the month of January is named after this Roman god of beginnings and endings. But rather than spending this weekend looking backward (mid-terms are over) or looking forward (second semester doesn't start until Tuesday), I would challenge you instead to look up. To put down your device, (just for a few minutes ☺), and look up.

What do you see? If you're in our school, our remarkably talented fine arts teachers, **Caroline Creeden, Mary Kate Hannah, and Brooke Leahy** work tirelessly to ensure our students and staff see incredible, thought-provoking, mesmerizing works of art. The walls of our school are a canvas for conversation, daring students to look up as they move through our halls. As parents, you've seen the murals and art installations when you come for parent-teacher conferences and other events. We're part high school, part art museum and colleagues who come to visit have remarked and been inspired to transform their schools similarly.

My office walls are one of the many places on which student art is displayed on a rotating basis, and when I look up from my laptop, I see new pieces by **Juliet Bosilovich, Sierra Faish, Kevin Giatan, Connor Haynes, Irina Ivanova, Bethany Jackson, Jini Kim, Asmita Thorat, and Maddie Wright** that were just hung this past week. The photography students created a series of prints for the staff lounge (of food, no less), and our staff workroom on the first floor has stunning painted denim on display as well as a new Photograms Reveal installation.

Charlotte Bronte said, "*I try to avoid looking forward and backward, and try to keep looking upward.*" Good advice for all of us but certainly for those of us lucky enough to walk these halls every day and call ourselves Vikings. I hope this weekend you find something which inspires you to look up.

Joelle

P.S. We know your time is valuable. We've separated the news between "new" and "repeating," in hopes that it will help you navigate the newsletter faster.

## **FOLLOW US & STAY CONNECTED**

Twitter: [@hcpss\\_mhhs](https://twitter.com/hcpss_mhhs)

Website: <http://mhhs.hcpss.org/>

Student Online Newspaper: The Mountain: <https://mthmountain.com/>

## **UPCOMING DATES/EVENTS**

See the [calendar](#) on our website for additional dates.

<b>Date</b>	<b>Time</b>	<b>Event</b>
January 23-28		Early Dismissal @ 11:10am
January 28	6:00pm	Math Honor Society Induction (rescheduled) in auditorium. Students arrive @ 5:45pm
January 28	6:30-8:30pm	Youth In Conversation at Oliver's Carriage House also known as Kittamaqundi Community Church
January 31		Deadline for Formal Drape/Tux Senior Portraits
January 31	7-8pm	Leadership U Information Session @ Miller Library
January 31		Intern/Mentor Application due to Dr. Kiehl (Rm.109)
February 1		Theatre Tickets go on sale for Wizard of Oz
February 1-15	6pm	Summer School Registration Open for Math, Science, Social Studies, and English Classes
February 4	6:30pm	Viking Backers Meeting in the Media Center
February 5		No School for Students/Professional Learning Day
February 6		Report Cards Issued for Quarter 2
February 7	4pm	Student Member of the HoCo Board of Ed completed application packets due to Ms. Cindy Drummond
February 8		Deadline for Submit After-Prom Logo Contest
February 11	7-8pm	Leadership U Information Session @ Central Library
February 11	6:30-8:30pm	Youth In Conversation at Oliver's Carriage House also known as Kittamaqundi Community Church
February 12	7pm	PTSA Meeting in the Media Center
February 13	7-8:30pm	Howard County Association of Student Councils (HCASC) meetings @ Homewood School
February 17	8am-4pm	Science Olympiad competition @ Hebron
February 18		No School - Presidents' Day
March 1-15	6pm	Summer School Registration Open for Lifetime Fitness, Health, Art, ESOL, and World Language Classes
March 4	6:30pm	Viking Backers Meeting in the Media Center
March 5	7-8:30pm	PTSA Cafe Conversations
March 6		Interim Reports Issued for Quarter 3
March 7	7-8pm	Leadership U Information Session @ Miller Library
March 16	10am-4pm	MTH Marketplace in Gym & Cafeteria
March 22-30	7pm (March 24, 2pm)	Hebron Theatre Performances of "Wizard of Oz" in the Auditorium
April 5		Early Dismissal @ 11:10am/ Professional Work Day
April 8	6:30pm	Viking Backers Meeting in the Media Center
April 13-22		Spring Break – School Closed
April 24		Report Card Issued for Quarter 3

April 27		Prom @ The Hotel at Arundel
April 28	12am-3:30am	After-Prom @ YMCA
May 6	6:30pm	Viking Backers Meeting in the Media Center
May 16		Interim Reports Issued for Quarter 4
May 20-31		Graduation Window
June 3	6:30pm	Viking Backers Meeting in the Media Center

## CELEBRATIONS!



**Congratulations** to the Hebron Scoundrels (Shakespeare Troupe) for garnering recognition for their Outstanding Performance of the 30 Minute Macbeth at the Maryland State Thespians Conference. Special thanks to Troupe Captain **Alex Clay** for all her work and directorial debut!

**Congratulations** to the **Advanced Theatre arts classes** for scoring a Superior Rating at the Howard County One-Act Theatre Festival with their original production "ABCD". This was the highest honor that could be earned at the event. Special kudos to **Jennie Hardman** as lead writer and **Nick Brogan** as project director.



**Congratulations** to **Peninah D'Souza** for being named State Champion for both Air rifle and Smallbore events at the 2019 Maryland State USA Shooting Junior Olympic Shooting Championship (JOSC) Qualifier on the January 12th at the Naval Academy. She will now compete at the 2019 National JOSC in Colorado Spring in April. Way to go Peninah!



**Congratulations** to the members of Mt. Hebron Science Bowl: **Sainiketh Kondapaneni, Michael Wiredu-Aidoo, Shresta Obla** and **Chinthan Prasad** who competed in the statewide competition on Saturday, January 19th. The team had wins over Towson and Northwest High Schools. Well done gentlemen!



**Congratulations** to our **Ice Vikes** Hockey Team who defeated Atholton in a nail-biter of a game last weekend! So much fun to cheer on these dedicated athletes!

# **NEW NEWS**

## **We're off to see the Wizard!**

Dates for the performances are March 22-30. All performances are at 7pm except for the newly added matinee at 2pm on Sunday, March 24th. Tickets for the Wizard of Oz will go on sale February 1<sup>st</sup> and are \$10. Over 80 Vikings are involved in this production celebrating 80 years as an American Classic. Come support your Hebron Theatre!

## **Postponed "Innocence Stolen"**

Waverly's "Innocence Stolen" Presentation, scheduled for January 29th, has been postponed. Due to the partial shutdown of the Federal Government, all such outreach events have ceased until further notice. Stay tuned for more information when a new date is determined.

## **Intern/Mentor GT Application**

If your child signed up for Independent Research GT or Intern/Mentor GT during course selection, he/she must submit an application for the course by January 31<sup>st</sup>. Applications are available at [www.mthebrongt.com](http://www.mthebrongt.com) under "Program Documents." Questions can be directed to Dr. Kiehl in room 109 or [mkiehl@hcpss.org](mailto:mkiehl@hcpss.org).

## **Senior Portraits**

Seniors, make sure to send in your senior portraits by next Thursday, January 31.

If you took your portrait with Lifetouch/Prestige:

- Go onto phototracker and select the proof you wish to have in the yearbook.
- If you are having issues with phototracker, please see Ms. Fischetti in room 232 to select it.

If you took your portrait with an outside photographer:

- Please email your portrait to [yearbook.mounthebron@gmail.com](mailto:yearbook.mounthebron@gmail.com).
- Please make the subject your first and last names.
- We will confirm that we received your portrait.
- If you do not receive a confirmation email, we did not receive it OR you did not submit it to the correct email.
- See Ms. Fischetti in room 232 with any questions.

## **Summer School Registration**

Registration for HCPSS Comprehensive Summer School will be available [soon!](#)

The registration dates are as follows:

**February 1st (opening @ 6:00 p.m.) through February 15th: Math, Science, Social Studies, and English Classes**

**March 1st (opening @ 6:00 p.m.) through March 15th: Lifetime Fitness, Health, Art, ESOL, and World Language Classes**

**\*\*Please note, these courses fill very quickly so you will want to register the day it opens.**

Additional information can also be found on the HCPSS Summer School website at <https://www.hcpss.org/summer-programs/>. If you have additional questions about the summer school course options, please feel free to speak to your school counselor

### **News from the Health Room**

Nosebleeds occur for many reasons; however, the most common cause in the winter months is due to dry air. Even though most pediatric nosebleeds are benign, medical treatment/evaluation may be necessary if nosebleeds are frequent and hard to stop.

#### **First Aid:**

- Have child sit and lean slightly forward. Pinch the soft portion of the nose for 5-10 minutes using tissues. If nose continues to bleed pinch for an additional 5-10 minutes.
- Ice may be applied to the bridge of the nose
- Call your pediatrician if bleeding is excessive and lasts 30 minutes or more

#### **Preventative Treatments:**

- Saline nasal spray
- Nasal ointment or Vaseline
- Humidifier/vaporizer

## **WORTH REPEATING**

### **AP Courses and Exams**

Do you have a child enrolled in an AP course this year? If so, we invite you to read more about the registration and testing process on our website at:

<https://mhhs.hcpss.org/news/2019/01/ap-exam-registration>

More information will be shared in February when registration opens.

### **After-Prom Logo Contest**

ISO of a student to design a **unique logo** for Mt. Hebron's PTSA After-Prom! The winner receives a **\$20 GIFT CARD to Qdoba plus TWO FREE TICKETS to After-Prom** if the artist is a junior or senior.

PTSA is looking for a creative design to use on all After-Prom related promotional materials, signage, and correspondence. **Deadline for submissions is midnight Friday, February 8.** Contest open to all Mt. Hebron students.

Click on this link for all the Logo Design Contest details: [Logo Contest Flier](#).

Fliers are also available on posters at either end of the school's main hallway.

After-Prom is April 28 from 12:00am-3:30am at the YMCA - an exciting night of fun for all juniors and seniors whether or not they attend prom. Lots more information heading your way this spring from your PTSA! Contact: Caroline Bodziak, After-Prom Co-chair, [mthebronptsa.com](http://mthebronptsa.com)

### **Muslim Interscholastic Tournament**

The Muslim Student Association is proud to be attending MIST (Muslim Interscholastic Tournament) again this year in conjunction with students from the surrounding area and ISB. If your student is interested in participating this year, please have them contact Mrs. Brooks-Odom through canvas or email. Information for the weekend long event in April can be found here: [www.dcmist.com](http://www.dcmist.com) and is open to all Mt Hebron Students regardless of beliefs.

### **2019 Graduation Window Dates**

The window for graduation for the Class of 2019 is Monday, May 20 - Friday, May 24 and Tuesday, May 28 - Friday, May 31. The actual graduation schedule will be available in the spring (usually around April 15).

### **Photography Supplies Donations Needed**

Do you have any 35MM film cameras not being used? Any old photo equipment, supplies, or other cameras that you no longer need? The Mt. Hebron Photo Department wants to grow the program for our students so they have more opportunities to improve their photography skills.

Please contact photo and art teacher Caroline Creeden [caroline\\_creeden@hcpss.org](mailto:caroline_creeden@hcpss.org) for more information or donations. We appreciate for your support of your students, the art/photo department and Mt. Hebron.

### **Leadership U Class of 2019**

Is your student looking for leadership opportunities? Does he or she want to make a difference in our Howard County community? Consider joining the Leadership U Class of 2019!

Leadership U is an exciting, unique, experiential leadership, teambuilding, and community service opportunity for **current high school sophomores**. This unique four-month program involves a week-long summer program of hands-on activities, as well as involvement in a team community service project. This program is for students with leadership potential, a desire to learn with others, and for those with an interest in the community.

Come to learn more and speak to some of our grads at one of our information sessions: **January 31 at Miller Library, February 11 at Central Library or March 7 at Miller Library. All sessions are from 7-8pm.** Parents and students in both 9<sup>th</sup> and 10<sup>th</sup> grade are encouraged to attend.

Additional information is available at <http://www.leadershiphc.org/leadership-u-2/> or email Meg Ignacio [mignacio@leadershiphc.org](mailto:mignacio@leadershiphc.org). Applications are due March 14, 2019.

## **Leadership and Service Opportunity**

All Middle & High School students interested in:

- Sharing the Student Voice on changes to the HCPSS Grading and Homework Policy and the Dress Code Policy in addition to Community Issues
- Gaining Leadership Skills
- Practicing Community Service
- Working with student leaders from across HCPSS

We welcome all interested students to attend Howard County Association of Student Councils (HCASC) meetings throughout the year on the second Wednesday evening of each month.

Next Meeting Wednesday 2/13 7-8:30pm @ Homewood School 10914 Clarksville Pike, Ellicott City, MD 21042. For more information contact [cindy\\_drummond@hcpss.org](mailto:cindy_drummond@hcpss.org)

## **Science Olympiad Competition Comes to Mt. Hebron**

On Sunday, February 17th, 2019, Mt. Hebron will be hosting the regional Maryland Science Olympiad competition for high school teams for the first time. The event involves hundreds of students from all over Maryland testing their scientific skills on topics like Anatomy, Forensics, and Chemistry Lab concepts. There are also build events such as mousetrap vehicles and protein modeling. This a wonderful opportunity for our school and community to come together and help make this event a success for our future scientists!

We are asking for volunteers on that day. There are various ways to help like scoring tests, running errands, concessions, registration, greeters/directors, and setup, clean up, parking lots, etc. You do not need a science background to assist that day. You can sign up for a few hours or the whole day. (And the next day we have off from school.)

Please contact Mt. Hebron science teacher and co-director, Mr. Paul Sabota [paul\\_sabota@hcpss.org](mailto:paul_sabota@hcpss.org) if you have any questions or would like to volunteer please use Sign-Up Genius [Science Olympiad Sign Up Genius.html](https://www.signupgenius.com/ScienceOlympiadSignUpGenius.html) Thank you for supporting our science students and community!

## **Student Member of the Board Opportunity**

The Education Article of the Annotated Code of Maryland authorizes the election of a student member of the Howard County Board of Education. Howard County Policy 2010 specifies that Howard County students in grades 6-11 shall have the opportunity to elect the Student Member of the Howard County Board of Education to a one-year term.

The responsibilities of this position are extensive. The student member must spend at least two evenings per month in attendance at Board meetings. Considerable time prior to each meeting must be devoted to reviewing policies and programs scheduled for action or review by the Board. In addition to the twice-monthly meetings, the student



member attends public Board functions and all Howard County Association of Student Council (HCASC) meetings.

It is now time to receive applications for the next Student Member of the Howard County Board of Education. ***Any current sophomore or junior in Howard County may apply for this position.*** The student must be regularly enrolled in an HCPSS high school, academically eligible, and a junior or senior in the 2019-2020 school year. The student elected by the students of Howard County will serve a one-year term on the Howard County Board of Education, July 1, 2019 to June 30, 2020.

Applicants must submit an application, a resume, essay responses, a confirmation of academic eligibility signed by a guidance counselor, the principal's recognition that the student is running for this position, a statement of parent permission, and two letters of recommendation. The applicant must assemble the complete application packet and return it to Ms. Cindy Drummond, HCASC Advisor, HCPSS, 10910 Route 108, Ellicott City, MD 21042 or by email [cindy\\_drummond@hcpss.org](mailto:cindy_drummond@hcpss.org). **The complete application packet must be received no later than 4:00 p.m. on Thursday, February 7, 2019. Incomplete or late applications will not be considered.**

All applications will be checked for completeness and eligibility. **All applicants and their parents or guardians must attend a Guidelines and Expectations meeting 6:00 PM Monday, February 12, 2019 at the Board of Education.** Student Member Applicants may not campaign or reach out to delegates or convention organizers in any way prior to convention.

A student delegate convention will convene Wednesday, February 20, 2019 to review the Student Member of the Board of Education applicants and nominate the final two candidates who will run for the Student Member of the Board of Education position. Delegates will represent every middle and high school in accordance with Policy 2010.

The candidates selected will then participate in the campaign process by creating and distributing campaign materials, including a video produced by HCASC and HCPSS that will show at all voting schools. Guidelines for this process will be distributed to the candidates and parents at an information meeting on February 27, 2019. Until then, **no** campaigning may begin.

#### **Dates to remember:**

- February 7, 2019 Completed application packets due to Ms. Cindy Drummond by 4:00 p.m.
- February 11, 2019 Meeting of SMOB applicants and a parent/guardian Board of Education 6:00-7:00 p.m.
- February 20, 2019 Students Delegate Convention held at Wilde Lake High School
- February 27, 2019 Meeting of nominated candidates and a parent/guardian Board of Education 6:00-7:00 p.m.
- April 24, 2019 Election in middle and high schools

### **Youth in Conversation**

**Youth in Conversation** is a group of high school students who want to “talk about the things no one talks about.” The goal is to build community by having conversations about identities we have in common and issues that separate us, such as race, culture, religion and gender.

All HCPSS high school students are welcome & free dinner will be provided by #OneHoward and the Columbia Association each evening we meet

We will meet **the second and fourth Monday of every month from 6:30 – 8:30 p.m.** at Oliver’s Carriage House, 5410 Leaf Treader Way, Columbia, MD 21044 (also known as Kittamaquindi Community Church)

**Meeting Dates in 2019:** 1/28, 2/11 & 2/25, 3/11 & 3/25, 4/8 and 4/29 (*In April we will meet the 5<sup>th</sup> Monday instead of the 4<sup>th</sup> Monday because of Spring Break*), 5/13  
*Please see the FRONT OFFICE for a form if you would like to participate.*

### **Beyond School Hours Program – Media Center**

A reminder that the Media Center is open every Tuesday and Thursday after school, until 3:40 pm. In addition, National Honors Society Tutors will be available for drop-in tutoring on any subject. Please encourage your child to utilize this **free tutoring service** whenever needed!

After School Activities Bus Dates: (Tuesdays and Thursdays, **bolded** dates are **Wednesdays**)

Jan: 29, 31

Feb: 7, 12, 14, 19, 21, 26, **27**, 28

Mar: 5, 7, 12, 14, 19, 21, 26, 28

Apr: 2, 4, 9, 11, 23, **24**, 25, 30

May: 2, 7, 9, 14, 16

Pick up time is approximately 4pm. The bus will stop at the following locations:

- 1) Liler Court and Liler Drive
- 2) Hollifield Station Elementary Station
- 3) Town and Country and West Springs Drive
- 4) Worthington Elementary
- 5) Brunswick Zone/Dunkin Donuts

### **Parent Support Group**

Mount Hebron has a parent group. The purpose of this group is to provide a voice and tools that will assist parents of students who have needs in the areas of social communication, social regulation and executive functioning skills - whether in a university, work or supported living setting. Mount Hebron parent, Michelle Im, along with members of our special education team, have volunteered to lead this amazing discussion and support group. Ms. Im also serves as the Vice President for Howard

County's Special Education Citizens' Advisory Committee (SECAC).

The remaining meetings will be held in Mt. Hebron's Media Center from 6:30-8:00 on the following dates. All are welcome! Please join us!

***Monday, February 11, 2019 - Benefits of Building Partnerships and Social Success***

Group will review and discuss models of parent professional partnership, include a guide towards building successful partnerships with school staff and setting realistic expectations for lifelong learning.

***Wednesday, May 8, 2019 - SI + SR = 🤝***

Group discussion designed to foster an understanding of the relationship between social interaction and self-regulation; to prompt parents to implement strategies at home.

**Your next VALHALLA VOICE will be published January 28<sup>th</sup> with the latest news from your parent advocacy groups and community.**