

January 12, 2017 Principal's Newsletter

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Follow us on twitter: [@hcpss_hebron](#)

School Website: <http://mhhs.hcpss.org/>

PTSA: mthebronptsa.com

The Mountain: Hebron High School's Online Newspaper: <https://mthmountain.com/>

Viking Backers <http://www.vikingbackers.org/>

UPCOMING DATES/EVENTS: See our [calendar](#) on our website for additional dates.

January 16: Make up Picture Day for Underclassmen and Seniors

January 16: CANVAS parent information night for our Hispanic Parents in media center

January 16: Independent Research GT and Intern/Mentor GT info night at 7pm in Auditorium

January-February 9: Complete Student Member of the Board (SMOB) Applications

January 17: Students during Viking Time can come to room 106 for online scheduling help

January 17: Parents can get Scheduling help at 6:30-8:00pm in our media center

January 18: Permission slips due to counselors for the ARL Shadow Days

January 22: Math National Honor Society induction ceremony at 6:00 pm in the auditorium

January 26: Our theater classes present, "Another Cinderella" in our auditorium at 7:00pm

January 29 – Feb. 15: Counselors will be meeting individually with all 9th - 11th grade students

January 29 - February 9: Street Smarts Driving School 3-6:15pm

January 30: Drug Free Program at Howard High School at 7pm

January 30-February 1: ARL Career Shadow Days for 9th and 10th grade students

February 1- February 14: Greg's Driving School 2:45-6pm

February 5: Viking Backers meeting at 6:30pm in Media Center

Feb. 6: Citizen input for traffic and safety investigation of MD99 5pm-8pm, George Howard Bldg

February 13: PTSA meeting at 7pm in Media Center

February 17: PAAS (Parents of African American Students), Movie 1:00 PM, HOYTS CINEMA

February 21: Viking Backers Mulch Sale begins

February 23-26: High School Semester Exams

March 24: Mulch Delivery Day 7-12am

May 7- May 18: AP Exams. Please see the complete schedule on our website.

May 21- May 31: Graduation window

CELEBRATIONS:

Congratulations to Anthony Bell, MHHS Girls' Basketball Coach, on being named Fox Baltimore's Champion of Courage. You can read all about it [here](#).

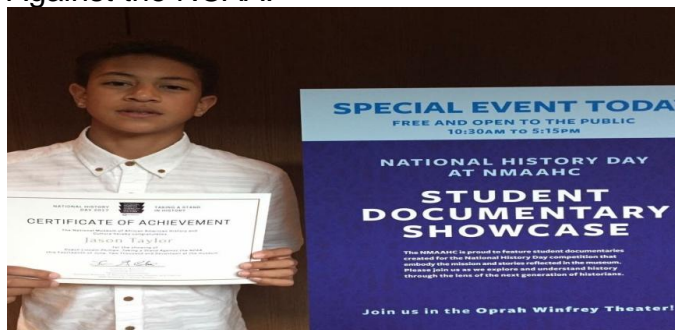
Congratulation to FBLA! Mt. Hebron's chapter of FBLA attended our Regional Competition on January 6th at Long Reach High School. In all, we had 60 members who had competed via a test in a subject area, or through competitive events. In competitive events, which are typically the most challenging events, our teams comprised almost 1/5 of the teams competing, and 10 Howard County Schools were in attendance. Our students did very well in these events; many achieved 1st, 2nd or 3rd place, which qualifies them for states. One event, Publication Design, was swept by three of our student teams which took 1st, 2nd and 3rd! In all, of the 60 who tested or competed, 44 students qualified for states. Ellen Li, and Lynzee Louden, both 10th graders, new to FBLA, actually achieved perfect scores in Emerging Business Issues.

Reddy	Nitin	11	Agribusiness	1st
Jones	James	12	Database Design and Applications	1st
Jung	Ryan	11	Economics	1st
Jin	David	11	Electronic Career Portfolio	1st
Li	Ellen	10	Emerging Business Issues	1st
Louden	Lynzee	10	Emerging Business Issues	1st
Cho	Grace	11	Graphic Design	1st
Choi	Joanna	11	Graphic Design	1st
Shaik	Seema	11	Help Desk	1st
Cumiskey	Mac	12	Hospitality Management	1st
Draminski	Rees	12	Hospitality Management	1st
Niezelski	Daniel	12	Hospitality Management	1st
Saha	Pritha	11	Publication Design	1st
Tran	Hanna	11	Publication Design	1st
Bajwa	Anureet	10	Social Media Campaign	1st
Bharmal	Zainab	10	Social Media Campaign	1st
Currie	Wyatt	10	Spreadsheet Applications	1st
Anil	Yashas	11	3D Animation	2nd
Obia	Shreshta	11	3D Animation	2nd
Wiredu-Aidoo	Michael	11	3D Animation	2nd
Yan	Timothy	12	Agribusiness	2nd
Singh	Arvind	11	Banking/Financial Systems	2nd
Luther	Isaac	12	Cyber Security	2nd
Chibb	Josh	11	Entrepreneurship	2nd
Doan	Cotu	10	Entrepreneurship	2nd
Zaidi	Sahar	10	Entrepreneurship	2nd
Prasad	Chinthan	11	Marketing	2nd
Chen	Heather	11	Publication Design	2nd

Faish	Sierra	11	Publication Design	2nd
Kang	Seonyoung	11	Publication Design	2nd
Chang	Joshua	11	Accounting I	3rd
Doan	Khiem	11	Advertising	3rd
Barr	Ethan	12	Business Ethics	3rd
Conklin	Trevor	12	Business Ethics	3rd
Mehta	Tej	12	Business Ethics	3rd
Chen	Megan	10	Emerging Business Issues	3rd
Parkinson	Chloe	10	Emerging Business Issues	3rd
Santhanagopalan	Shreya	10	Global Business	3rd
Mahmood	Zara	11	Help Desk	3rd
Anantha	Gautam	11	Management Information Systems	3rd
Rogers	Erin	12	Organizational Leadership	3rd
Shaik	Sana	11	Publication Design	3rd
Yarlagadda	Kaavya	11	Publication Design	3rd
Ahmad	Uzair	11	Sports and Entertainment Management	3rd
Kim	Brendan	11	Sports and Entertainment Management	3rd
Jin	Steven	12	Impromptu Speaking	4th
Chandra	Sushrut	11	Management Information Systems	4th
Purohit	Saniya	11	Marketing	4th
Hemelt	Evan	11	Accounting I	5th
Lee	Jason J.	11	Management Information Systems	5th

Thank you to Mr. Gorleski! Our Engineering Teacher for sponsoring FBLA(Future Business Leaders of America) Club!

Congratulations to Jason Taylor who participated in the National History Day Program with an Individual Documentary Entry for the theme: Taking a Stand. Jason won the HCPSS county competition and went on to win the Maryland State Competition getting 1st place for his documentary entry: Coach Lincoln Phillips, Taking a Stand Against the NCAA.



Congratulations to our Track Team! Coach Ulrich, Coach Carter and INDOOR TRACK Student athletes who performed well over the Holiday break in their respective Tournament and Invitational: Our Indoor Track Teams did well at the F.I.T. Invitational at the PG Sports Complex:

-1,600- Emily Beyer -State's Top performer

-4x800 Boys got 3rd place
-4x200 Girls got 2nd place
-300-Jaiden Ritter got 5th place
-500-Morgan Flack 7th place
-3,200-Caylee Bergreen
-4x400-Boys & Girls got 2nd place

Please check out latest post from Baltimore Sun.

<http://www.baltimoresun.com/news/maryland/howard/sports/ph-hs-indoor-track-and-field-preview-20180108-story.html>

Congratulations to Emily Beyer, who was selected to the Baltimore Sun's All Metro 1st Team also Howard County Times selected 1st Team- Emily Beyer, 2nd Team- Alex Banham: GIRL'S CROSS COUNTRY; BOY'S CROSS COUNTRY: 2nd Team- Sahil Sardesai : Blaire Ridgely, Jaiden Ritter, Ebere Ugorji and Morgan Flack, long sprinters Won both Anne Arundel/Howard County Challenge meet.

Congratulations to the MHHS BASKETBALL team

JV Boys Basketball WON the Liberty HS Tourney defeating Liberty in the first Game 49-44, and defeating Damascus in an Awesome Game for the Championship Victory 59-57

Varsity Girls WON both of their games in the Mixer at the Milford Mill Tourney defeating Milford Mill 56-18 and previously unbeaten Bowie 49-40

JV Girls split their mixer, defeating Liberty HS in the first game 34-31, losing to Winters Mill in the second game 38-22

Varsity Boys Won the first game against South Carroll and lost the second game to Liberty HS 63-57 in the Liberty HS Tournament

Congratulations to MHHS WRESTLING team traveled to Aberdeen HS on December 27th for day 2 of a re-scheduled snowed out tournament. MTH went into 12/27 day 2 at 5-0. We WON our first two matches in the morning. This placed us in the semi finals with Marriotts Ridge, where we lost a close match. We wrestled River Hill for 3rd/4th place. River hill defeated MTH, and we took 4th in a highly competitive tournament. MTH Wrestling Team is currently 13-3 overall. Awesome Job Wrestlers and Coaches Harman, Lucania and Kilo!!!

Congratulations to the following student athletes who was selected to the Howard County Times, All County Teams!!

FIELD HOCKEY: Annie Ryan – 1st Team, Erin Demek – 2nd Team, Jaden Ross – 2nd Team

FOOTBALL Nick: Nordhausen – 2nd Team Defense, Glen Turner – 2nd Team Defense, Joey Schwartz – 2nd Team Offense

BOY'S GOLF: Lake Lloyd – 2nd Team

BOY'S SOCCER: Vince Broccolino – 1st Team, Colton Wartman – 2nd Team, Sebastien Tobar – 2nd Team

GIRL'S SOCCER: Julz Lamparella – 1st Team, Kaitlin Rice – 1st Team, Alex Masse – 2nd Team, Mackenzie Folch – 2nd Team

VOLLEYBALL: Nicole Tabenske – 2nd Team

Congratulations to The Choirs of Mt. Hebron who hosted a "Viking Sing Fest" on Wed. the 10th. We had over 270 singers involved in a choral festival/masterclass where our feeder school choirs: St. Johns Lane Elementary, Hollifield Station Elementary and Patapsco Middle School joined the Chamber Choir here for a day of learning, getting to know Hebron and making great music at the end of the day with festival concert!

Congratulations to the Photography students: Mia Flack, Chloe Ruck, Ania Williams, Sabrina Yi, Emily Arnold and Mackenzie Strozyk. They have been selected to show their work at the Columbia Arts Center as part of Developing Understanding: The Photographer's Eye exhibition. This is a show featuring the work of the strongest photography work from high schools in the county. There will be a reception from 5-6:30pm this Thursday, January 18th at the Columbia Art Center in the Long Reach Village Center. Come out and support Hebron's photographers! Caroline Creeden: Photo and Art Teacher

Congratulations to The Physics Team as follows Alex Wu, Amrithya Balasubramanian, Uzair Ahmad, Chase Banchette, Jaganathan Velraj, Sanjay Sharma, Brendan Kim, Mac Cumisky and Jason Lee who competed last Saturday the 6th of January in the Howard County Physics Olympics Competition. They won two out of the six events and came in 2nd place overall. Thanks to our sponsor Ms. Lu!

SCHOOL NEWS:

COURSE REGISTRATION PROCESS FOR 2018-19

The registration process has begun. Students received their registration forms with teacher recommendations, directions, and course offerings on Monday. Take some time to have conversations with your sons/daughters about what courses will help them with their future plans.

Directions for the online process, the course catalog, and a video to explain the process are all posted on the Mt. Hebron website, mhhs.hcpss.org. Go to the block titled, Course Selection for 2018-19.

SMOB Application

Please review the **Student Member of the Board (SMOB) Application** Packet. The applicant must assemble the complete application packet and return it to Ms. Cindy Drummond, HCASC Advisor, HCPSS, 10910 Clarksville Pike, Ellicott City, MD 21042 or by email cindy_drummond@hcpss.org. **The complete application packet must be received no later than 4:00 pm on Friday, February 9, 2018. Incomplete or late applications will not be considered.** If you have any questions please contact Ms. Drummond by email. All applications will be checked for completeness and eligibility. **All applicants and their parents or guardians must attend a Guidelines and**

Expectations meeting 6:00 PM Monday February 12th at the Board of Education.

Student Member Applicants may not campaign or reach out to delegates or convention organizers in any way prior to convention. A student delegate convention will convene Wednesday February 21, 2018 to review the Student Member of the Board of Education applicants and nominate the final two candidates who will run for the Student Member of the Board of Education position. Delegates will represent every middle and high school in accordance with Policy 2010.

The candidates selected will then participate in the campaign process by creating and distributing campaign materials, including a video to be produced by HCASC and the HCPSS Television Studio that will be shown at all voting schools. Guidelines for this process will be distributed to the candidates and parents at an information meeting on March 1. Until then, **no** campaigning may begin.

Dates to remember:

- February 9, 2018 Completed application packets due to Ms. Cindy Drummond by 4:00pm.
- February 12, 2018 Mandatory Guidelines and Expectations Meeting 6:00pm.
- February 21, 2018 Student Delegate Convention held at Wilde Lake High School
- March 1, 2018 Meeting of nominated candidates and a parent/guardian Board of Education 6-7pm.
- April 18, 2018 Election in middle and high schools.

Please help HCPSS and the citizens of Howard County by seeking out students who may be interested in this position, encouraging strong candidates to apply, and helping students complete the application

G/T Program Information Night

Learn more about the two courses: Independent Research GT and Intern/Mentor GT /Tuesday, January 16th 7pm at MTH Auditorium. For any questions regarding the G/T Information Night, please contact Dr. Kiehl at mkiehl@hcpss.org

Math National Honor Society the Math National Honor Society is excited to be welcoming over 100 new members this year! Thanks to everyone who applied! There will be an Induction Ceremony on January 22, 2018 from 6-7pm in the auditorium. The families of all inductees are invited to join us for the ceremony and celebration. We look forward to seeing you there!

HIGH SCHOOL SEMESTER EXAMINATION SCHEDULE JANUARY 2018

Tuesday, January 23, 2018: Period 1 Exam; Full day of school No extracurricular activities, including practices, rehearsals, events, etc. AM & PM ARL Classes in Session

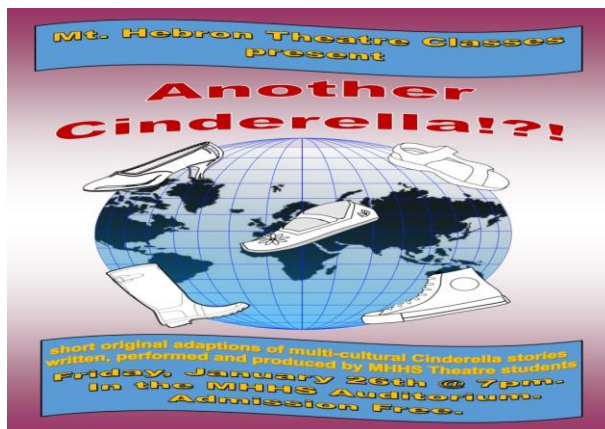
Wednesday, January 24, 2018: Periods 2 & 3 Exams; High schools close 3 hours early
No extracurricular activities, except 90 minute conditioning practices which may begin at 2:45 p.m. No PM ARL Students

Thursday, January 25, 2018-Periods 4A & 4B Exams; High schools close 3 hours early
No extracurricular activities, except 90 minute conditioning practices which may begin at 2:45 p.m. No AM ARL Students

Friday, January 26, 2018: Periods 5 & 6 Exams; All schools close 3 hours early. All extracurricular activities resume at 2:45pm. No AM ARL Students

MHHS Theatre Information

January 26th @ 7pm watch the Theatre Arts student tell across cultures and time. Join us for "Another Cinderella!?! "A multicultural telling of the oldest fairy tale. Whether slipper, sandals, or sneakers, come watch how a pair of shoes can change your life. Any questions please contact Mr. Steven Barker: Theatre Arts & English 12 Teacher.



MIST Competition

Students interested in participating in this year's **MIST Competition (Muslim Inter Scholastic Tournament)** are asked to meet with Ms. Odom on January 16th or 18th after school in room 149. Competitions include; art, improve, soccer, debate, and scholastic bowl. Any Mt Hebron student can attend, not just MSA members! See <http://www.dcmist.com/overview> for additional information on competition options.

Graduation Window

HCPSS ANNOUNCES **CLASS OF 2018 COMMENCEMENT WINDOW** Ellicott City, Maryland—The Howard County Public School System (HCPSS) has confirmed the date window for the 2018 high school graduations. Commencement ceremonies will take place at Merriweather Post Pavilion between May 21–31, 2018. HCPSS has made this early announcement to enable planning by parents, students, schools and community

members. HCPSS will provide the specific dates and times of each school's graduation ceremony after Merriweather finalizes its concert schedule, generally in the early spring.

Yearbook Sales: 2017-2018 yearbook is for sale! Don't miss out on capturing this school year's memories and purchase a book today at jostensyearbooks.com! Questions? Email Ms. Fischetti at Lauren_Fischetti@hcpss.org

COUNSELOR'S CORNER

Course Registration for Next Year – Limited Counselor Availability 1/29 – 2/15

School Counselors will be meeting individually with all 9th - 11th grade students during the period from January 29th through February 15th. During these meetings, we will discuss academic progress and post-high-school goals and finalize course selections for next year. During that time, counselors will have severely limited availability for other meetings.

If you require a meeting, please contact student services before January 29th or have your child make an appointment before then. Many questions can be answered during the individual registration meeting, so prepare your child if there are certain topics you'd like them to discuss during that meeting.

During the registration period, the best way to reach your child's school counselor will be through email.

Thank you for your patience as we complete these meetings for all students. Of course, if you need immediate assistance, you may always **contact student services at 410-313-2883**.

ARL Career Academy Shadow Days: Are you a 10th grader interested in a Career Academy at the ARL? Are you a 9th grader interested in Cybersecurity or the Aerospace Engineering program?

Do you want to know what a typical day at the ARL is like? You can attend the ARL Shadow Days during the school day January 30 – February 1, depending which academy you are interested in.

Students have the opportunity to shadow classes at the Applications and Research Lab (ARL) and learn about programs before meeting with their counselor about course decisions for next year.

The following dates are set for shadow days. Students are provided bus transportation from their home school to the ARL in order to visit classes. Students who wish to attend should see their counselor for permission forms, and must return signed permission forms to their counselor.

All permission slips are to be turned in to your counselor no later than **Thursday, January 18th**

Tuesday, January 30th, periods 1 and 2 (Snow date 2/6) - current 10th graders

Programs featured: Construction Management, Biotechnology, Computer Essentials-Cybersecurity, Homeland Security & Emergency Mgmt, Animation & Interactive Media

Wednesday, January 31st, periods 1 and 2 (Snow date 2/7) - current 10th graders

Programs featured: Computer Networking-Cybersecurity, Architectural Design, Academy of Finance, Automotive Technology, Systems and Project Engineering, Graphic Design

Wednesday, January 31st, periods 5 & 6 (Snow date 2/6) - current 10th graders

Programs featured: Health Professions, Hotel and Restaurant Management

Thursday, February 1st, periods 1 and 2 (Snow date 2/8) - current 9th graders

Programs featured: Early College Program in Cybersecurity, Aerospace Engineering-PLTW

From the Health Room:

The flu season is here. The CDC recommends being vaccinated for the flu each year. However, there are other ways that may help prevent or spread the flu to others:

1. Avoid close contact with people who are sick
2. Stay home when you are sick
3. Cover your mouth with a tissue when coughing or sneezing
4. Clean your hands thoroughly and often (soap & water for 20 seconds)
5. Avoid touching eyes, nose, mouth
6. Maintain good basic health: healthy diet, rest, fluids (water), manage stress, and be physically active

Symptoms of the flu may include:

- fever(stay home an additional 24 hours after fever is gone)
- cough
- sore throat
- body aches
- headache
- chills
- fatigue
- sometimes diarrhea or vomiting

If you have flu like symptoms stay home and consult with your physician if necessary.

PTSA & PARENT ORGANIZATION NEWS:

The PTSA and all parent groups at Mt. Hebron are invited to submit content for a new weekly Principal's Newsletter which will be disseminated electronically every Friday. The PTSA's old monthly Viking Voice posted to the PTSA website is now defunct.

Please submit your information, including links, to kyunghye_bergreen@hcpss.org by 12:00pm every Wednesday.

My unsolicited advice is to keep the main content brief and streamlined with links to additional detailed information. Please designate one individual, if possible, to be the conduit for communication from your group to reduce duplication and simplify the process for Kay (Kyunghye). PTSA will have two reps: one for After-Prom, and one for everything else the PTSA is working on.

This frequent electronic communication to the entire Mt. Hebron family will hopefully prove more effective for everyone. **No reminders will be posted, so please make a note of this new process.** We are going to give this system a try and can always re-evaluate if necessary. Thanks so much!

Caroline Bodziak/Co-Chair, After-Prom, PTSA: cbodziak@aol.com

PTSA: Have you had a chance to join the PTSA? Just print the membership form from the school website and send it in with your child or mail it to school. The PTSA supports the students and staff by providing scholarships to Seniors, sponsoring the After-Prom Party, publishing a school directory and so much more!"

AFTER-PROM INFORMATION

The **After-Prom 2018 Logo Design Contest** is open NOW! Winning design goes on t-shirts at event. Prizes for winning design! 2 FREE tickets to After-Prom + \$20 gift card to Qdoba Contest ends February 2 - winner announced the following week. Any student may enter as many entries as they wish.

Click [HERE](#) to view the flier.

Contact me (Caroline Bodziak) with questions!! Fliers are on posters by the cafeteria and across from admin offices, plus in front office with Ms. Bradley & Ms. Ling.

Thank you - After-Prom is a PTSA program but a School- and Community-wide effort.

Caroline Bodziak Co-Chair, After-Prom Mt. Hebron PTSA: cbodziak@aol.com

PAAS: Parents of African American Students (PAAS) can contact President Charles Turner at Charles.Turner@atsol.com. Please join PAAS at <http://mthebronpaas.wixsite.com/paas> PAAS Communications Committee:

Please join the **PARENTS OF AFRICAN AMERICAN STUDENTS OF MT HEBRON HIGH SCHOOL, Saturday, February 17, 2018 - 1:00 PM, HOYTS CINEMA, 1591 WEST NURSERY ROAD, LINTHNICUM, MARYLAND, TICKETS: \$10.00 PER**

PERSON Pay using the PAAS donation webpage:

<http://mthebronpaas.wixsite.com/paas/volunteer-donations>(copy and paste link into your web browser)



KASPO: Korean American Student Parent Organization (KASPO)

IASPA: Parents interested in joining the Indian American Student Parent Association (IASPA) can contact Gopi Suri at gopi_suri@yahoo.com.

VIKING BACKERS BOOSTER CLUB:

Happy New Year! Have you resolved to get more involved? Do you have an idea for a FUNDRAISER that you want to help organize? We need you! We are ready and willing to host an event this spring, but need ideas, a chairperson AND committee members. All funds raised go directly back to supporting our student activities – academics, arts and athletics. Questions? Email president@vikingbackers.org

Our first MEETING of the year was cancelled because of the ice Monday night, but please mark your calendars to join us on Monday, Feb 5th from 6:30-7:30 pm in the media center. Everyone is invited.

Register now for the next DRIVERS' ED CLASSES:

01/29/18 - 02/09/18: 3:00 pm - 6:15 pm with Street Smarts Driving School

02/01/18 - 2/14/18: 2:45 pm - 6:00 pm with Greg's Driving School

For more information: <http://www.vikingbackers.org/driver-s-ed.html>

VOLUNTEERS are needed for the CONCESSION STAND. No experience necessary.

Sign up here: <http://www.signupgenius.com/go/4090c44afae2fa2fa7-20172018>

Thank you to all who have given time to help!

www.vikingbackers.org

COMMUNITY NEWS:

The Howard County Office of Transportation and the SHA are jointly seeking citizen input to a traffic and safety investigation of MD99. Through a page at <https://tinyurl.com/yawxkavx> on the Howard County government web site, interested individuals can submit comments, questions and concerns. The county and SHA are hosting an "open house" regarding MD99 for citizens to drop in on Tuesday, February 6,

2018, 5pm-8pm, George Howard Bldg., 3430 Court House Dr., Ellicott City (county office complex).

HC Drug Free program invites to all parents and high school and middle school students looking for a competitive edge are encouraged to attend **“Substance Use and Its Impact on Academic Achievement and Mental Health” at 7:00 p.m. on January 30 at Howard High School**. This research-based program will be presented by Dr. Amelia Arria, the Director of the Center on Young Adult Health and Development at the University of Maryland, School of Public Health. Her most recent work has clarified the impact of substance use, particularly excessive drinking and marijuana use, on academic achievement. This program is in partnership with HC DrugFree, Howard High School PTSA, and Bonnie Branch Middle School PTA. **If schools close on January 30, the program will be held on February 27.**

HC DrugFree’s Next Teen Advisory Council (TAC) Meetings: TAC will meet on **Monday, January 22** and Monday, **February 26** from 5:30 p.m. to 7:00 p.m. at The Barn (Teen Center) in the Oakland Mills Village Center. TAC is open to all Howard County high school students and community service hours are available. Free pizza. Teens and parents must complete the registration form found on the Teen Advisory Council page at www.hcdrugfree.org and teens must RSVP to Admin@hcdrugfree.org before each meeting.

Enter the HC DrugFree Category in the Ho Co Student FilmFest: While teens are entering the HoCo Student Film Festival, please have them consider entering the HC DrugFree Category too. Winning film(s) will be shared as a Public Service Announcement (PSA). PSA topic: How alcohol/drug use and abuse effect family and friends. **Entries due by Friday, February 23.** Click here for details and be sure to visit both <https://hocofilmfest.com/> and <http://www.hcdrugfree.org/hoco-filmfest/> for updates.

Please visit the Community News and Programs page <http://www.hcpss.org/community-news-and-programs/> on the HCPSS website for announcements of upcoming events and programs sponsored by non-profit organizations.