

GO VIKINGS

**WELCOME MT. HEBRON HIGHS SCHOOL FOR INCOMING
STUDENT ATHLETIC ORIENTATION NIGHT**

Welcome to the Mt. Hebron Athletic Parents Night

Brian Rau, CAA

Athletics and Activities Manager

Office: 410-313-2885

Brian_rau@hcpss.org

MT. Hebron Administration

Principal: Katie Clark

Assistant Principal: Jennifer Whiddon

Assistant Principal: Tony Campitelli

Assistant Principal: Yvonne Jackson

Assistant Principal: Allison McCoy

MHHS Viking Backers Booster Club

Brian Slater

president@vikingbackers.org

THE VIKING BACKERS?



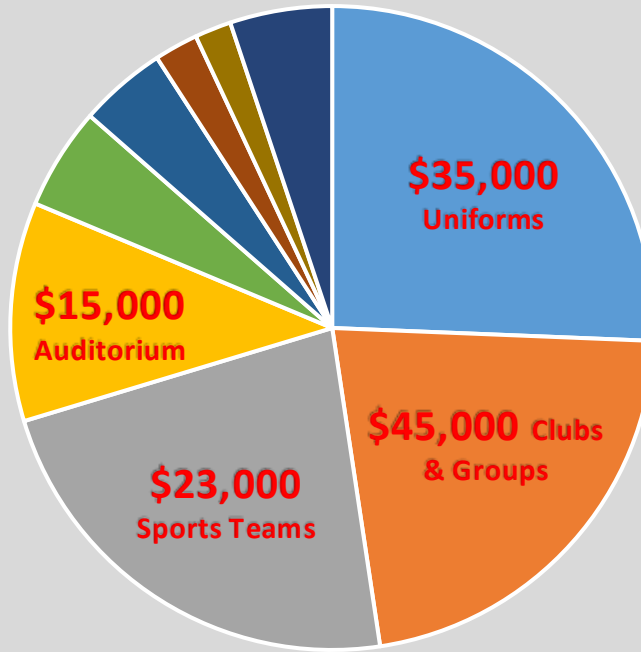
Advocacy	\$ for Academics, Arts, Clubs, Athletics
Teacher & Staff Appreciation	Bingo, Pickleball, Drivers Ed
After Prom	Spirit wear, Concessions, After Prom Support
Complimentary Events, Increasing Collaborations	

WHO DO WE SUPPORT?

\$7,000 PTSA
\$6,000 Scholarships
\$3,000 Staff Fund

\$9,500 Insurance, Maintenance,
Admin Fees

2025
2026



Science Olympiad Registration, Stoles for NHS, Tables & Chairs for the Library, Supplies for GT Research Showcase, ACSL Programming Contest Registration, Patapsco MS Mentoring Program, Leadership Club Transportation, Yarn for the Crochet Club, Guitar Strings, Supplies for the Culinary Program, Economics Team Challenge Registration, Transportation for Mens Rising, Film & Cameras for Photography Club, Ceramic Cart for Art Studio, Refreshments for Freshmen Fridays, Tools for Beyond School Hours plus much, much, much more!!!

Active Minds
Art Studio
Beyond School Hours
Biking Vikings (Bike Team)
Class of 2026
Computer Science Club
Crochet Club
Culinary Program
Economics Challenge Team
ESOL Program
GT Research Program
Guitar Program
Ice Vikes (Ice Hockey Team)
Lancers
Leadership & Service-Learning
Library / Media Center
Los Vikings
Men Rising
Model UN Club
National Honor Society
Ninth Grade Team
National Honor Society
PE / Weight Room
Photography Club
Ragnarok Robotics
Science Olympiad
SGA
Student Services
The Scholars Leadership Program

WHAT DO WE PROVIDE?

Athletics Funding This Year

- County ... \$23,000
- Viking Backers ... \$58,000

This Year Includes:

- **Tournament Fees for Cross Country & Track**
- **Tournament Fees for Wrestling & Other Teams**
- **Football Helmets & Lacrosse Helmets**
- **Turf Rental for Marching Unit**
- **Varsity & JV Letters, Pins, Plaques, Certificates**
- **New Uniforms!**
- **Updated Stadium Sound System**

Last Year Included:

- **\$34,000 for New Uniforms**
- **\$8,500 for Tournament Fees & Pins/Letters/Plaques**
- **\$7,000 for Football & Lacrosse Helmets**
- **\$4,000 for New Volleyball Nets**

HOW IS IT POSSIBLE?

WE NEED EVERYONE'S SUPPORT!

Become a Member!

Our #1(tie) Source of Funds!

Come Play with Us!

Pickleball #4(tie)

Bingo #3

Drivers Ed!

Streetsmarts & Greg's #4(tie)

Eat & Volunteer @ Concessions!

Our #1(tie) Source of Funds!

Spiritwear!

Sponsorships!

Superbowl Squares!

Smile (Amazon)

Send Kids to Camp in 2024

Academic Eligibility

A student must comply with the Academic Eligibility for Extracurricular Activities Policy(Policy #9070). Students must have earned a 2.0 GPA with no more than two failing grades during the previous quarter.

The grade entered on the report card determines eligibility. A one-time waiver may apply for students who are promoted but do not meet the standard.

1st Q report card for Winter Sports

2ndQ report card for Spring Sports

4th Q report card for Next Fall Sports

Athletic Tryouts

Fall sports start on August 12th 2026

Registration open now

Winter sports start on Nov. 15th 2026

Registration open on or about Oct. 1

Spring sports start on March 1st 2027

Registration opens on or about Jan 15th

Fall Sports 2026 start on August 11th 2027

Fall Sports

- Football
- Boys Cross Country
- Girls Cross Country
- Girls Field Hockey
- Girls Volleyball
- Boys Soccer
- Girls Soccer
- Boys and Girls Golf
- Allied Soccer
- Cheerleading
- Flag Football

Shawn Frederick

Jordan Sterne

Matt Gaieski

Jeannette Ireland

Molly Werts

Trevor Shea

Robert Gibbons

Don Walters

Todd DeCrispino

Casey Feuntes

Vacant

Winter Sports

<https://mhhs.hcpss.org/athletics/teams>

- Boys Basketball
- Girls Basketball
- Wrestling
- Indoor Track
- Cheerleading
- Allied Bowling

Malik Gilmore

Chris VanderVat

Ernie Vogel

Jordan Sterner

Casey Fuentes

Kara Brooks_Odom

Spring Sports

<https://mhhs.hcpss.org/athletics/teams>

• Baseball	Todd DeCrispino
• Softball	Mark Graydon
• Boys Lacrosse	Dave Smith
• Girls Lacrosse	Sam Hall
• Outdoor Track Boys	Jordan Sterner
• Allied Softball	Shawn Frederick
• Tennis (boys and girls)	Kevin Hendon

All Sports Registrations at <https://www.hcpss.org/connect/>

Requirements For Participation

- Current Physical Examination dated less than one year prior to tryouts.
- Parent Permission Form with **Proof of Insurance**
- Concussion Information Sheet
- Sports Concussion Release of Information Form
- Proof of Residency (Current Utility Bill Every Season)
- Updated Emergency Contact Information (hcpss.org)
- Sudden Cardiac Arrest form.

COMPLETE ON THE PARENT CONNECT PAGE ONLINE.



HCPSS Connect

HCPSS Connect provides access to a variety of student information and classroom instructional tools offering personalized communication and timely, relevant and easily accessible information relating to your student.



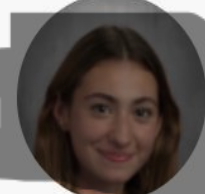
Aubrey
Mt. Hebron High School
ID: 004026316 (410-313-2880)

Howard County Public Schools

Good afternoon, Karina Carr, 6/4/2024

Home

-  Synergy Mail 44
-  Calendar
-  Attendance
-  Class Schedule
-  Conference
-  Course History
-  Fee
-  Grade Book
-  School Information
-  Student Info
-  More Options (Family File, Report Cards, etc.)



Aubrey
ID: 004026316
Mt. Hebron High School

Recent History

No Data



Homeroom / Transportation / POS

Student Technology

Standardized Test Scores

School Directory

Athletic Registration

HCC Application

JumpStart

- MAIN NAVIGATION
- Dashboard
 - Athletic Participation Form
 - Concussion Information Sheet
 - Concussion Testing Program
 - COVID-19 Awareness
 - Physical
 - Residency Verification
 - Sudden Cardiac Arrest Info.

Athletic Registration

Current Registration: Fall 2023-2024

Student Name: Aubrey Anne Carr
Date of Birth: 02/14/2008 **Age:** 16
School: Mt. Hebron High School **Grade:** 10 ***Sport:** Soccer
[Download Preparticipation Physical Form](#)

Family File Submitted: 8/16/2023 2:03:00 PM.

Form Name	Complete	Electronic Signature	Date Signed
Athletic Participation Form (Parent)	Yes	Daniel J. Carr	7/6/2023 10:54:00 AM
Concussion Information Sheet (Parent)	Yes	Daniel J. Carr	7/6/2023 11:04:00 AM
Concussion Testing Program (Parent)	Yes	Daniel J. Carr	7/6/2023 11:06:00 AM
COVID-19 Awareness (Parent)	Yes	Daniel J. Carr	7/6/2023 11:07:00 AM
Insurance Company/Policy Number	Yes	Daniel J. Carr	7/6/2023 10:54:00 AM
Photo Release	Yes	Daniel J. Carr	7/6/2023 10:54:00 AM
Physical	Yes	Daniel Carr	7/6/2023 11:17:00 AM
Residency Verification	Yes	Daniel Carr	7/6/2023 11:21:00 AM
Sudden Cardiac Arrest Information Sheet (Parent)	Yes	Daniel J. Carr	7/6/2023 11:23:00 AM

- Dashboard
- 📄

Athletic Participation Form
- 📄

Concussion Information Sheet
- 📄

Concussion Testing Program
- 📄

COVID-19 Awareness
- 📄

Physical
- 📄

Residency Verification
- 📄

Sudden Cardiac Arrest Info.

- All student athletes must satisfactorily pass a physical examination by a physician or nurse practitioner.
- Student physical examinations cover one school year only.
- Only PDF, JPG, DOC and DOCX files are accepted.
- The maximum file size of any single file is **4 MB** (you will get a Maximum File Size Error if you try to upload a bigger file!)
- Please try to only upload one file per registration.
- If you encounter errors with uploading the file, please forward the physical as an email attachment to your school's AAM. **Please make sure to include your child's name!**

Preparticipation Physical Form

Physical Exam Dated 07/05/2023 was uploaded for this registration on 7/6/2023 11:17:00 AM.

Upload New Physical with Exam Date

< June 2024 >						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

Choose File

No file chosen

☐ Replace existing Physical Forms (do not check if uploading multiple files for a single physical!)

Schedules, Athletic Info, Coaching Information

<https://mhhs.hcpss.org/>

www.Countysportszone.com

www.vikingbackers.org



Mt. Hebron High School

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[Student Life](#) ▾



IMPORTANT NEWS & UPCOMING EVENTS

[Weekly Viking News](#)

[Viking Athletics - Fall Sports](#)

[Online Athletic Registration](#)



Type here to search



73°F Partly sunny



4:16 PM
6/4/2024



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Athletics

Fine Arts

Activities & Clubs

Student Parking

School Newspaper

LGBTQIA+ Community

Yearbook

Student Parent Associations



IMPORTANT NEWS & UPCOMING EVENTS

Winter Sports Parent Meeting 2023-2024 Slideshow

[Spring Athletics Registration](#)

Instructions for Sports Registration. DUE BY: Wednesday, February 28th

[Online Athletic Registration Instructions](#)

Please follow these instructions in order to facilitate proper and easy registration.

Athletics Staff

Brian Rau | Athletics & Activites Director | Brian_Rau@hcpss.org

Ryanne White | Athletic Trainer | Ryanne_White_contractor@hcpss.org

Sports Teams

[List of Sports Teams](#)

Athletic Rules of Conduct

At all Howard County athletic events, we strive to provide a pleasant and safe environment for all spectators and participants. We ask fans from:

- Intimidating or harassing the players, coaches, officials, or fans
- Using profanity



IMPORTANT NEWS & UPCOMING EVENTS

Weekly Viking News

Read our newsletter!

Viking Athletics - Fall Sports

Are you interested in playing sports at Mt. Hebron next year? Then please attend the Mt. Hebron 8th Grade Sports Orientation on June 4th at 6:00 PM in the Mt. Hebron Auditorium.

Online Athletic Registration Instructions

Please follow these instructions in order to facilitate proper and easy registration.

Final Exam Schedule

<https://mhhs.hcpss.org/news/2024/05/viking-athletics-fall-sports>

Attendance Information and Resources

Viking Parent Weekly

- Parents/guardians are to complete and sign the following Documents thru HCPSS Connect:
- Register on a computer.
- Do not use your Mobile Phone or Ipads;
- Make sure Pop Ups are Allowed
- Registrations MUST BE DONE on a Parents/Guardians HCPSS Connect Account
- FILE SIZE Limits of 4MB for Physicals and Utility – Try uploading one page at a time. Use a word doc. Use a picture of the physical.
- Cell Phone users have been receiving error messages when using their cell phones to Register.

Charging at Events

GO FAN APP

All Tickets now \$5.00 Regular Season \$6.00 Special Events
(MPSSAA and County Championships/Tournaments)

We charge at the following events:

- JV and Varsity Football
- Basketball Games
- Wrestling Matches
- ALL FRIDAY NIGHT GAMES AT THE STADIUM JV AND VARSITY.
- MOST OUT OF COUNTY GAMES WILL HAVE A GATE FEE.

Field Trips and School Activities

- There are numerous field trips and school activities during the school year. Games will not be rescheduled due to field trips, coaches or players personal schedules, or for other school activities. Please plan accordingly.

Fan Behavior and sportsmanship

Enjoy the event! Be a fan, not a fanatic!!

New MPSSAA/HCPSS EJECTION RULE

2 game suspension for any egregious behaviors that result in an ejection.

Support the Vikings and cheer in a positive manner

Please do not “argue with or question” the officials

Those who fail to abide by the Rules of Conduct, will be asked to leave the contest.

Let the coaches coach. You may not always agree, but please support them.

Transportation

Bus Contractor Tip Top for all athletic events.

If you need to transport your son/daughter home after a contest, we ask you send an email to be approved by the coach a day ahead of time with the following information:

- Your Name
- Your Child's Name
- Date on which you will take your child home
- Location of the Event

Prior to leaving the event, see the coach and sign your child out with the coach.

Communication You Should Expect From Your Child's Coach

- Philosophy and Goals of the program.
- Expectations the coach has for your son/daughter as well as the players on the team
- Locations and times of practices and contests
- Team requirements, i.e., special equipment, off season conditioning
- Sport Specific protocols and procedures
- PARENT VOLUNTEERS for concessions
- TEAM PARENT

Team Breakout Locations For Fall Teams

- | | |
|----------------|---------------|
| • Media Center | Volleyball |
| Room 112 | Boys Soccer |
| Auditorium | Football |
| Room 103 | Field Hockey |
| Room 101 | Cross Country |
| Room 107 | Golf |
| Room 147 | Girls Soccer |
| Room 105 | Cheer |
- Winter and Spring Coaches have tables in the Auditorium Lobby