



PRINCIPAL'S NEWSLETTER

August 31, 2018

CAN'T WAIT TO SEE EVERYONE ON TUESDAY!!!!

You can click on the below links to take you directly to the section of the newsletter or scroll down to read the entire newsletter. There is a lot of information and the newsletters will always be on our website in the section, ***Principal's Newsletter***.

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[Celebrations](#)

[School News](#)

[PTSA](#)

[Viking Backers](#)

[Community News](#)

FOLLOW US & STAY CONNECTED

Follow us on twitter: [@hcpss_hebron](#)

School Website: <http://mhhs.hcpss.org/>

PTSA: mthebronptsa.com

The Mountain: Hebron High School's Online Newspaper: <https://mthmountain.com/>

Viking Backers: <http://www.vikingbackers.org/>

MTHMU Boosters: <http://mthmarchingunit.wixsite.com/boosters>

Got questions about your student's schedule?

Student schedules will be emailed to the parent/guardian's email address after 5pm tonight, Friday 8/31.

Over the weekend students will be able to see their schedule in their Synergy account.

Students will be given a hard copy of their schedule in their period 1 class. Canvas accounts will be live by Monday night.

UPCOMING DATES/EVENTS: See our [calendar](#) on our website for additional dates.

August 31	7pm	Football Home Opener vs MRHS
September 3		Labor Day-No School
September 3		Valley Mede 5K (sponsored by our students)
September 4		FIRST DAY OF SCHOOL
September 6	6pm	Back to School Night- Auditorium-Bake Sale by MTHMU
September 7	7-10pm	Hebron Hula Dance-GYM, Tickets \$5

*****Please note the date change for the Hebron Hula!***

September 10		Rosh Hashanah- No School
September 12-14	3-6pm	Auditions for the Fall Play- Auditorium
September 19		Yom Kippur- No School
September 20	6-9pm	Senior Crab Feast- Cafeteria
September 22		MTHMU Sub Sale: Making at School & Delivery
September 28	7pm	The <i>Fantasticks</i> Musical- Auditorium
September 29		MTHMU Stevenson Band Day
September 30	2pm	The <i>Fantasticks</i> Musical- Auditorium
October 27		MTHMU in Alsatia Mummers Parade @Hagerstown

BACK-TO-SCHOOL NIGHT - Thursday, September 6 from 6:00 – 8:30 pm

******We strongly encourage parents and guardians who attend BTSN to arrange to carpool or if you choose to walk, arrive early. These suggestions help support our effort to reduce the impact of our event on our school neighborhood. Thank you for your support!

THANK YOU

A HUGE thank you and shout out to our amazing PTSA for an incredible staff luncheon on Tuesday and Rita's today! We are so appreciative of all you do to support us and make us feel special.

CONGRATULATIONS

Congratulations to Khiem Doan for volunteering & participation during the 35th National Night out Kickoff on Tuesday, August 7th 2018. He received Howard County Police Youth Advisory Board.



Congratulations to Peninah D'souza, rising Junior this coming year competed in July 2018 at both (air rifle and small bore) rifle National events. The Civilian Marksmanship Program (CMP) National air rifle and smallbore matches took place this summer at Camp Perry, Ohio.

The 2018 National Matches Air Gun Events take place in the new CMP Competition Center, Camp Perry Ohio with 80 electronic target-equipped firing points.

- a. National Matches Air rifle Championship, 60 shots: Position 1 -(in all three categories High women overall, High Junior, High senior) with a score of 612.
- b. National Matches Air rifle Championship, 30 shots standing: Position 1.
- c. Smallbore 3-position-Iron Sight Championship Junior results: Position 14

Link to results Air rifle:

<https://ct.thecmp.org/app/v1/index.php?do=match&task=edit&tab=results&match=17285>

Small bore 3-position Junior results:

<https://ct.thecmp.org/app/v1/index.php?do=match&task=edit&tab=results&match=16685>

Congratulations to our Mount Hebron mountain bike athletes. This year, Maryland has a brand new Interscholastic Racing League for competitive cyclists. Riders from our very own Mount Hebron Cycling Club have joined the Mt. Hebron chapter of the Mountain Lions Composite Racing Team which will compete against other students from around the state of Maryland in 7 different races, and against 12 other teams sanctioned by the Maryland Interscholastic Cycling League and the National Interscholastic Cycling Association. For the racers and coaches this inaugural year is huge! If you are interested in joining the cycling club or the race team please let Mr. Champney know. We want riders from all ability levels. Don't ride alone when you can ride with your fellow classmates for fun or competition. No experience is necessary. Our first race is September 30, 2018: Fairhill Frenzy - Fairhill Natural Resource Management Area (Elkton, MD). More information can be found at <http://www.marylandmtb.org/programs/>

Congratulations to Art teacher MaryKate Hannah who has been awarded a National gold medal this year from the Scholastic Art and writing awards foundation for excellence in teaching.

SCHOOL NEWS

GETTING TO SCHOOL

STUDENT MORNING DROP-OFF

Students driven to school are to be dropped off at the auditorium doors at the side of the building following the established traffic pattern. This is the lot AFTER the intersection/light at St. Johns Lane and Old Frederick Road.

Students may not be dropped off along Old Frederick Road or St. Johns Lane.

Parents are to refrain from making left turns from the drop-off lot onto Old Frederick Road.

Between 6:50 am and 7:20 am, parents cannot enter our staff or bus lot to drop-off students.

Students who are driving themselves to school are encouraged to arrive early to avoid being tardy. Traffic jams occur daily during the morning rush along Old Frederick Road and St. Johns Lane. We very much appreciate your partnership to ensure our commitment to student safety.

Students who arrive at/after 7:25 am are considered tardy and may receive disciplinary consequences. Students can arrive to school as early at **6:30 am** as our cafeteria is open. Students enter through the patio doors that lead directly into the cafeteria. Students may NOT enter the school building before 7:00 am without a teacher pass. Students who arrive before 7:00 am can wait outside or go to the cafeteria.

OPENING DAY PROCEDURES

ARL students need to be prepared to attend on the first day of school. Morning ARL students should be outside ready to board their bus by 7:25 am.

WELCOME VISITORS

In order to ensure the safety of all students and staff, all visitors must press the buzzer located to the far left of the main entry doors to be admitted to our building. Please provide us with your name, student's name and reason for your visit. We will buzz you right in. During school hours, all visitors must report to the office to sign in unless you are going to the attendance window. All visitors must wear a visitor badge.

MESSAGE FOR SENIORS

Event	Date	Location	Approximate Cost
Crab Feast (Dinner and Dance)	September 20th	MTH Cafeteria	\$30
Homecoming Dance	October 13th	MTH Gym and Cafeteria	\$15-\$20
Senior T-Shirt	January		N/A Free!
Prom	April 27th	The Hotel at Arundel	\$60-\$75
Class Night (Dinner and Dance)	May	TBD	TBD
Senior Picnic	May	TBD	TBD
Cap and Gown	October*	N/A	\$35

Order forms will be given out at a later date. Please get your order placed as soon as possible. Prices will go up \$20 after the deadline.

If you have questions about any the events or costs, feel free to contact Mr. Murach or Ms. Vitali. Join the Class of 2019 Remind for updates by texting "@gmurac" to the number 81010!

2019 Class Sponsors: Mr. Greg Murach: Greg_Murach@hcpss.org & Ms. Lisa Vitali: Lisa_Vitali@hcpss.org

Register at academic-coaches.com

Busy Schedule? Hoping for a High SAT score?

Have no fear! Blitz Classes are here!

Spots go quickly!

This class begins September 18th and is in preparation for the October 6, 2018 SAT

All classes held at Mt. Hebron HS

Questions? Contact: academiccoaches@outlook.com

THEATER NEWS

Viking Backstage: News & Events from Mount Hebron Theatre.

Join the Backstage CREW!

The Viking Technical Crew is looking for new members. We will have our first Tech Work Day on Saturday, September 8th from 9a-3p. No experience necessary. Help us get the scene shop ready to build the lands of Narnia and Oz. Bring gloves and a friendly attitude. Great for community service hours too! All students and parents welcome.

Donate on September Eight!

The Mount Hebron Theatre Company is looking for donations of old ice hockey sticks and quart or gallon cans of water-based latex paint (at least half full) to support our upcoming production of The Lion, The Witch, and

the Wardrobe. We will be accepting donations of these items on Saturday, September 8th from 9-3 or by appointment. Please email Mr. Barker at steven_barker@hcpss.org to arrange donations.

You're in good company, The Mount Hebron Theatre Company & Thespians Honor Society

Calling all actors, singers, dancers, costumers, carpenters, electricians, advertisers, and artisans. Please join us Friday, September 7th right after school until 4 pm in the Auditorium for games, snacks, and info about all the opportunities Hebron Theatre has to offer. Learn about Mainstage shows, Tech opportunities, Improv and Shakespeare Troupe, Thespians and the New York Trip. Lots of fun for all. Be a part of it! Everybody plays on the Viking Stage!

Sign up for Fall Auditions HERE: <https://goo.gl/forms/PPawrW6t2x2ccFtf2>

Sign up for audition and fight workshop today. <https://goo.gl/forms/9cq7bzRtjfdV9m2>

PTSA & PARENT ORGANIZATION NEWS:

Caroline Bodziak PTSA President: cbodziak@aol.com

PTSA New Website Live - Join Online!

Student web developers and their parent mentor have been working hard this summer to update the PTSA's website and it is now LIVE! Check it out at www.mthebronptsa.com/. Learn more about the Mt. Hebron Parent Teacher Student Association (PTSA) and - new for this year - you can join online! Check back soon for more information about PTSA programming for the school year. Join us for our first PTSA meeting of the year on Tuesday, September 11 in the media center. 6:00-7:00pm is a welcome social for all parents new to Mt Hebron, 7:00-8:00pm is the regular PTSA meeting, and at 8:00pm will be extra programming: "The State of the School" by principal Dr. Joelle Miller and Student Services staff.

Contact mthebronptsa@gmail.com with any questions. We look forward to an exciting year reconnecting with old friends and meeting new ones!

Values: Café Conversations

What values do you have as an individual? Within your family? Within your community? How about within your school? Parents, guardians and community members are invited to attend one of four repeating working sessions to help Mt. Hebron HS define a set of values for the school community.

Please join us on one of these four dates:

Wednesday, September 26 7:00pm-8:30pm Monday, October 22 6:30pm-8:00pm

Thursday, January 17 7:30am-9:00am

Tuesday, March 5 7:00pm-8:30pm

The resulting values developed by the students, families and staff will be combined, consolidated, and used as the theme for the 2019-2020 school year. Please participate and have your voice heard.

Hospitality

The PTSA Hospitality Committee will welcome all staff back to school with a special Luncheon on Tuesday, August 26. Details coming soon.

Reflections

Do you love art? Do you want to encourage a love of the arts in the people around you? PTSA wants to bring Reflections to MHHS and is looking for two parent co-chairs to assist Faculty Chair, Steven Barker (MHHS Theater Arts Teacher), in bringing this opportunity to students.

Reflections is a nationwide PTA program that is a creative and fun way for all students to engage in the arts. There are 6 categories: film, dance, musical composition, photography, visual arts and literature. Students use their imagination and creativity to create original works of art in one of these six categories around the 2018-2019 theme, "Heroes Around Me." Details on Reflections at MHHS will be posted on the PTSA website soon. In the meantime visit: http://mdpta.org/bridge_reflections.html to learn more.

Volunteers Needed

1. Two parent Reflections Co-Chairs to assist Faculty Chair, Steven Barker. A great opportunity to do with a friend!
2. Mulch Sale Assistant – Needed to shadow this year's Mulch Sale Chair, Mary Pearce, to prepare to run the show the following year. The PTSA Mulch Sale is the PTSA's largest fund raiser in support of After-Prom.
3. Assistant to the director of After-Prom Sponsorships & Social Media. Contact mthebronptsa@gmail.com .

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MTHMU BOOSTERS ORGANIZATION:

Did you know that the Mt. Hebron Marching Unit is on Facebook? Please check out our page at <https://m.facebook.com/MTHMU/> for some amazing drone photos as well as videos of our awesome Band, Cavaliers, and Lancers from their "Pass in Review" show last Friday.

Do you enjoy the performances of MTHMU? The students would love to have your support as they continually try to earn funds to keep this great unit thriving. And it's so easy! Here are two ways you can help MTHMU in the coming week:

BACK TO SCHOOL NIGHT BAKE SALE - Thursday, September 6th in the Lobby or Outside the Auditorium

Everyone knows how hectic it can be at the beginning of the school year. Why not save yourself a little time and grab a bite to eat from the MTHMU Bake Sale during Back to School Night? We should even have some non-baked goods for those looking for tasty options. Please stop by when you arrive, as well as throughout the evening, and help support our kids! Sign up here under "September" if you'd like to donate an item: <http://signup.com/go/bjCCiPp>

FALL SUB SALE – Orders Due by September 11th

Speaking of food, why not order some delicious subs for an easy meal at home or on the go? You may order any of the 5 sub varieties in person from any MTHMU student, or simply click here to order online, and receive on Saturday September 22nd: <http://mthmarchingunit.wixsite.com/boosters/online-store/Sub-Sale-c26574495>.

The 6th option is a “Donation Sub” which will be delivered to Grassroots. Don’t forget to order some “Freezer Subs” for easy meals for the rest of the month! The order process is the same as last year. The Fall Sub sale is extremely important to help the unit raise funds for ongoing needs as well as their big Spring Trip.

VOLUNTEER OPPORTUNITIES

Want to enjoy MTMHU music even more often? We need your help! There are many volunteer jobs at our various events. Check them out here and sign up today!

<http://signup.com/go/eaUfWpp>

The MTHMU Booster Meetings are held on the first Wednesday of every month. [Please join us this Wednesday, September 5th, at 6:00 pm in the Band Room.](#)

CAPSA: Chinese American Parent and Student Association (CAPSA)

Grace Wang Committee Chair – Guihua.wang@kci.com or Webmaster Yu Chen – chenyu@umbc.edu

A new parent and student organization, Chinese American Parent and Student Association (CAPSA), was founded in MHHS community on March 19, 2018. Lead by the five-member committee, this organization welcomes all parents and students who have Chinese heritage or those interested in Chinese culture. CAPSA will work with PTSA to serve MHHS faculty and students while promoting culture diversity, understanding, and integration. Chase Blanchette, senior, is the first term student committee member who will lead the efforts on student outreach.

For communications with CAPSA, you may use individual’s emails or capsa.mhhs@gmail.com

PAAS: CJ Ridgley & Cheryl Godsey Co Presidents

Mrs. Godsey: cherylmg01@gmail.com

Mrs. Ridgley rickyandcj@verizon.net. Please join PAAS at

<http://mthebronpaas.wixsite.com/paas> PAAS Communications Committee

KASPO: Korean American Student Parent Organization (KASPO) Jamie_Kim@hcpss.org

IASPA: Indian American Student Parent Association-Interested in joining-contact Gopi Suri at
gopi_suri@yahoo.com.

VIKING BACKERS BOOSTER CLUB:

Did you know that HCPSS provides only a FRACTION of the funds needed by our athletic teams each year and gives NOTHING to our student clubs? The financial support by the Viking Backers Booster Club is VITAL to the success of our students in many extracurricular activities. For the last few years, we have not been able to fully fund all requests and next year promises to be more of the same – especially since the county has CUT an additional \$5000 from the athletics budget! YOU can help by joining AND getting involved.

410-989-3717 Viking Backers text/mobile

www.vikingbackers.org [Like us on Facebook](#) [Follow us on Twitter](#) [Follow us on Instagram](#)

ANNUAL VIKING 5K

The 26th Annual Viking 5k and 1m Fun Walk SUNDAY Oct 7 @ 9:00 am.

Join the Mt. Hebron High School community on Sunday, Oct. 7 to kick off homecoming week by running (or walking) the Hebron trail, neighborhood and stadium track! Compete for age group or MtH Awards (Alumnus, Student, Parent, Faculty and more!). New to running? We have a Novice award this year! and Bullseye Running keeping time! Proceeds benefit the efforts of the Viking Backers, supporting student clubs and athletics.

More information please visit the Viking Backers Website.

REGISTRATION (Note Online Registration closes Oct 4, with price increase on Race Day):

Race Tshirts guaranteed for the first 120 registered participants.
Questions? Email: MTH.Viking5K@gmail.com Mike Bosilovich, Chairperson

2018-2019 Viking Backers Memberships Available Now!

We invite you to join the Viking Backers, booster club for Mt. Hebron High School. The Viking Backers is an all-volunteer, parent organization that supports ALL student extracurricular activities including academics, arts & athletics. Visit www.vikingbackers.org to join online or drop off your completed membership form & payment at the Fall Sports Parent Meeting on 8/27, at the New Student Orientation on 8/30 or at Back to School Night on 9/6. Completed forms & payment can also be mailed to P.O. Box 775 Ellicott City, MD 21041. Your membership supports ALL students at Mt. Hebron! 410-989-3717 Viking Backers text/mobile www.vikingbackers.org Like us on Facebook Follow us on Twitter Follow us on Instagram – the links are in last week's newsletter

BOARD OF DIRECTORS vacancies for 2018-2019:

President – VACANT (keep in touch with board and committees; lead monthly meetings; liaison to admin)

VP Ways & Means – VACANT (communicate with event committee chairs for fundraisers)

VP Concessions – Patti Lizzo*

VP Spirit Wear – VACANT (organize spirit wear sales)

Marketing/sponsorship – VACANT (solicit local business sponsors; create sponsorship packages)

Spirit Wear – VACANT (assist the VP Spirit Wear by hosting in person sales at school)

Volunteer Coordinator – Stacey Freedman*

Website – Jackie Wilson*

Winter Event – VACANT (create a new adult or community fundraiser)

(*-indicates last year of service)

Mt Hebron Spirit Wear

SPIRIT WEAR

Be a proud Viking and show your spirit by purchasing some great-looking Mt. Hebron spirit wear!

The 2018-19 online MHHS Spirit Wear store is now open for ordering at www.bsnteamsports.com. Enter access code **uEagxbUGFa**. The store will be open through **September 10, 2018**. Due to the customized nature of the program, all sales are final and there will be no exchanges. Please check sizes carefully before ordering.

Spirit wear items deliver 3-4 weeks after the close of the store. You will receive a notification once items arrive and dates, times, location for pickup. The Viking Backers will also be selling spirit wear items not

available at the online store during New Student Orientation and Back to School Night. Everyone is invited to place an order! Students, Parents, Family Members and Staff too!

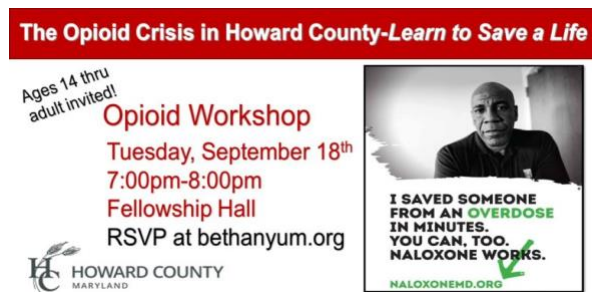
Questions email mthspirit@gmail.com.

COMMUNITY NEWS:

Valley Mede 5k

Monday, September 3rd. As you may know, this is a community event hosted by local middle and high school students supporting Voices for Children.

This is the 9th year for teens of Mt. Hebron to host a 5k for a non-profit! This year, the students are supporting [Voices for Children](#). We love the idea of children supporting other children right here in our very own community. To learn more about the race and to register, sign up [here](#). If you can't be at the race, you can still support the event by signing up to be a virtual runner! For more information: <https://voicesforchildren5k.weebly.com/>



The Opioid Crisis in Howard County-Learn to Save a Life

Ages 14 thru adult invited!

Opioid Workshop
Tuesday, September 18th
7:00pm-8:00pm
Fellowship Hall
RSVP at bethanyum.org

HOWARD COUNTY
MARYLAND

I SAVED SOMEONE FROM AN OVERDOSE IN MINUTES. YOU CAN, TOO. NALOXONE WORKS.
NALOXONEMD.ORG

Howard County presents Opioid Workshop on Tuesday, September 18th, 7-8pm. Register by contacting Howard County Health Department - send email to orpresponse@howardcountymd.gov Class is at Bethany UMC - 2875 Bethany Lane, Ellicott City, MD 21042

For more Community News and Programs visit <http://www.hcpss.org/community-news-and-programs/>